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Magazine



Martial-03-2025



**Photographer
Tracy Kline**

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ARENA JIU-JITSU @ARENABJJ - ARENAJJ.COM

My name is Arthur Pinheiro, I'm a gray belt and a young jiu-jitsu athlete passionate about the mat. Since I started in jiu-jitsu, I discovered that this sport is much more than just fighting — it's about discipline, respect, friendship, and overcoming challenges. My dream is to become a champion and inspire other kids to believe in the power of sports to transform lives.

Every training session is an important step toward my goals: improving my technique, gaining experience in competitions, and most importantly, never giving up, even in the face of difficulties. I've already earned medals and lived incredible moments, but I know my greatest victory is staying strong, learning, and improving every single day.

Jiu-jitsu teaches me that defeats are lessons, that respect comes before strength, and that with dedication and persistence, anything is possible. This is my journey, and it's only just beginning.

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Arthur
Pinheiro

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**Arthur
Pinheiro**



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- ✓ **Aménagement soigné:** Assurez-vous que la pelouse est tondue, que les mauvaises herbes dans les parterres de fleurs sont enlevées et que la façade de la maison est propre et attrayante. Un coup de peinture frais sur la porte d'entrée peut faire des merveilles.
- ✓ **Faire des travaux d'entretien:** Profitez de la période estivale pour régler les petits problèmes d'entretien, comme les robinets qui fuient, les ampoules grillées, les portes qui grincent, etc.
- ✓ **Jouer avec la lumière naturelle:** L'été, la lumière naturelle est abondante. Ouvrir les rideaux, les stores et les volets pour laisser entrer la lumière. Assurez-vous que les fenêtres sont propres pour maximiser la luminosité à l'intérieur.
- ✓ **Créer une ambiance estivale:** Des coussins colorés sur le patio et une table dressée pour un barbecue imaginaire dans la cour peuvent aider les acheteurs potentiels à visualiser leur vie estivale dans la maison. Ajoutez des touches décoratives comme des lanternes, des plantes en pot et des meubles d'extérieur confortables afin de rendre votre extérieur plus chaleureux et accueillant.
- ✓ **Une pelouse verte:** Un beau gazon peut augmenter la valeur de votre maison, assurez-vous de bien l'arroser et le fertiliser lors des canicules.

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Hi! My name is Avery Johnston. I'm 11 years old, and I'm a three-time PROMAC National Champion in sport karate. I recently made Team USA, and this October, I'll be representing my country at the World Karate Championships.

I started martial arts when I was really young, but I didn't know then how much it would shape my life. From the beginning, I fell in love with the challenge, the energy, and the feeling I get every time I step into the ring. I train with Team Dojo, and my coaches and teammates are like family. They push me, support me, and cheer me on through every high and low.

One of my biggest inspirations is my coach, Ki'Tana Everett. She's a multi-time World Champion and one of the most incredible athletes and leaders I've ever met. Watching her compete and win with so much strength, skill, and confidence made me believe that I could do it too. She believed in me before I fully believed in myself—and now, here I am, working every single day to become a world champion like her.

Making Team USA was a huge goal of mine, and now I'm even more motivated to train harder, fight smarter, and represent not just my country—but every young girl with big dreams in this sport. I know how powerful it is to see someone who looks like you doing something you want to do. That's why I'm passionate about growing opportunities for female point fighters. I want more girls to step into the ring and feel like they belong there.

One day, I want to coach and inspire the next generation of female fighters—just like Coach Ki'Tana inspired me. I also proudly support Female Fighters Matter Too, because our voices, our matches, and our futures matter in this sport.

Becoming a world champion isn't just about winning titles—it's about heart, discipline, and lifting others up with you. I'm just getting started, but I know where I'm headed. And I can't wait to fight for it—literally.







**Avery
Johnston**







Hello, my Name is Brayden saxby. I am a blue belt in the sport BJJ. This is an huge goal I achieved in 2025 and now with this new belt bigger comps are calling my name. This year and the next my Dream is to have gold at an international IBJFF tournament. These will be achieved by my hard work and persistent

dedication I have for my sport. My biggest challenge at the moment is sponsorship as these help the cost with the tourney but we looking at the future. My goal is to get my name heard across the BJJ world







**Brayden
Saxby**



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**Matthew
Belotindos**



My name is Matthew Belotindos.

I started loving martial arts when I was just two years old. I would watch martial arts movies and try to copy the moves, and that playful start quickly grew into a true passion. Bruce Lee has always been a big inspiration to me—I admired his discipline, courage, and belief that limitations only exist if you accept them.

My dream is to continue improving as an athlete, to represent my province and my country in national and international competitions, and one day to become a world champion. Beyond the medals and trophies, my goal is to inspire other young athletes to believe in themselves and to never give up on their dreams.

Some of my proudest achievements include

winning at provincial and national levels, training with my teammates and Senseis, and pushing myself beyond what I thought was possible. Every tournament, win or lose, teaches me valuable lessons about discipline, respect, and perseverance.

Of course, my journey also has challenges. Balancing school, training, and family life can be tough, and there are times when the pressure feels heavy. But those challenges have helped me grow stronger, not only as an athlete but also as a person.

I know my journey has just begun, and I am excited for what lies ahead. My dream is not only to achieve success in martial arts but also to carry the lessons I've learned into life: hard work, respect, and the belief that anything is possible with dedication.



**Matthew
Belotindos**









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Tracy Kline, a fan of professional wrestling since childhood thanks to the influence of her grandmother, has been providing professional photography services in support of independent wrestling events in the Pennsylvania & New Jersey circuit since June of 2023. Utilizing her talents & skills on behalf of independent promotions such as Battlefield Pro Wrestling, New Era Pro Wrestling, Royalty Wrestling, East Coast Pro Wrestling, Smash Master Pro Wrestling, Phantom 6, and X Brand, Tracy has amassed an extensive portfolio of many of the wrestlers appearing in the region, most notably luminaries such as Afa The Samoan Jr, Gene Snitski, Homicide, Jacob Fatu, Lance Anoaia, & Matt Cardona. She has also made guest appearances discussing her craft on wrestling themed podcasts such as Around The Turnbuckle, Wrestling Society Network, and

Dudes At Ringside. In addition to her wrestling related photographic pursuits, she has also provided her services to numerous musical events & concerts throughout the region. A full nurse while not engaging in her passion for photography, professional wrestling, and the music industry, Tracy is also a mother to her son Brandon, age 25 and to her beloved canine children Moose (chocolate lab) & Mysti (great dane). Her professional goals for 2026 include continuing to hone her photography skills, establishing new professional support relationships within the region's wrestling & music scene, and to further assist her clients in marketing & promoting their businesses & events through her photography.

Photos Credits: Tracy Kline

Photographer - Tracy Kline





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Tracy Kline



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Shihan Daniel Ruocco: A Journey of Discipline, Dreams, and Dedication

From the sun-soaked cliffs of Capri, Italy to the competitive world stage, Dr. Daniel Ruocco has carved a legacy defined by excellence, resilience, and purpose. As the Chief Master Instructor and founder of the International Martial Arts Academy (IMAA), his mission has never wavered: to build champions in both character and competition.

A Global Martial Arts Legacy

Dr. Ruocco began his martial arts training at just six years old. Over the years, his pursuit of mastery has taken him across Europe, Asia, and the United States. He holds multiple advanced

black belts—6th Degree in Jujitsu and Multi-Style System, 4th Degree in Judo, and additional ranks in Karate, Kickboxing, Kobudo, Kenpo, Ashihara Karate, Muay Thai, Tae Kwon Do, and Kendo—making him one of the most diverse and well-rounded martial artists of his generation.

Complementing his physical expertise is a strong academic foundation. In 1999, he earned a Doctorate in Sports Science, with research focused on child development and physical health. His scholarly work, including a dissertation on spinal malformations in youth athletes, continues to influence his teaching philosophy today.

IMAA: A Vision Brought to Life

In 2004, Dr. Ruocco established the International Martial Arts Academy in Fort Lauderdale, Florida. What began as a modest martial arts school has grown into a powerhouse institution with two thriving locations, a renowned after-school program, and award-winning leadership initiatives for youth.

IMAA is more than a dojo—it's a community, a sanctuary for personal growth, and a place where students of all ages develop the skills to succeed both on and off the mat.

World-Class Success: Dojo Students Become Champions

In 2023, Dr. Ruocco proudly served as one of the

official coaches of Team USA at the Jujitsu Coalition World Championships held in the United Kingdom. But perhaps his most profound moment came not from the sidelines—but from watching his own students rise to the occasion.

Three students from his Fort Lauderdale dojo competed as part of the USA team and returned home as World Champions. Their victories were not only a testament to their individual talent and discipline, but a reflection of Dr. Ruocco's years of mentorship, technical instruction, and unwavering belief in their potential.

The Dream Continues—And So Do the Challenges





Dr. Ruocco's vision extends far beyond medals. "My dream is to develop strong leaders—on the mat, in school, and in life," he says. That dream is thriving at IMAA. Yet like many growing organizations, the journey comes with challenges.

"One of our biggest struggles today," he shares, "is finding committed, values-driven employees who align with our culture and mission." Despite offering comprehensive training, leadership development, and a vibrant team environment, recruiting long-term, purpose-driven coaches remains a critical need.

"We're not just looking for someone who can teach," he adds. "We're looking for someone who can inspire."

Two Decades of Impact

In just over 20 years, with two successful academies Dr. Ruocco and the IMAA team have served thousands of families across the Fort Lauderdale community. More than just teaching martial arts, IMAA has helped shy children become confident leaders,



empowered youth with life skills, and created a safe, supportive environment where students grow in strength, character, and resilience.

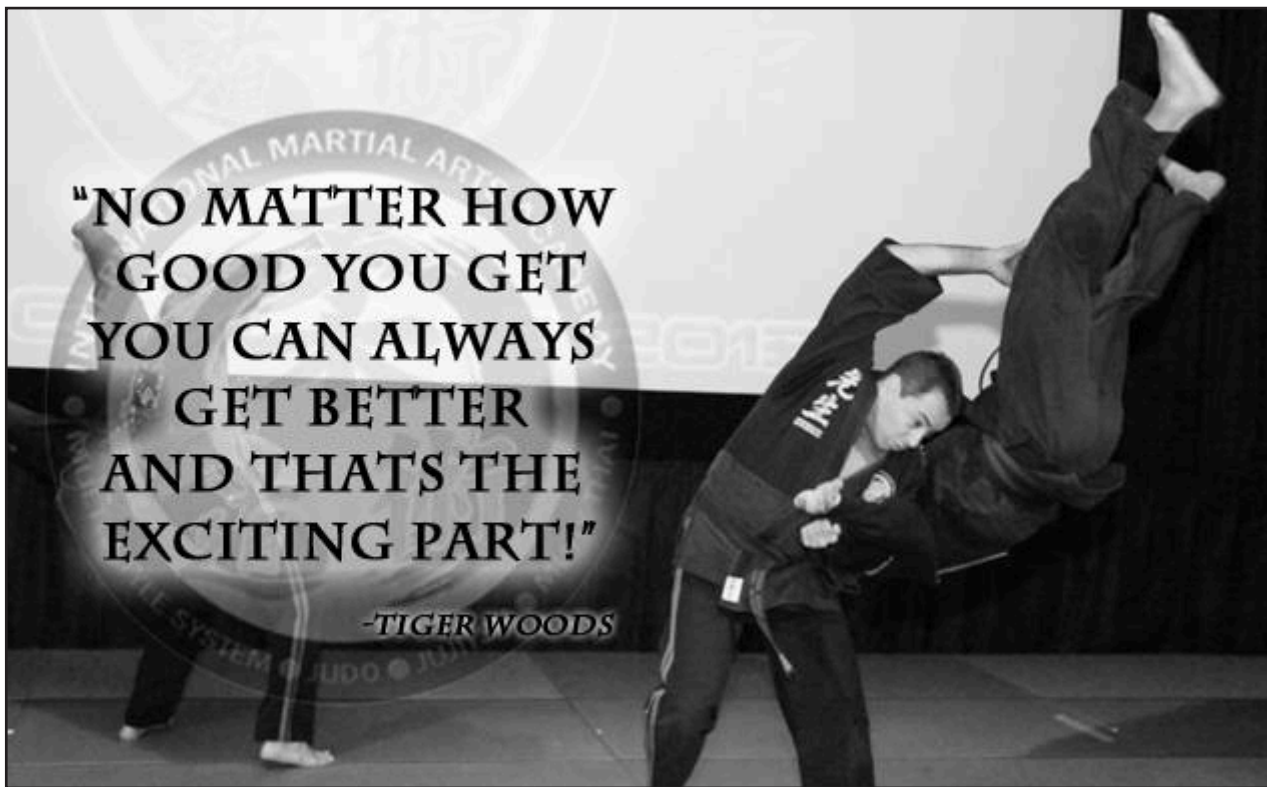
It's a legacy built not only on trophies—but on transformative impact. And that legacy continues to shape the future of Fort Lauderdale.

A Life Devoted to Transformation

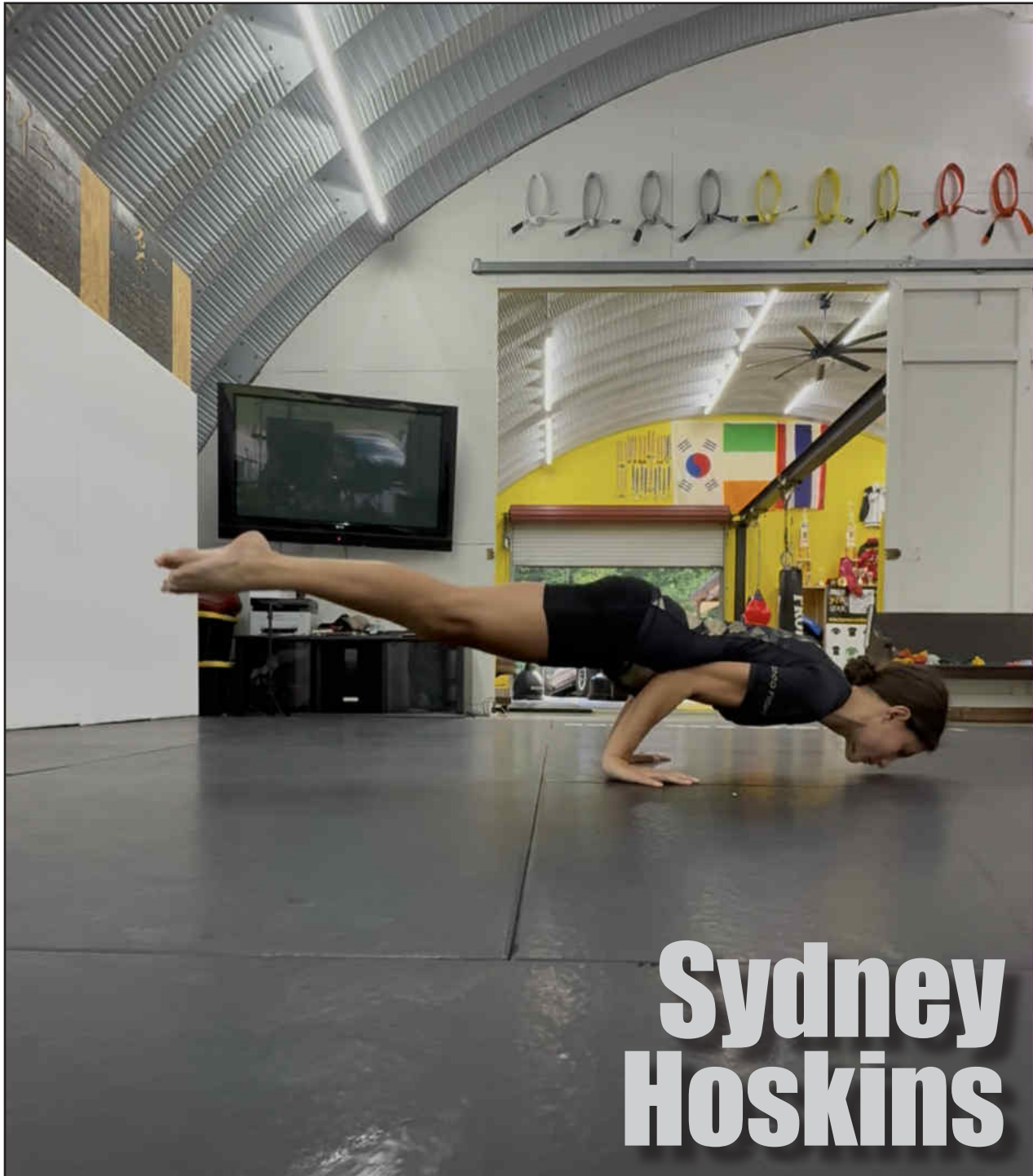
As he continues to mentor students, train champions, and lead with heart, Dr. Ruocco remains committed to the core values that shaped his life: discipline, integrity, and service. His academies are not just places to learn martial arts—they are places to become your best self.

"Everything you need in life can be worked on in the dojo—
A strong BODY, a sharp MIND, and a vital SPIRIT."





SHIHAN DANIEL RUOCCO
 IMAA CHIEF MASTER INSTRUCTOR
 ROKUDAN • BLACK BELT 6TH DEGREE
 3 TIMES HALL OF FAME INDUCTEE



Sydney Hoskins

Hello, my name is Sydney Jo Hoskins, and I'm 12 years old. I train at Hoover Combat Athletics in West Portsmouth, Ohio. I train six days a week in Jiu jitsu, karate and Muay Thai. My goal for 2025 is to gain enough points to compete in the 2026 ADCC Worlds. When I become older, my dream

is to fight in the UFC. I intend to continue to work hard, keep focus and always remain humble. I was to thank my Dojo Hoover Combat Athletics, and my sensei Nate Hoover, if it wasn't for you I wouldn't be where I am today.







Sydney
Hoskins





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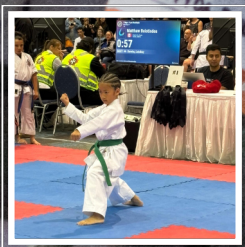
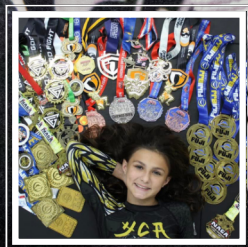
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