

MARTIALSPORTS

Magazine

Arthur
Pinheiro



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Magazine

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Tracy Kline

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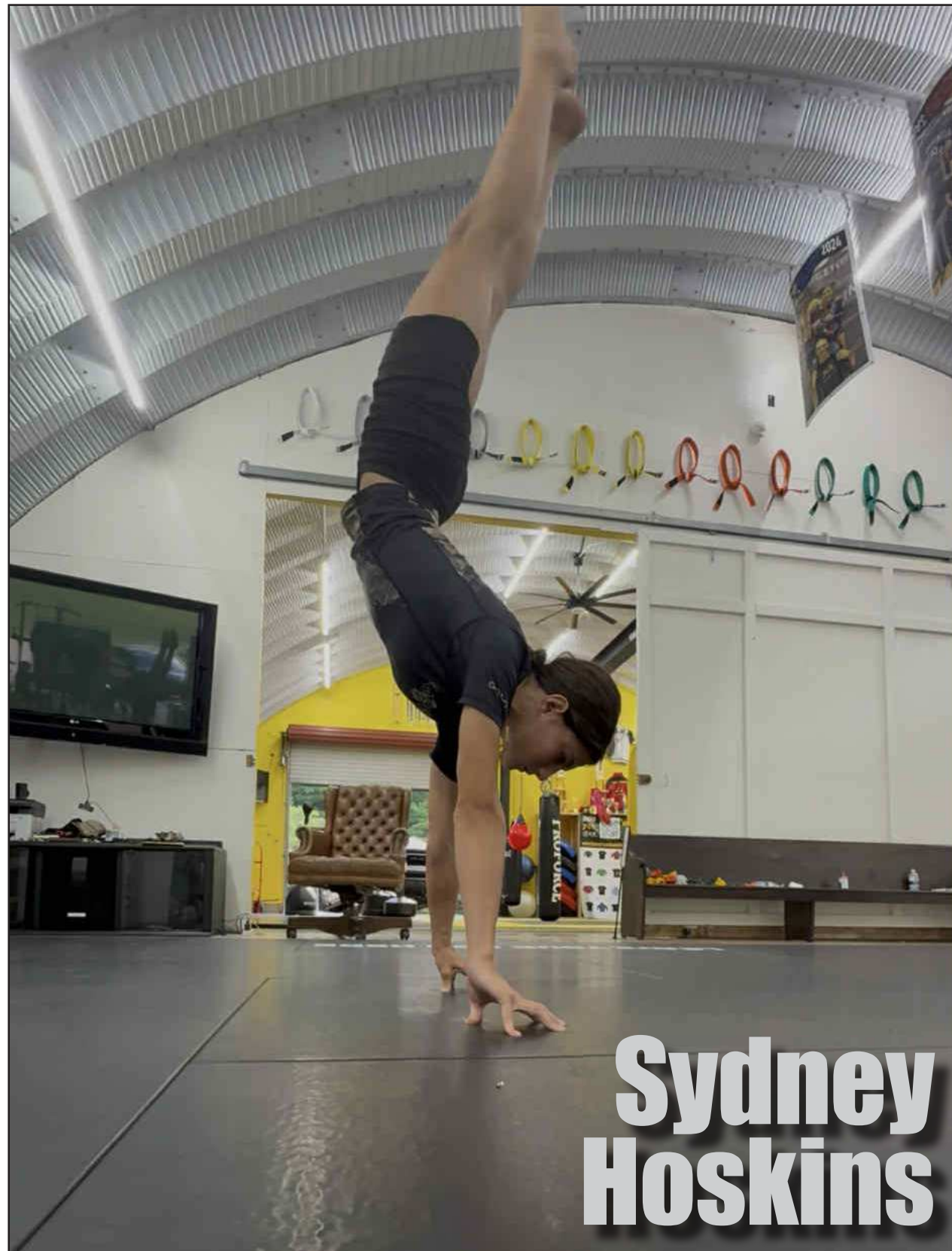
My name is Arthur Pinheiro, I'm a gray belt and a young jiu-jitsu athlete passionate about the mat. Since I started in jiu-jitsu, I discovered that this sport is much more than just fighting — it's about discipline, respect, friendship, and overcoming challenges. My dream is to become a champion and inspire other kids to believe in the power of sports to transform lives.

Every training session is an important step toward my goals: improving my technique, gaining experience in competitions, and most importantly, never giving up, even in the face of difficulties. I've already earned medals and lived incredible moments, but I know my greatest victory is staying strong, learning, and improving every single day.

Jiu-jitsu teaches me that defeats are lessons, that respect comes before strength, and that with dedication and persistence, anything is possible. This is my journey, and it's only just beginning.

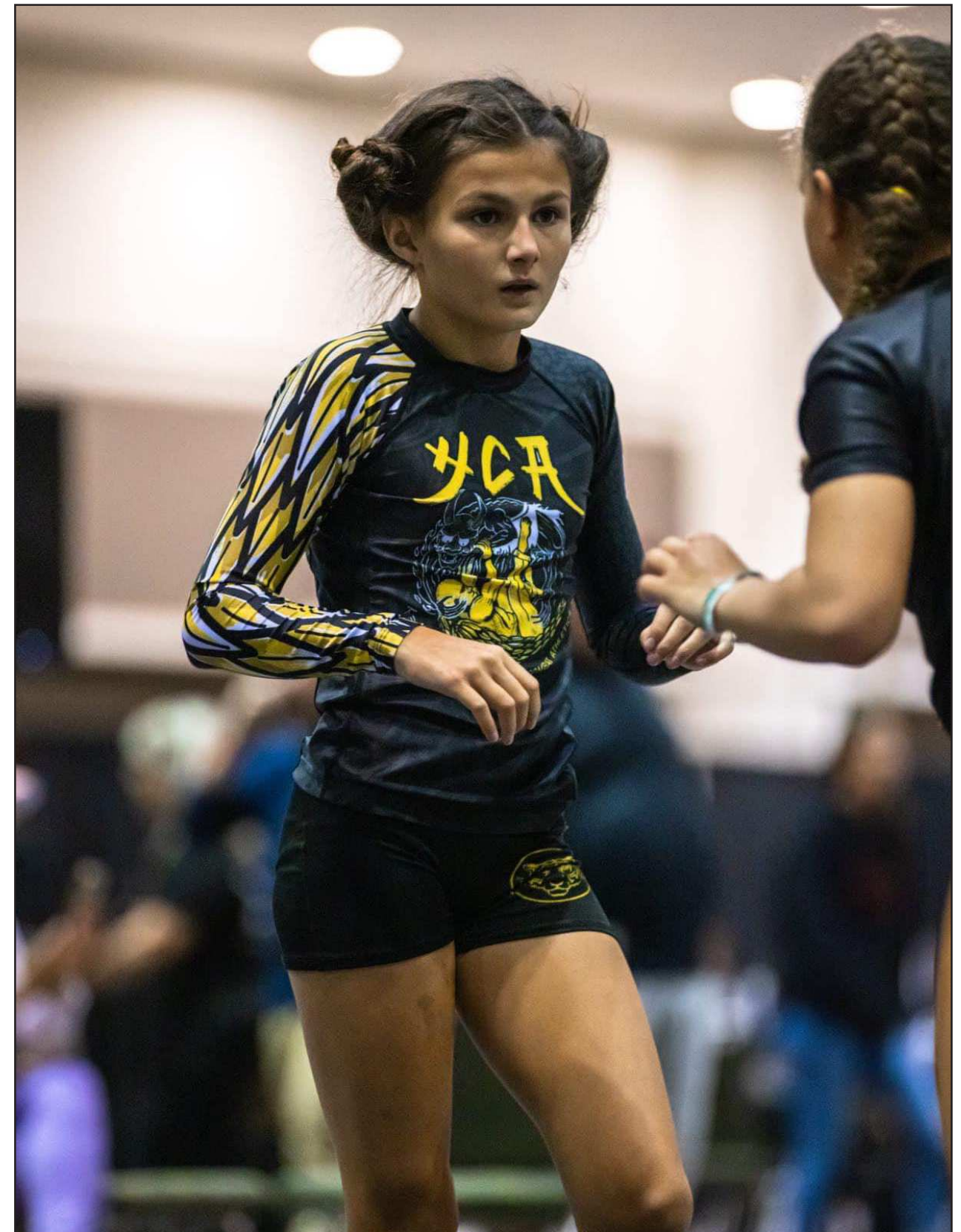
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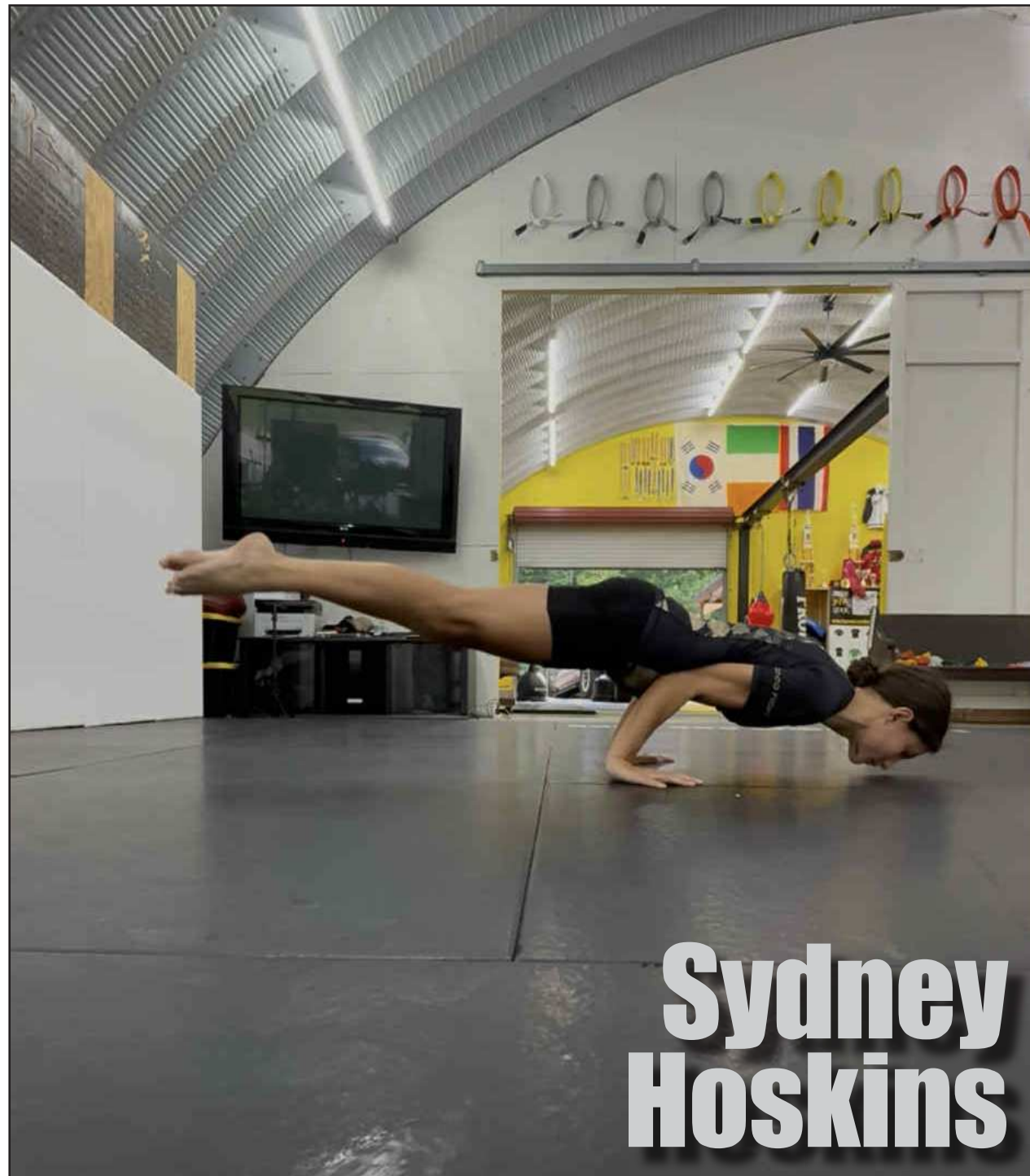












Sydney Hoskins

Hello, my name is Sydney Jo Hoskins, and I'm 12 years old. I train at Hoover Combat Athletics in West Portsmouth, Ohio. I train six days a week in Jiu jitsu, karate and Muay Thai. My goal for 2025 is to gain enough points to compete in the 2026 ADCC Worlds. When I become older, my dream

is to fight in the UFC. I intend to continue to work hard, keep focus and always remain humble. I was to thank my Dojo Hoover Combat Athletics, and my sensei Nate Hoover, if it wasn't for you I wouldn't be where I am today.



MES CONSEILS POUR METTRE EN VALEUR VOTRE PROPRIÉTÉ CET ÉTÉ!

- ✓ **Aménagements soignés:** Assurez-vous que la pelouse est tondue, que les mauvaises herbes dans les parterres de fleurs sont enlevées et que la façade de la maison est propre et attrayante. Un coup de peinture frais sur la porte d'entrée peut faire des merveilles.
- ✓ **Faire des travaux d'entretien:** Profitez de la période estivale pour régler les petits problèmes d'entretien, comme les robinets qui fuient, les ampoules grillées, les portes qui grincent, etc.
- ✓ **Jouer avec la lumière naturelle:** L'été, la lumière naturelle est abondante. Ouvrir les rideaux, les stores et les volets pour laisser entrer la lumière. Assurez-vous que les fenêtres sont propres pour maximiser la luminosité à l'intérieur.
- ✓ **Créer une ambiance estivale:** Des coussins colorés sur le patio et une table dressée pour un barbecue imaginaire dans la cour peuvent aider les acheteurs potentiels à visualiser leur vie estivale dans la maison. Ajoutez des touches décoratives comme des lanternes, des plantes en pot et des meubles d'extérieur confortables afin de rendre votre extérieur plus chaleureux et accueillant.
- ✓ **Une pelouse verte:** Un beau gazon peut augmenter la valeur de votre maison, assurez-vous de bien l'arroser et le fertiliser lors des canicules.

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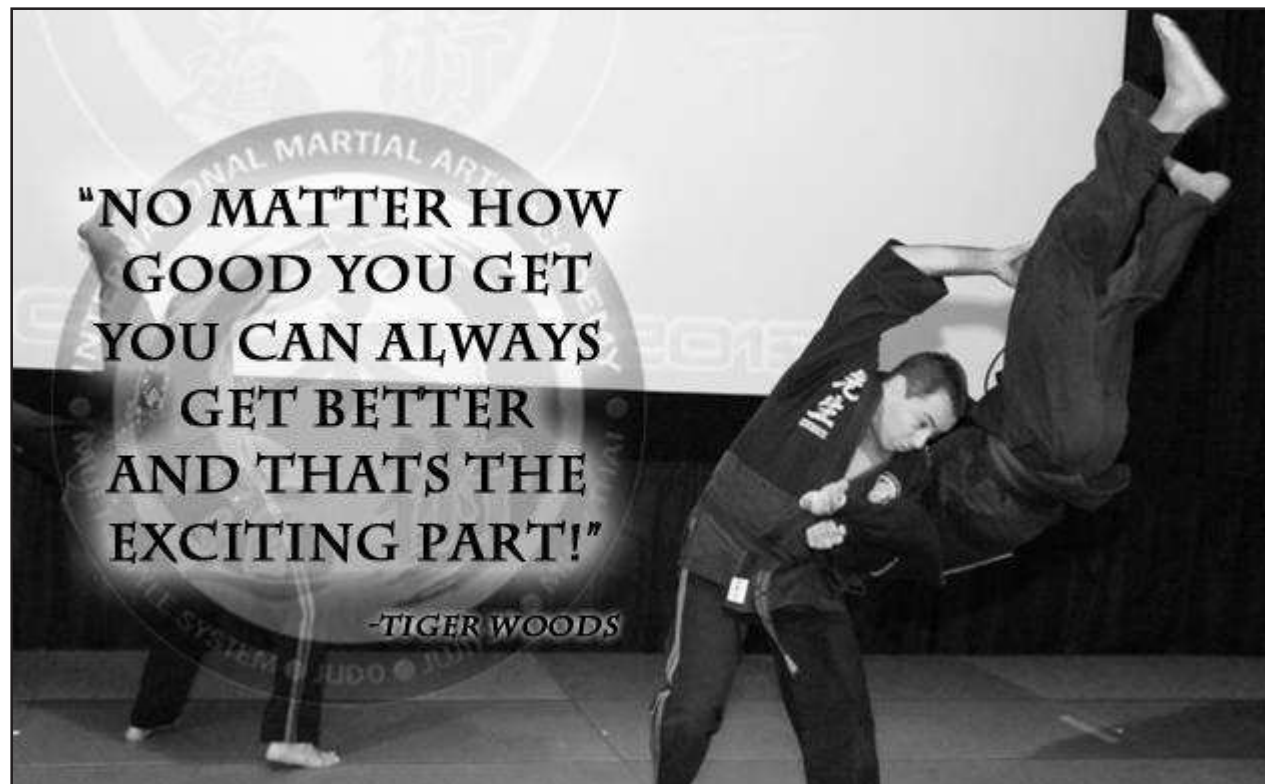
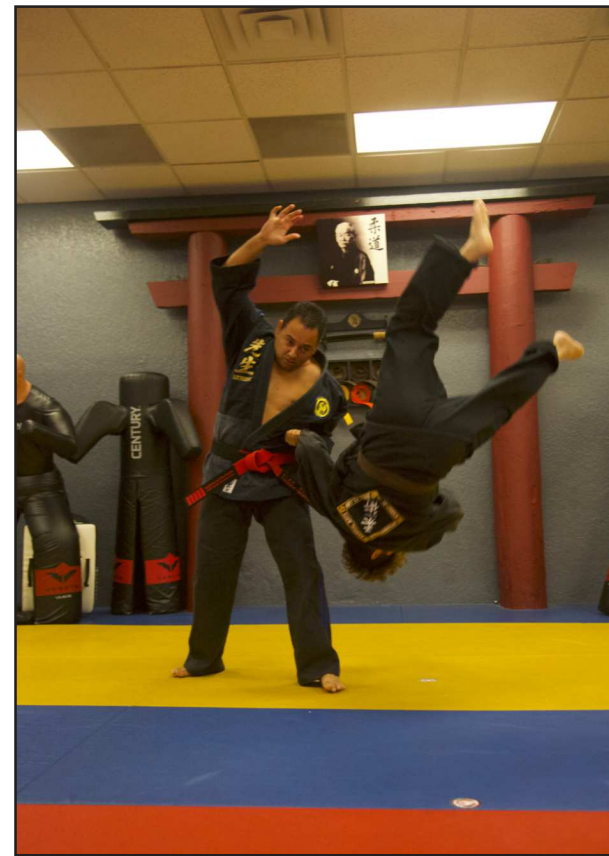
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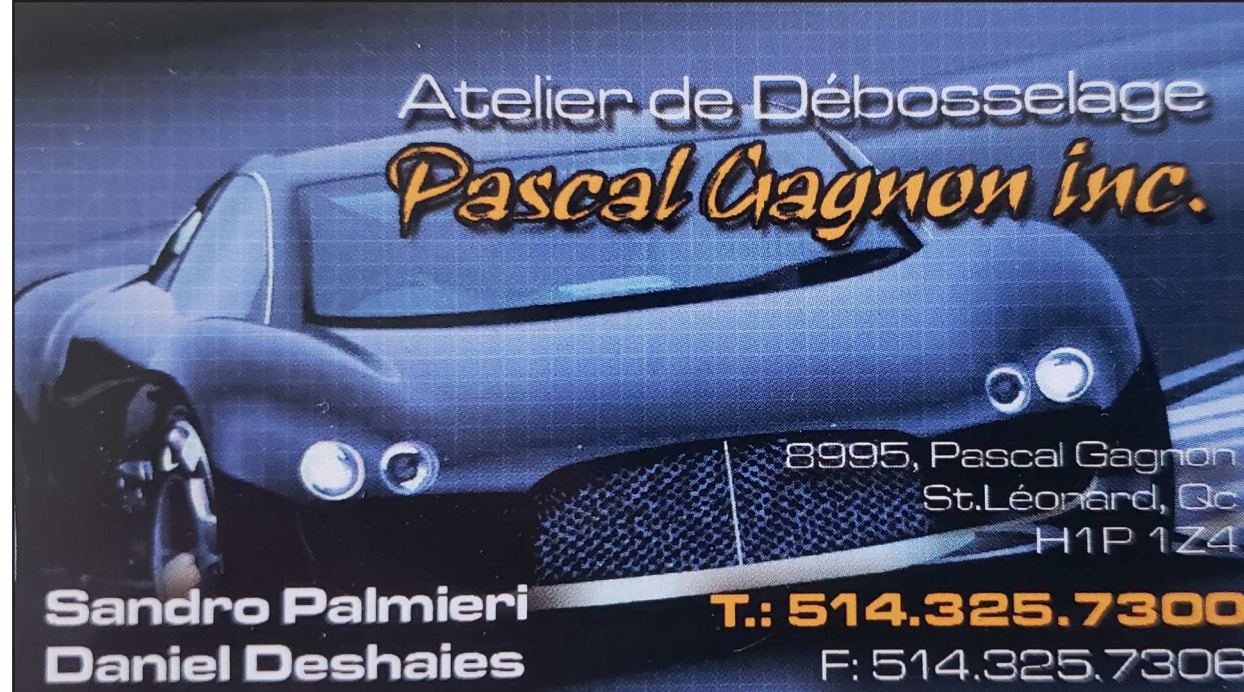
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Hi! My name is Avery Johnston. I'm 11 years old, and I'm a three-time PROMAC National Champion in sport karate. I recently made Team USA, and this October, I'll be representing my country at the World Karate Championships.

I started martial arts when I was really young, but I didn't know then how much it would shape my life. From the beginning, I fell in love with the challenge, the energy, and the feeling I get every time I step into the ring. I train with Team Dojo, and my coaches and teammates are like family. They push me, support me, and cheer me on through every high and low.

One of my biggest inspirations is my coach, Ki'Tana Everett. She's a multi-time World Champion and one of the most incredible athletes and leaders I've ever met. Watching her compete and win with so much strength, skill, and confidence made me believe that I could do it too. She believed in me before I fully believed in myself—and now, here I am, working every single day to become a world champion like her.

Making Team USA was a huge goal of mine, and now I'm even more motivated to train harder, fight smarter, and represent not just my country—but every young girl with big dreams in this sport. I know how powerful it is to see someone who looks like you doing something you want to do. That's why I'm passionate about growing opportunities for female point fighters. I want more girls to step into the ring and feel like they belong there.

One day, I want to coach and inspire the next generation of female fighters—just like Coach Ki'Tana inspired me. I also proudly support Female Fighters Matter Too, because our voices, our matches, and our futures matter in this sport.

Becoming a world champion isn't just about winning titles—it's about heart, discipline, and lifting others up with you. I'm just getting started, but I know where I'm headed. And I can't wait to fight for it—literally.

In a time where authentic leadership is increasingly valued, the example set by Shihan Daniel Ruocco stands out. His contribution to martial arts transcends trophies and titles. It is seen in the lives he has shaped, the communities he has served, and the standard he continues to uphold.

As one of his guiding principles reminds students, the martial arts offer a path to develop all that truly matters—strength of body, clarity of mind, and resilience of spirit.



Shihan Daniele Ruocco





leadership. During the COVID-19 pandemic, Ruocco and his team sustained student engagement through a full virtual training schedule, supporting families at a time of unprecedented disruption.

Throughout his career, Ruocco has received numerous accolades, including multiple Instructor of the Year awards, Police Tactics Instructor of the Year, the Distinguished Service Award, and regional recognitions for outstanding contributions to martial arts. His service includes leadership roles with several national governing bodies. He is a Director-at-Large on the Jujitsu America Board of Directors, a USA Judo National Coach, and a lifetime member of both the United States Ju-Jitsu Federation and the Traditional Kodokan Judo association.

In 2023, Ruocco served as a coach for Team USA at the Jujitsu Coalition World Championships in the United Kingdom. Under his guidance, three

students from his academy earned world champion titles. Team USA secured first place in the overall team competition, marking a milestone moment in both Ruocco's career and the trajectory of American jujitsu on the international stage.

Despite international recognition, Ruocco remains dedicated to the daily work of instruction. At IMAA, he leads a team that trains hundreds of students each week, ranging from young children taking their first martial arts class to teenagers pursuing black belt advancement and leadership certifications. The focus remains consistent: instilling self-belief, physical confidence, mental clarity, and emotional resilience.

The legacy he is building reflects a philosophy rooted in service and growth. Those who train under his system emerge not only stronger and more skilled, but more disciplined and focused individuals prepared to meet life's challenges.





From the cliffs of Capri to the dojos of Tokyo and the campuses of Fort Lauderdale, Dr. Daniel Ruocco's life has been shaped by discipline, global perspective, and a deep commitment to excellence. An internationally respected martial artist, educator, and coach, Ruocco has cultivated not only champions on the mat but leaders in life.

Born in southern Italy, Ruocco began his martial arts training at the age of six. What started as a childhood pursuit quickly transformed into a lifelong journey across disciplines and continents. His credentials include sixth-degree black belts in Jujitsu and a Multi-Style System, and a fourth-degree black belt in Judo through the United States Judo Association. He has also trained extensively in Karate, Kenpo, Kickboxing, Ashihara Karate, Tae Kwon Do, Kobudo, Kendo, and Muay Thai. His education in martial arts has taken him from Europe to Asia, where he continues to return regularly to refine

his practice at the Kodokan Institute in Japan, the global home of Judo.

Ruocco's expertise extends well beyond the dojo. In 1999, he earned a Doctorate in Sports Science, concentrating his research on youth development, anatomy, sports psychology, and injury prevention. His dissertation, which addressed spinal malformations in children, remains a reference in academic and athletic circles concerned with the long-term effects of intensive training during formative years.

In 2004, Ruocco established the International Martial Arts Academy (IMAA) in Fort Lauderdale, Florida. What began as a single studio grew into one of the region's most recognized training centers, with multiple campuses offering martial arts instruction, after-school programs, and summer camps. At IMAA, martial arts are taught not only as a form of physical discipline but as a vehicle for personal development and





Avery Johnston

Kelly Descamps

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Photographer
Tracy Kline





Hello, my Name is Brayden saxby. I am a blue belt in the sport BJJ. This is an huge goal I achieved in 2025 and now with this new belt bigger comps are calling my name. This year and the next my Dream is to have gold at an international IBJJF tournament. These will be achieved by my hard work and persistent

dedication I have for my sport. My biggest challenge at the moment is sponsorship as these help the cost with the tourney but we looking at the future. My goal is to get my name heard across the BJJ world









Brayden
Saxby







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Tracy Kline, a fan of professional wrestling since childhood thanks to the influence of her grandmother, has been providing professional photography services in support of independent wrestling events in the Pennsylvania & New Jersey circuit since June of 2023. Utilizing her talents & skills on behalf of independent promotions such as Battlefield Pro Wrestling, New Era Pro Wrestling, Royalty Wrestling, East Coast Pro Wrestling, Smash Master Pro Wrestling, Phantom 6, and X Brand, Tracy has amassed an extensive portfolio of many of the wrestlers appearing in the region, most notably luminaries such as Afa The Samoan Jr, Gene Snitski, Homicide, Jacob Fatu, Lance Anoaia, & Matt Cardona. She has also made guest appearances discussing her craft on wrestling themed podcasts such as Around The Turnbuckle, Wrestling Society Network, and

Dudes At Ringside. In addition to her wrestling related photographic pursuits, she has also provided her services to numerous musical events & concerts throughout the region. A full nurse while not engaging in her passion for photography, professional wrestling, and the music industry, Tracy is also a mother to her son Brandon, age 25 and to her beloved canine children Moose (chocolate lab) & Mysti (great dane). Her professional goals for 2026 include continuing to hone her photography skills, establishing new professional support relationships within the region's wrestling & music scene, and to further assist her clients in marketing & promoting their businesses & events through her photography.

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My name is Matthew Belotindos.

I started loving martial arts when I was just two years old. I would watch martial arts movies and try to copy the moves, and that playful start quickly grew into a true passion. Bruce Lee has always been a big inspiration to me—I admired his discipline, courage, and belief that limitations only exist if you accept them.

My dream is to continue improving as an athlete, to represent my province and my country in national and international competitions, and one day to become a world champion. Beyond the medals and trophies, my goal is to inspire other young athletes to believe in themselves and to never give up on their dreams.

Some of my proudest achievements include

winning at provincial and national levels, training with my teammates and Senseis, and pushing myself beyond what I thought was possible. Every tournament, win or lose, teaches me valuable lessons about discipline, respect, and perseverance.

Of course, my journey also has challenges. Balancing school, training, and family life can be tough, and there are times when the pressure feels heavy. But those challenges have helped me grow stronger, not only as an athlete but also as a person.

I know my journey has just begun, and I am excited for what lies ahead. My dream is not only to achieve success in martial arts but also to carry the lessons I've learned into life: hard work, respect, and the belief that anything is possible with dedication.



**Matthew
Belotindos**





