

# FEATURED



me real, and that's why people follow me.

## Why I Believe I'm Becoming a Military-Verified Celebrity

Because my story is bigger than fitness. Because I speak for those who are still silent. Because veterans see their own pain in my healing. Because my platform is becoming a home for transformation, mental health advocacy, and powerful storytelling. Because every time I rise, thousands rise with me. I didn't chase celebrity. I chased healing, discipline, and purpose—and the world connected with that.

Today, I am stepping into a new era—one where I use my voice, my platform, and my transformation to inspire and uplift others. I am proud to represent veterans, women, mothers, and athletes everywhere who are rewriting their story.

This feature is not just an accomplishment—It's proof that your pain can become your power.

— Vanessa Marie Morbeck Veteran • Athlete • Mother • Survivor • Rising Military Public Figure

Photographers Credits :: 4Net Media



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- To use my story as a tool for healing among women and veterans

- To expand my influence into public speaking, television, and advocacy programs

#### My Goals

- Reach 18–20% body fat at 145 lbs while maintaining my muscle mass

- Continue competitive bodybuilding with a long-term vision

- Become an established figure in the fitness and military communities

- Create programs and resources for veterans and single mothers

- Inspire others to stop waiting for the perfect moment and start from exactly where they are

#### Challenges I've Overcome

My journey is marked by adversity:

- Military trauma

- Homelessness

- Being a single mother with no family support

- Eviction notices during prep

- Broken or brittle teeth limiting my diet

- Cortisol weight gain and stress-related health issues

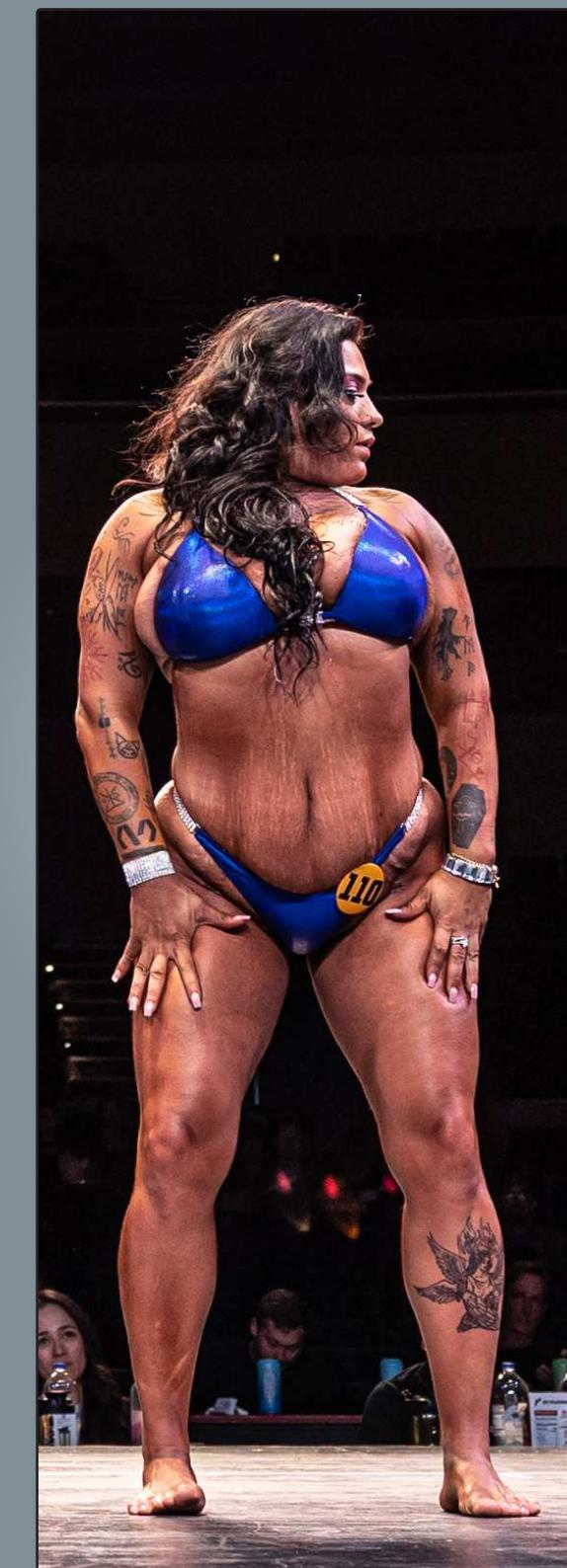
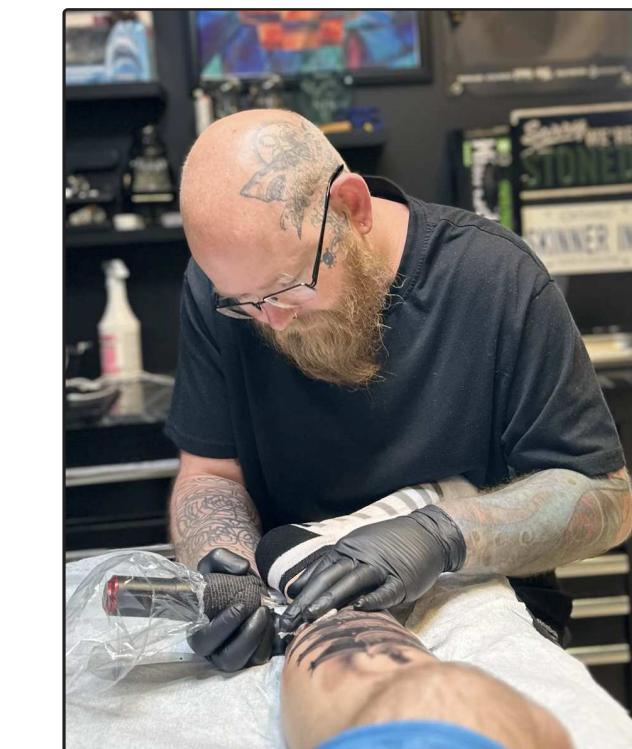
- Emotional trauma from relationships

- Rebuilding my life while staying committed to the gym

Everything I built, I built while struggling. My success was carved from moments most people never talk about. But I talk about them—publicly—because that's what makes



## Preview





I have been tattooing for over 22 years now , I specialize in black and grey realism but greatly enjoy doing bold color work !! my dreams are to tattoo until my hands give out !

I hope to continue learning and advancing in my art , it would be amazing if one day my kids followed in this path I already work along side my blonde bombshell of a wife

As for my achievements I have owned my own shop for 18 years I have been published and won

a couple awards , but my best achievement is my amazing clients who appreciate my work The biggest challenges I face is adapting to the modern world of social media marketing etc I'm a bit old school so I do lack in that area , I tattoo all day and with what time I have left I work on clients drawings and spend time with my wife and kids

Photographers Credits :: My self

lost themselves and fought to rise again.

This following—and the impact behind it—is exactly why I'm stepping into military-verified celebrity status. Not because I chased fame, but because authenticity, advocacy, and transformation have created a voice people trust. Veterans, active-duty service members, fitness athletes, and women across the country look to me for guidance, motivation, and proof that healing is possible.

#### Achievements

- U.S. Army Veteran (Human Resources)
- Competitor at Summer Shredding 2025
- 3rd place Qualifier
- 5th place Championship
- Author of an upcoming book on military trauma,

survival, and empowerment

- Featured guest on a veteran-focused radio show
- Built 120+ lbs of lean mass, confirmed by DEXA
- Overcame homelessness, trauma, and financial instability while still competing
- Rising as a military public figure through advocacy, storytelling, and authenticity

- Growing Instagram & TikTok communities dedicated to fitness, healing, and resilience

#### My Dreams

- To step on the Arnold Amateur stage in 2026
- To continue building my platform into one that changes lives—physically, emotionally, and spiritually



# Vanessa Morbeck



## Dreams, Goals, Achievements, Challenges, and Rising Into Military-Verified Celebrity Status — The Journey of Vanessa Morbeck

My name is Vanessa Marie Morbeck, and my fitness journey is not just about aesthetics—it is about survival, rebuilding, and transforming pain into a platform that inspires thousands. I am a U.S. Army Veteran, a single mother, an athlete, and a growing voice within the military and fitness communities.

### My Story

My journey didn't begin in a gym—it began in the darkest moments of my life. I survived military trauma, homelessness, financial collapse, and emotional battles that nearly broke me. From 2016 to 2023, I was homeless, rebuilding myself piece by piece while raising my daughter alone.

Fitness became my sanctuary. It was the one place where discipline translated directly into transformation. That discipline led me to step on stage in 2025, where I competed at the Summer

Shredding Championship in Texas—placing 3rd in my qualifier and 5th in the championship. Standing under those stage lights showed me that my purpose is bigger than my pain: I am here to represent veterans, survivors, and single mothers who refuse to give up.

### My Growing Public Platform

I've built a strong, rapidly growing community by sharing the real, unfiltered journey of a woman fighting her way back to the top.

Today, I've amassed a combined following on Instagram and TikTok, where people connect with my transparency, resilience, and transformation.

My audience follows me because I am real.

Because I don't hide the breakdowns behind the glow-up.

Because my story resonates with every veteran, every mother, and every person who has ever

# Andrew Skinner

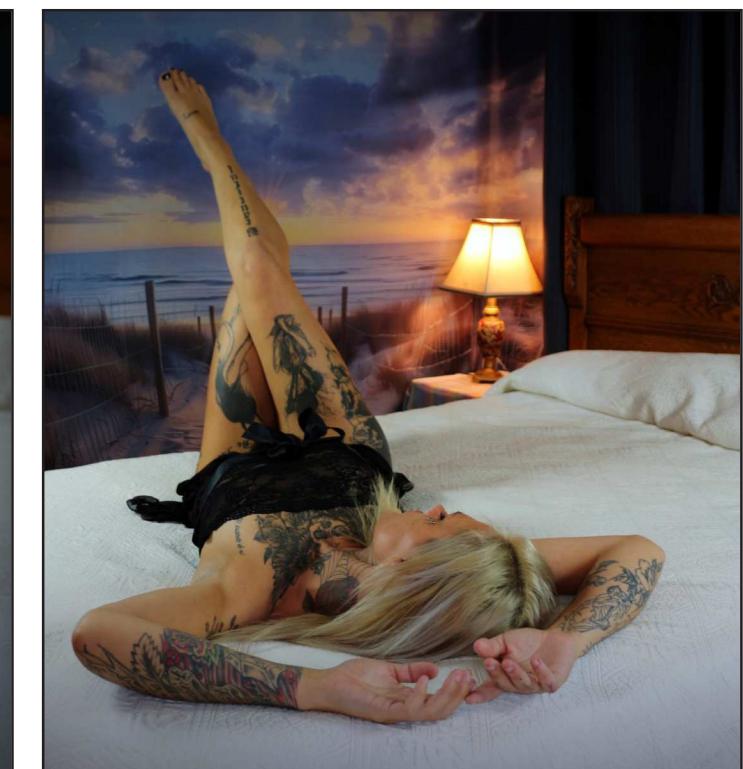




**Photographer- Joseph R Rowland**





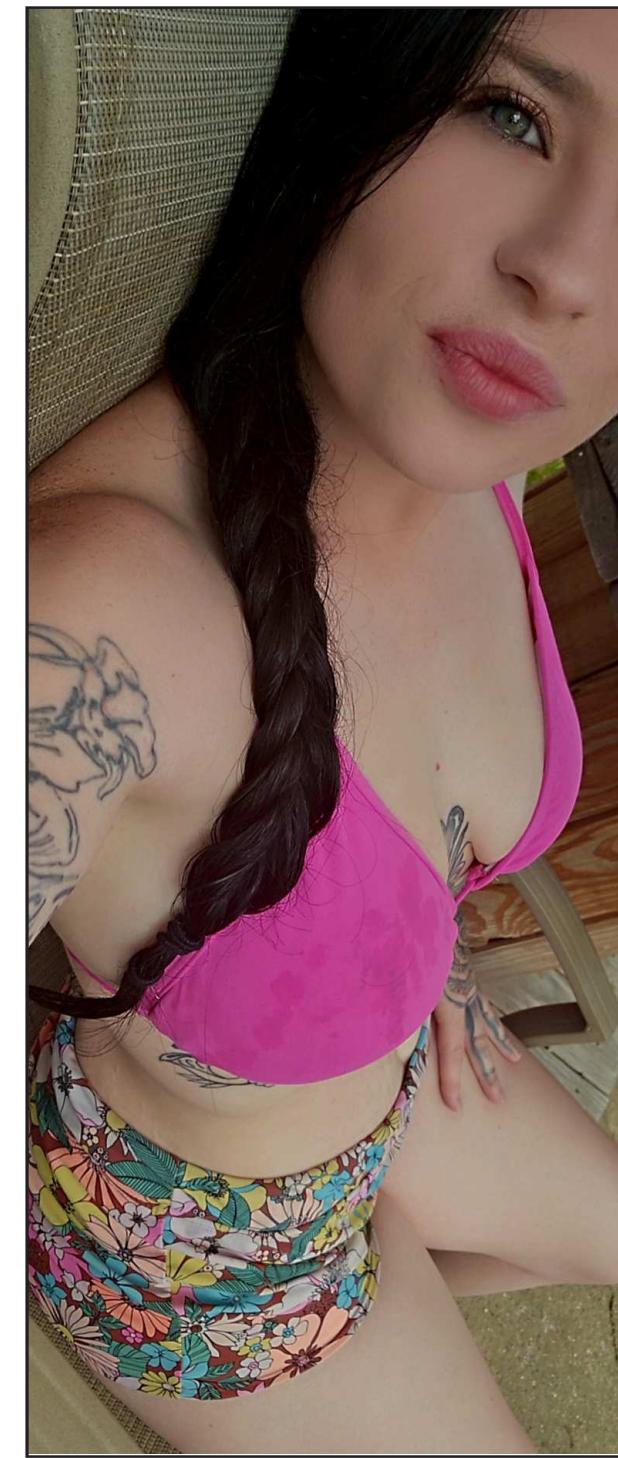






My dreams are to move forward with my modeling career! Challenges finding the perfect team to help launch things!

My goals for 2026 is to push out more content get my facebook page up more. Most importantly



achieve my goals i had set. My goals are to model for clients Be in magazines work on a great career going forward & meet new people along the way

Photographers Credits :: Theprettyhousemanor

To have each and everyone of my models published and turn my hobbies into a full time studio. And to see the joy in my ladies faces when we tell they they have been published in a magazine. And to help them build their self esteem. I done

wildlife photography for years and now starting to do other forms of photography.



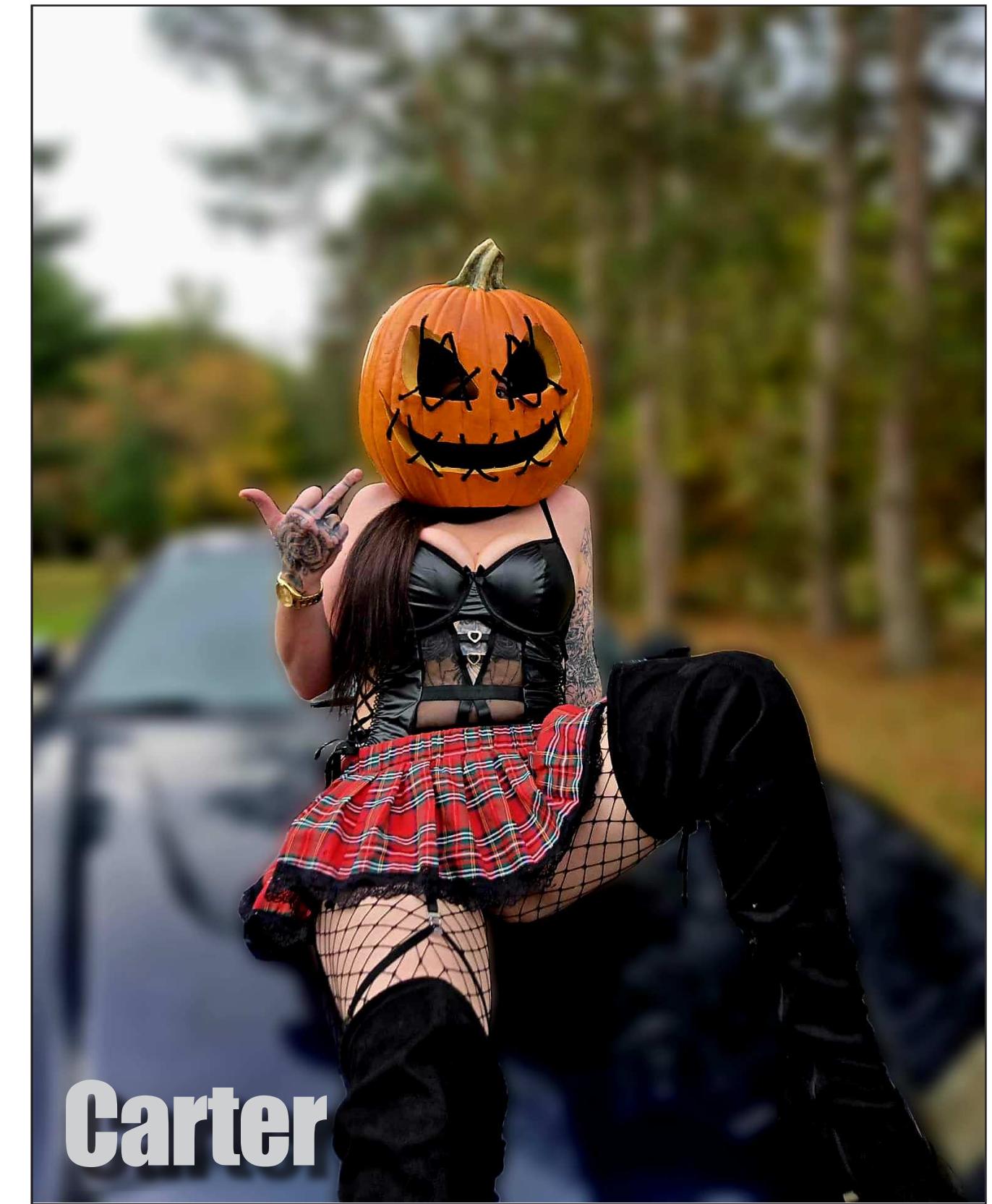
## Photographer - Joseph R Rowland



# Sabrina



# Carter





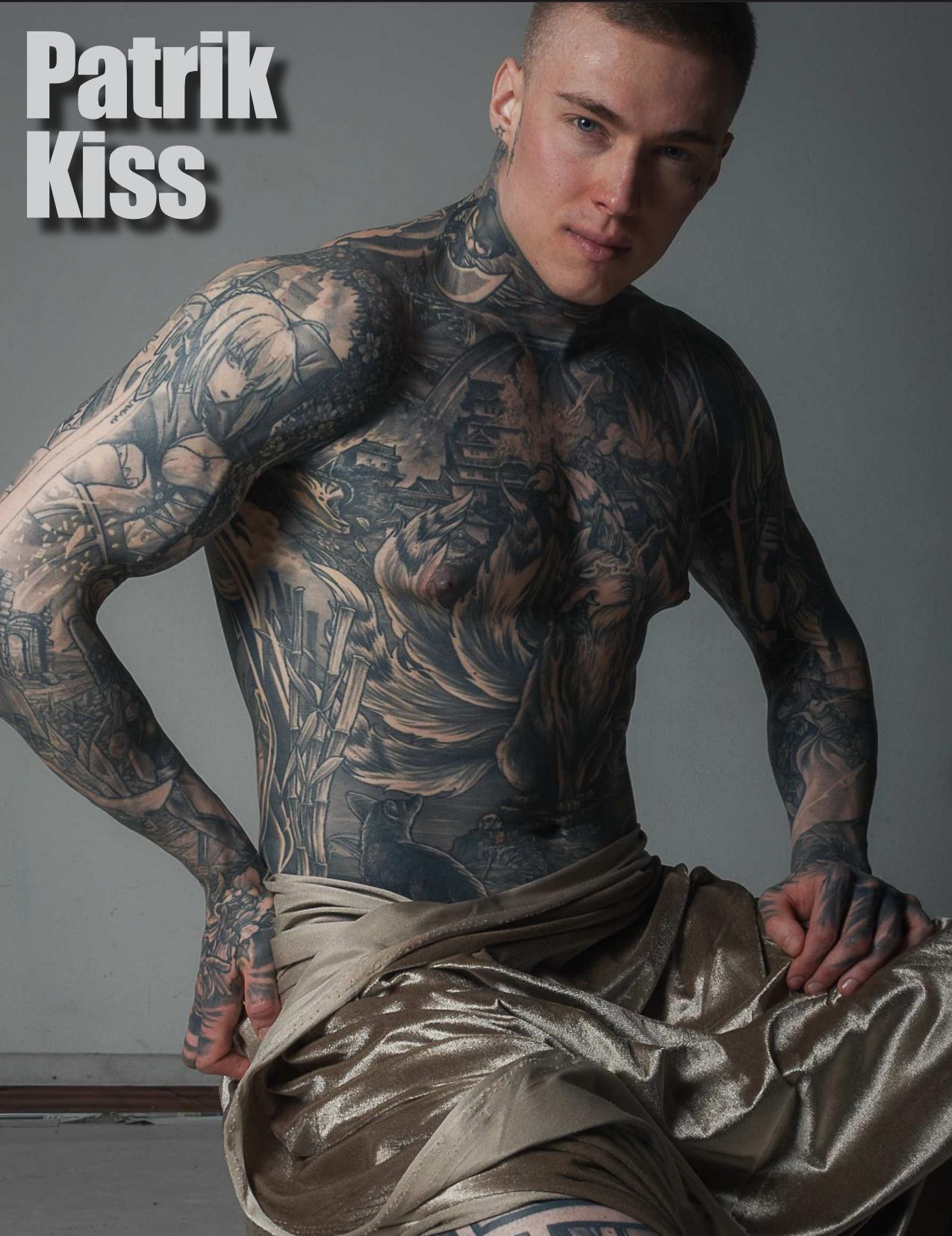
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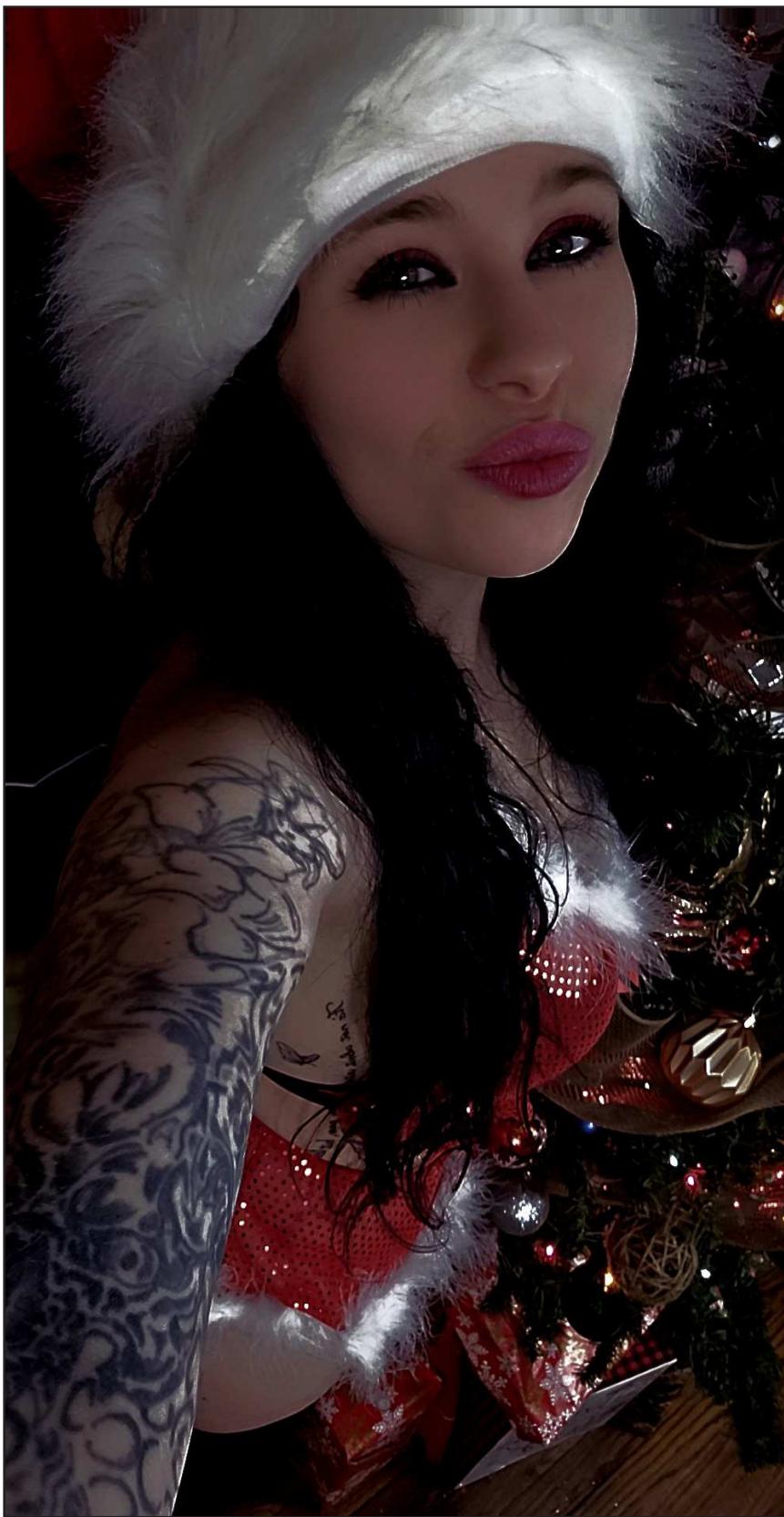
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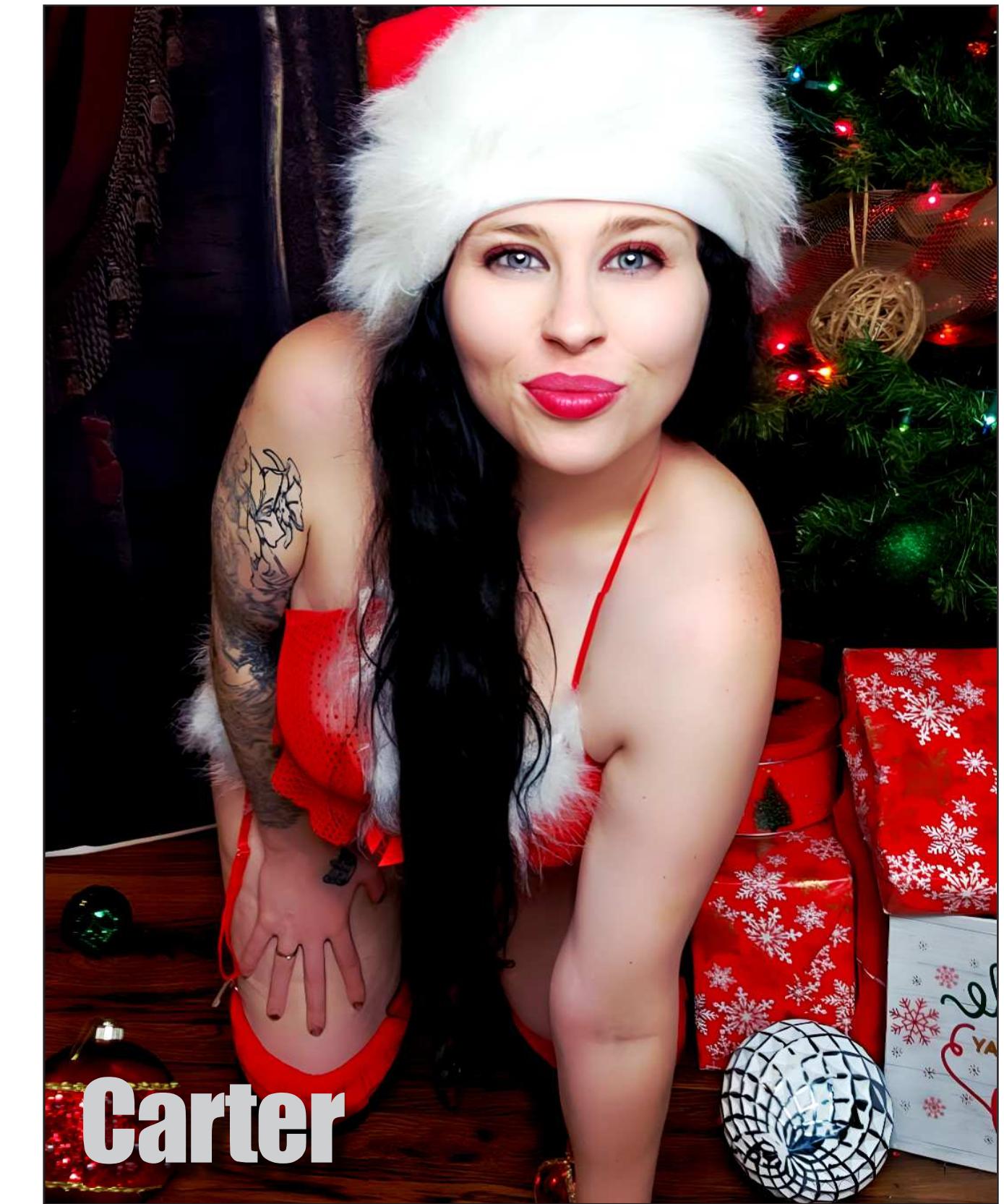
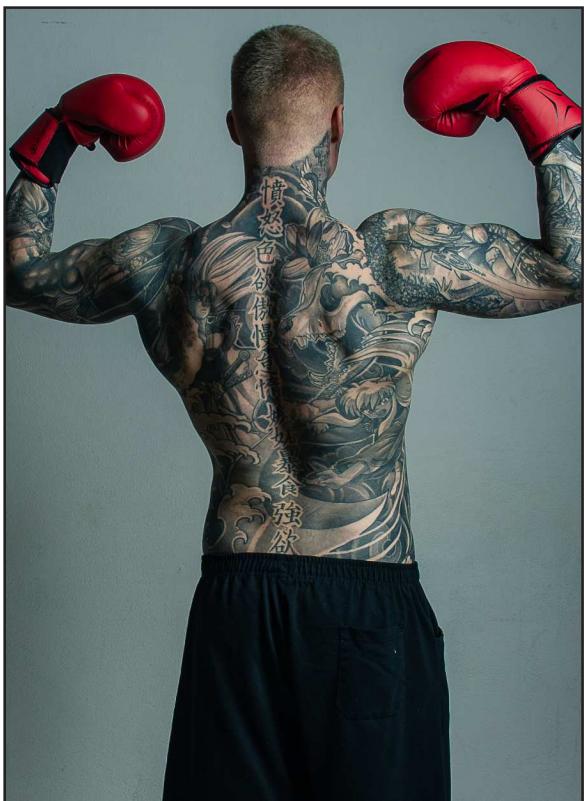




# Patrik Kiss









Charlie Karnage is an award-winning tattoo artist known for his bold, dark, high-contrast work and uncompromising approach to tattooing. His style is heavily rooted in dark realism, horror, surrealism, mythology, and religious imagery, often incorporating skulls, demons, aggressive textures, and freehand compositions. Each piece is designed with longevity in mind, built to age heavy, readable, and powerful rather than follow short-lived trends.

He is the owner and founder of Apothic Ink Tattoo Studio, a unique creative space that operates not only as a professional tattoo studio but also as a live concert venue. Apothic Ink has become a hub for underground art and music, blending tattoo culture with live performances and fostering a community driven by creativity, expression, and authenticity.

Charlie's path to success was not conventional. Before tattooing, he came from a criminal background and lived a life marked by instability and poor choices. Tattooing became the turning point that redirected his future. What began as an outlet quickly evolved into an obsession, a discipline, and ultimately a career that replaced destruction with purpose. Through relentless work ethic and dedication to his craft, he transformed his life and built a respected name within the tattoo industry.

Today, Charlie Karnage stands as an example of transformation through art—proof that creativity, when taken seriously, can rebuild a life and create something lasting.

Photographers Credits :: Charlie Karnage





## Patrik Kiss

I started my tattoo journey at the age of 18, already knowing that I wanted to tattoo my entire body. For me, it was never about collecting random pieces, but about creating one complete visual identity. Over the course of four years, my full body tattoo project was completed.

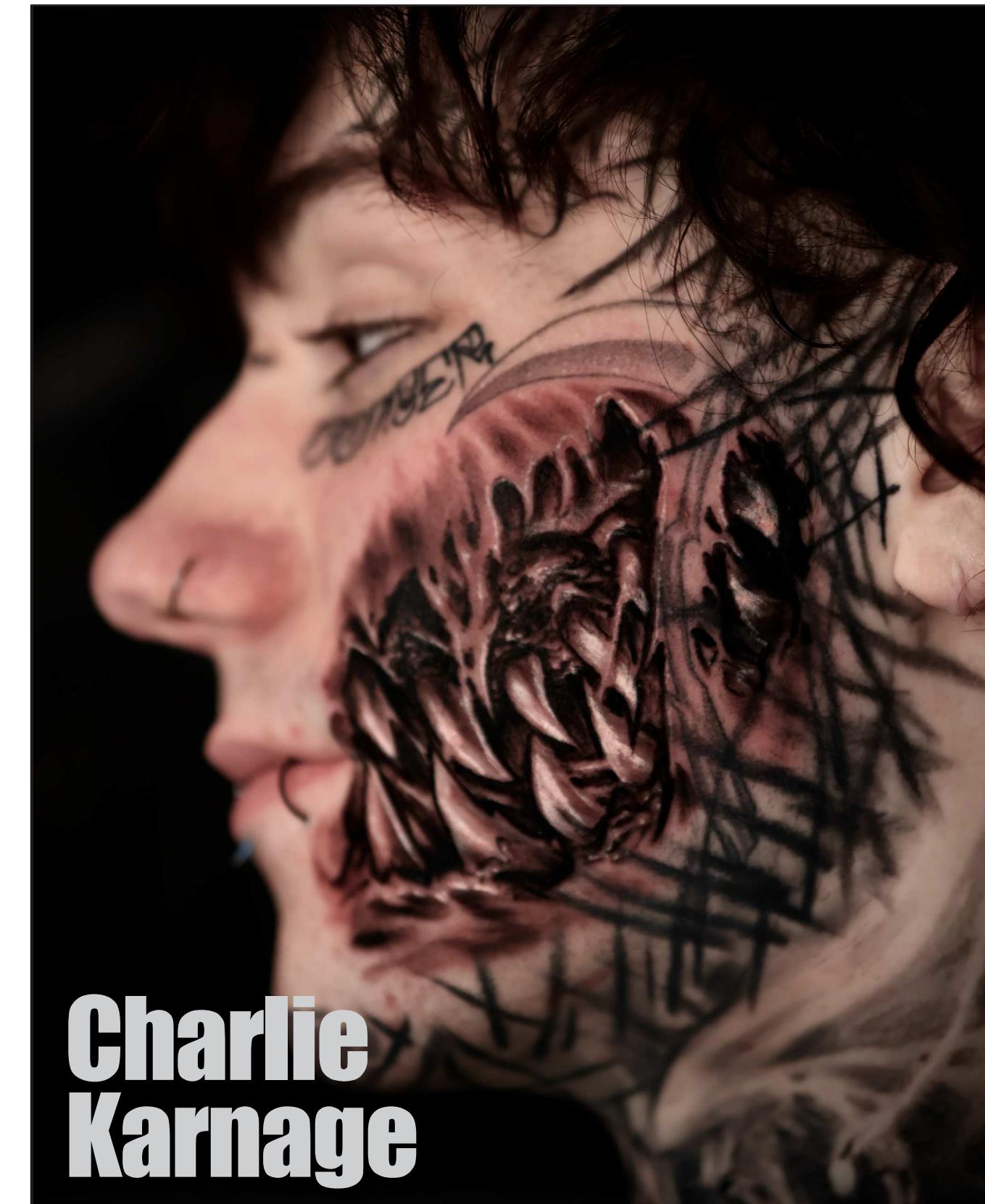
The full body project was created by Ákos Németh, in a consistent anime-inspired, Japanese style. This coherence is very important to me, because my body is not just covered in tattoos, it represents one unified visual concept.

Because of this appearance, people often stop me in public, start conversations, or ask about my tattoos. I have attended several tattoo expos, where I received a lot of positive feedback from both visitors and professionals. These experiences made me realize that my look naturally draws attention and creates interest.

That is when I decided that I want to take this further and present myself to the world as a tattoo model. My goal is not only to showcase tattoos, but to represent tattoo culture in a clean, professional and artistic way.

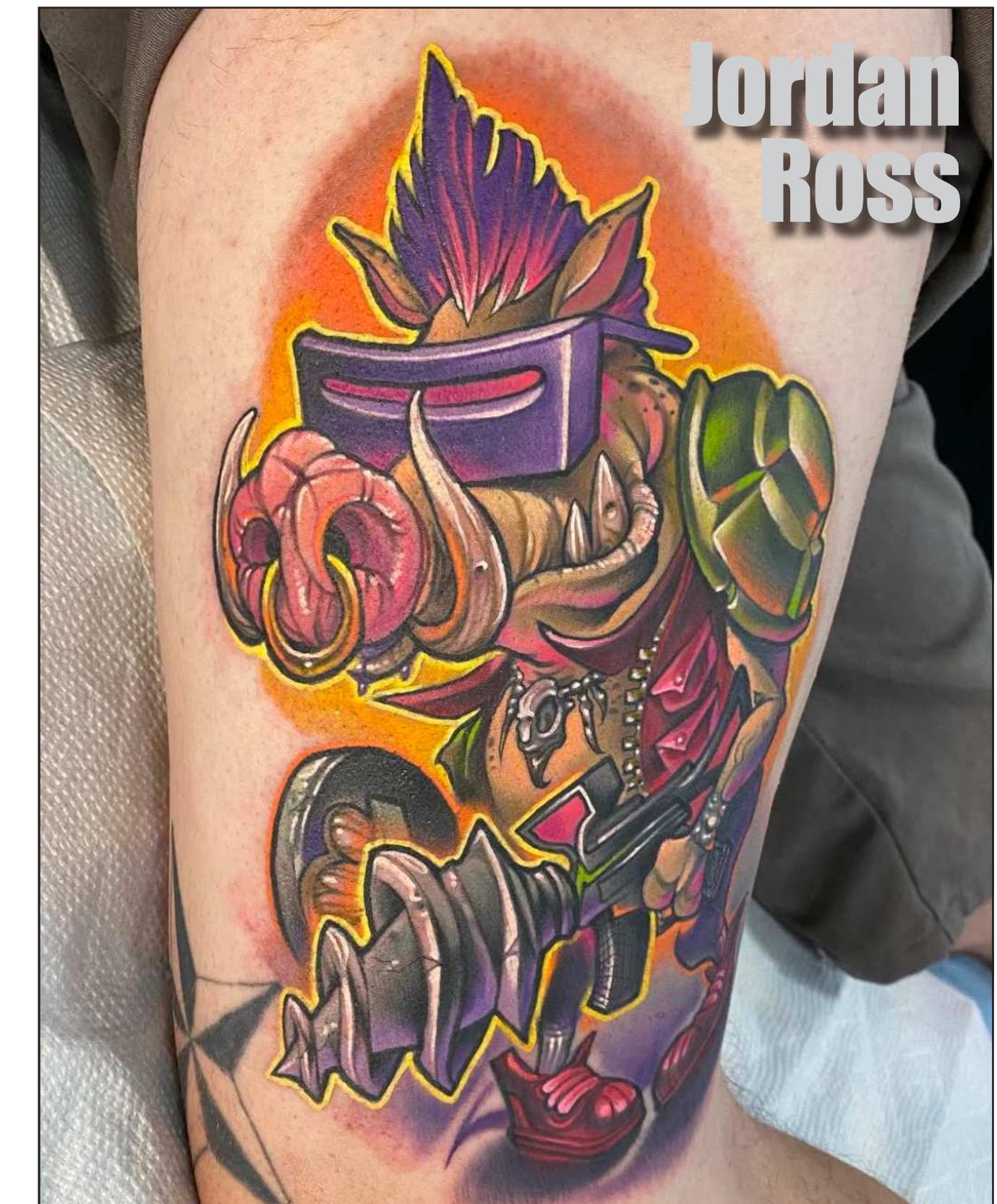
My current dreams and goals are fully aligned with building a strong international career as a tattoo model. I want to work on editorial projects, collaborate with photographers, brands and magazines, and continue growing as a model while staying true to my identity. I see my tattoos not as a limitation, but as my greatest strength and signature.

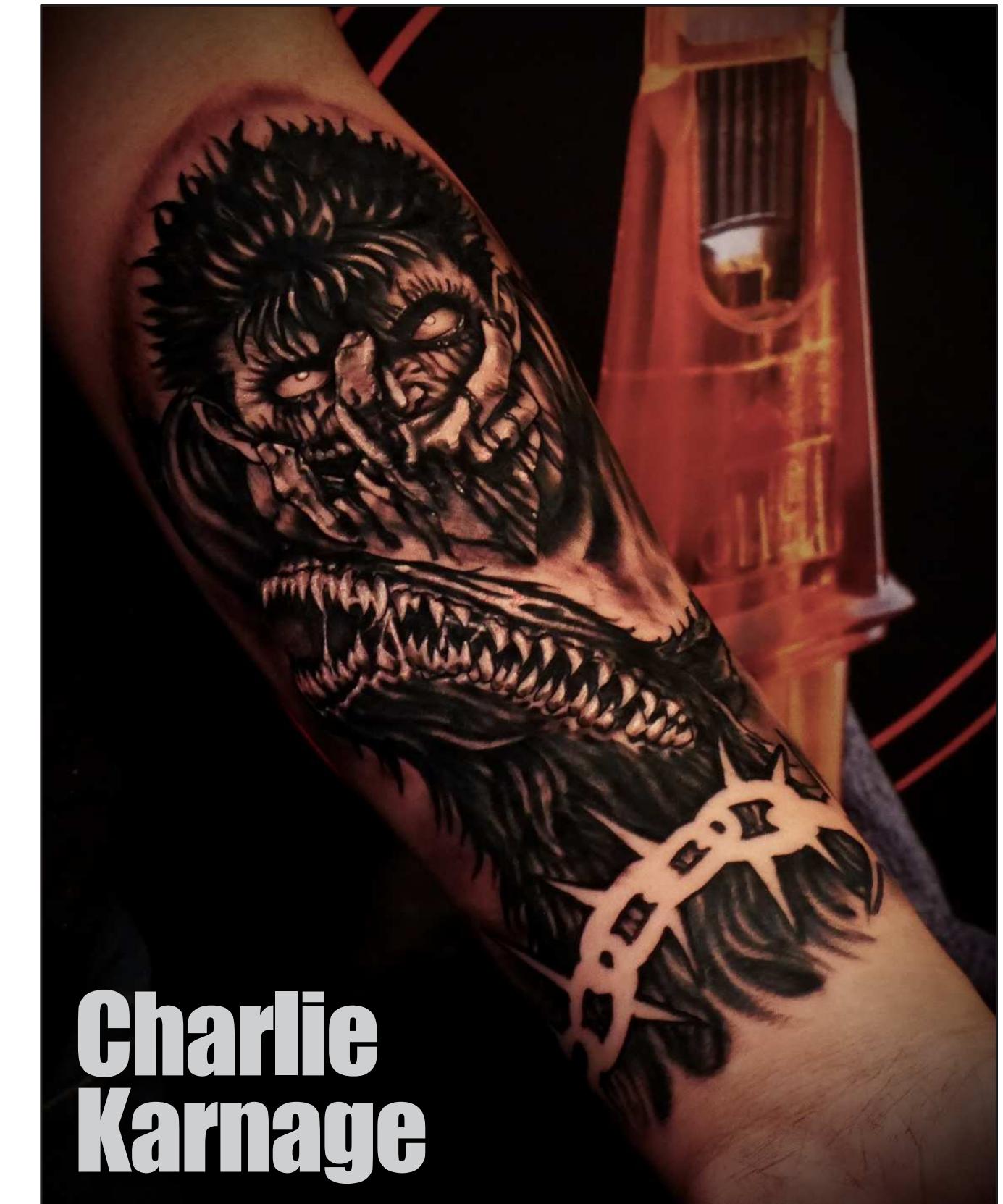
Photographers Credits :: Paco Bernal López



## Charlie Karnage

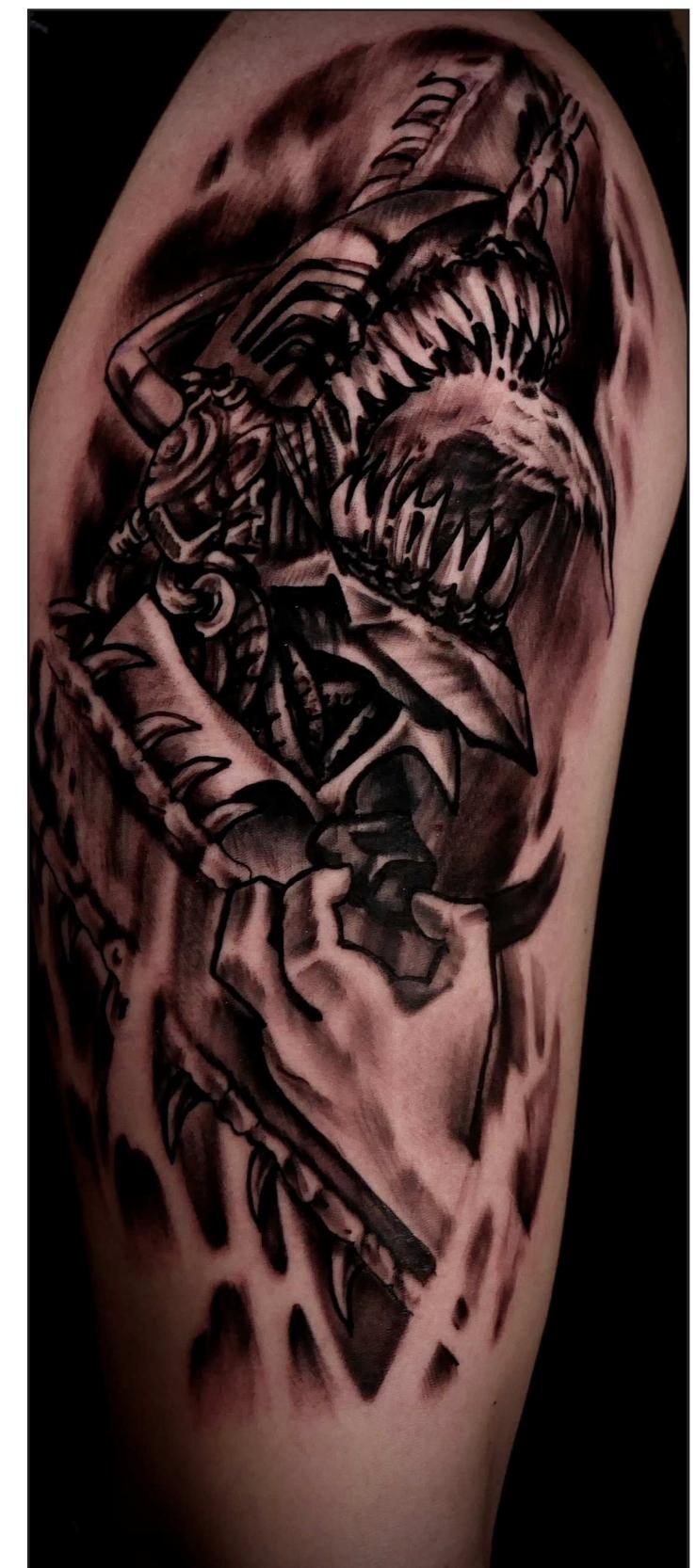
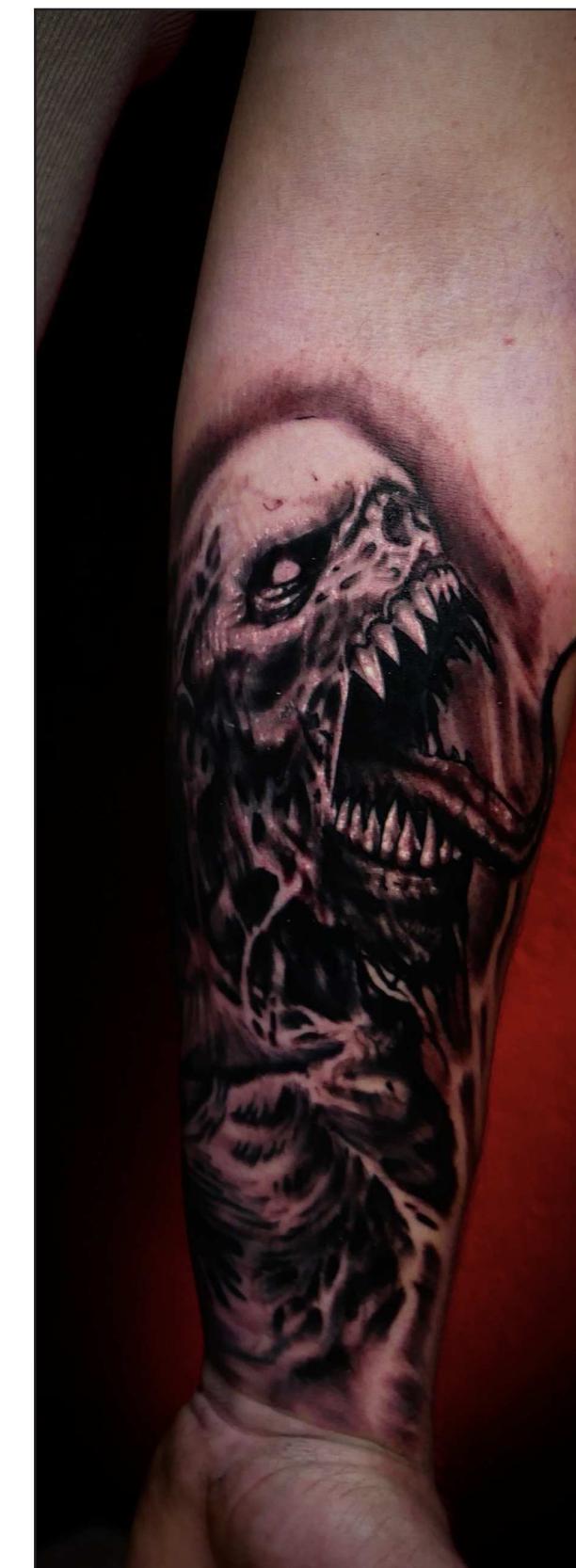






# Charlie Karnage







David Gray, based in Davison, IL am renowned for exceptional skill in black & gray, realism. I got my start as a teen creating art for furniture stores and then

moved on to being a custom automotive painter, show cars and bikes. When the automotive industry slowed I started tattooing and found my

calling. I now ensure that each client's experience is not only visually stunning but also held to the highest standards of hygiene.



I am a shop owner but first and foremost an artist. I paint and tattoo in an elevated lowbrow style to create something new that gets people's attention and reminds people not to take art too seriously and try to have fun with it. My goal is to make a mark on the art community both fine art and tattooing while also making relationships in

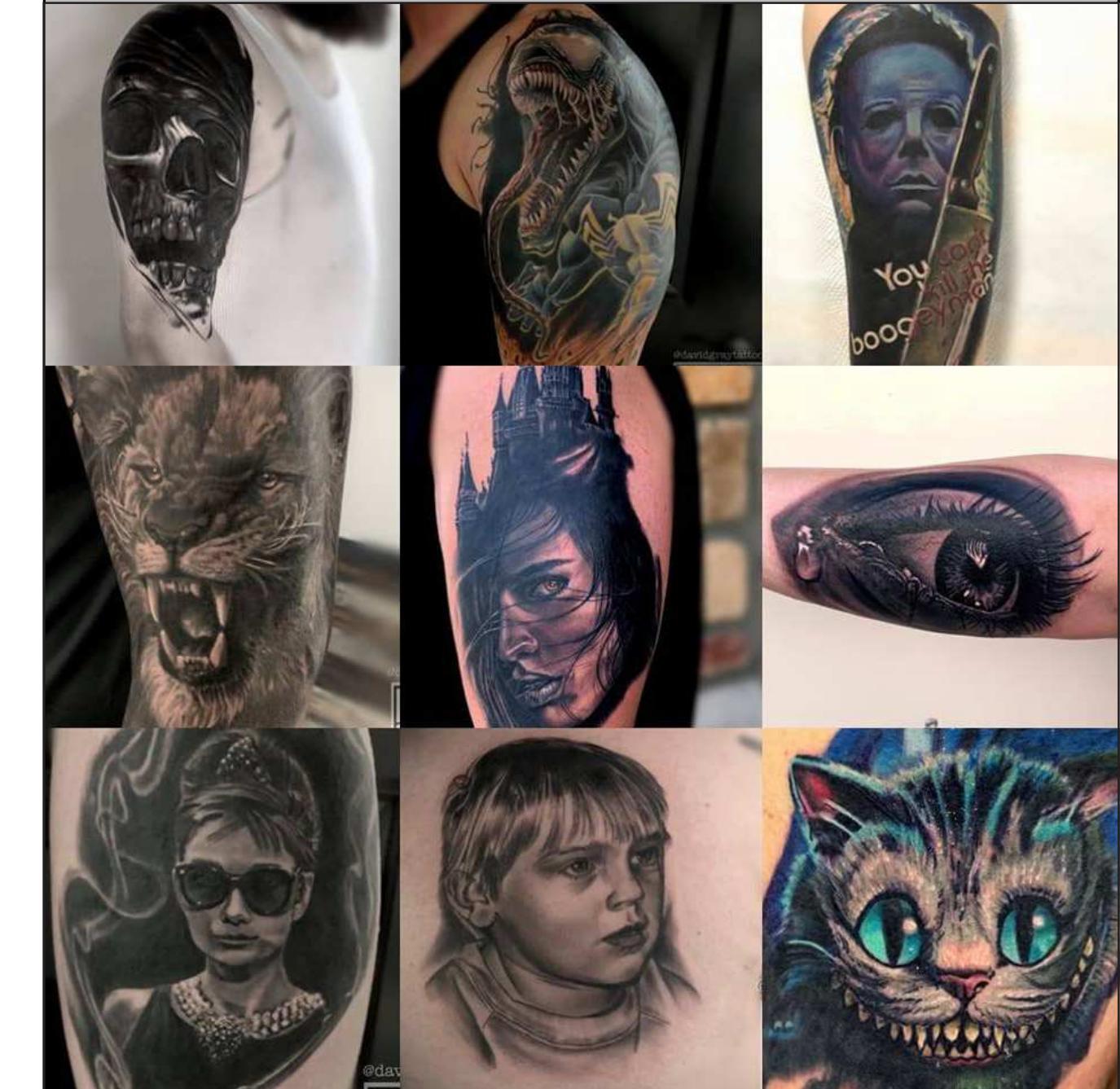
both fields with the artists I look up to and inspire me. I live in North Dakota, in the remote abyss of the U.S. and is hard to connect with talented artists where I live.

Photographers Credits :: Myself

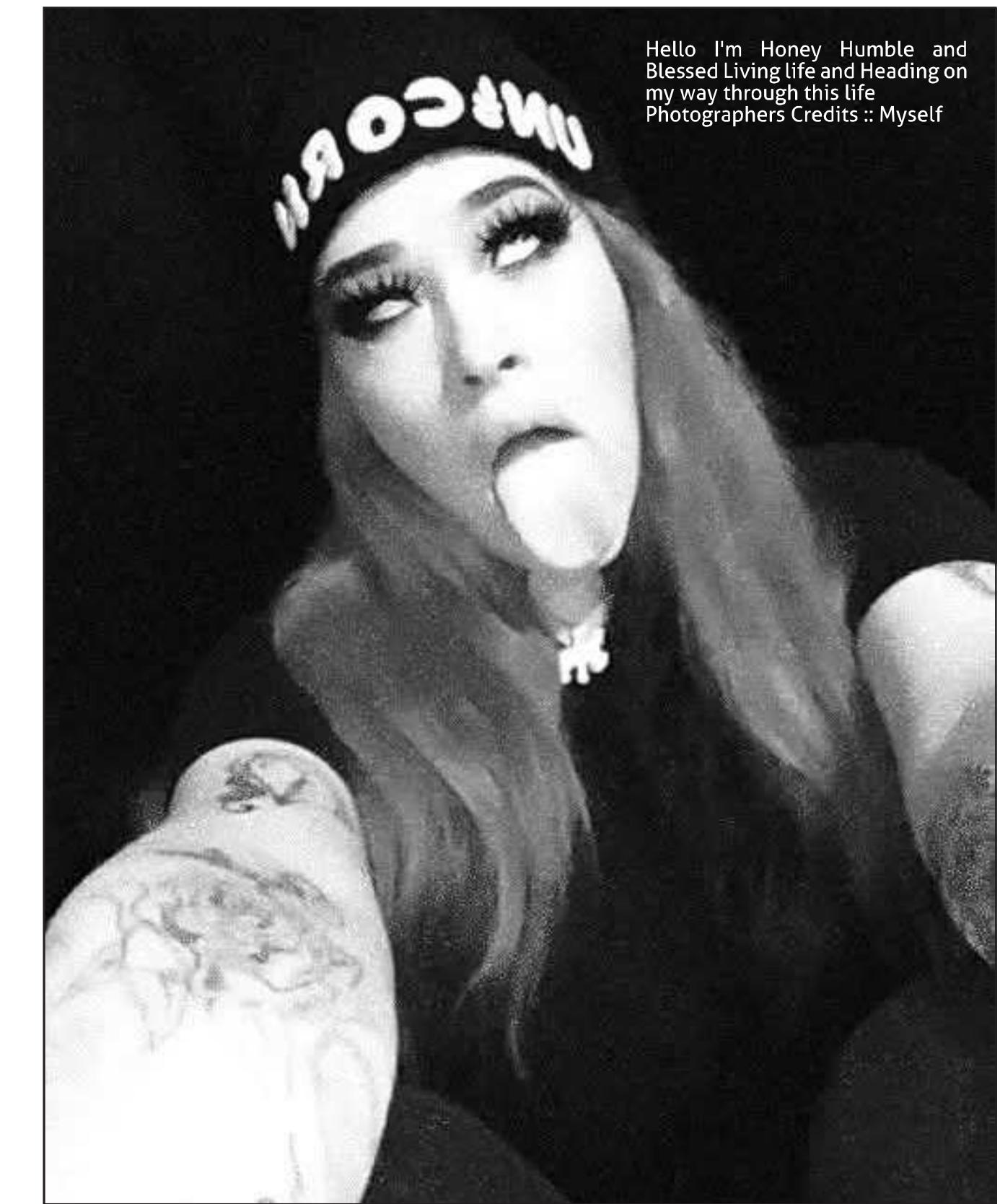




## David Gray Tattoos

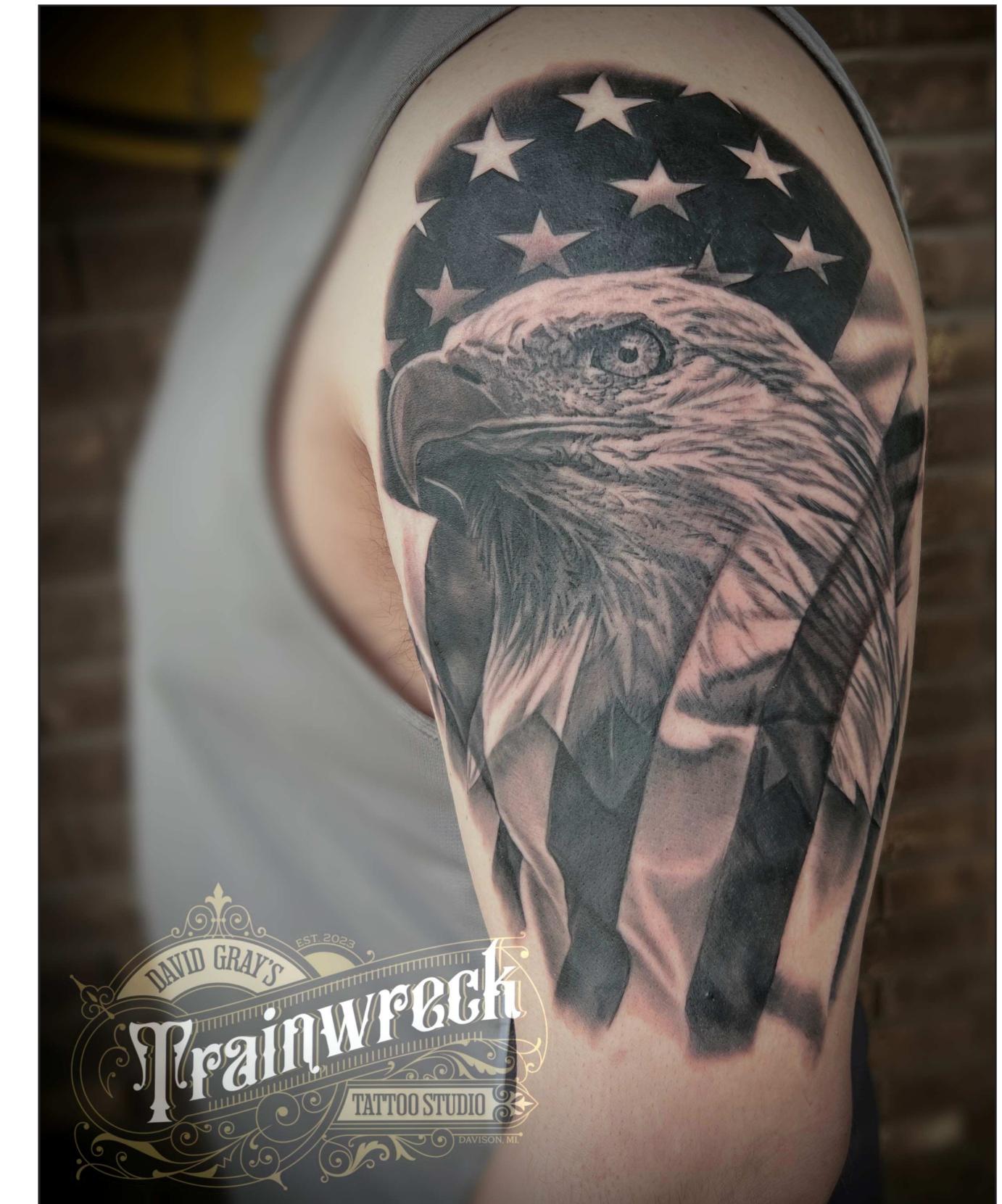


# David Gray Tattoos



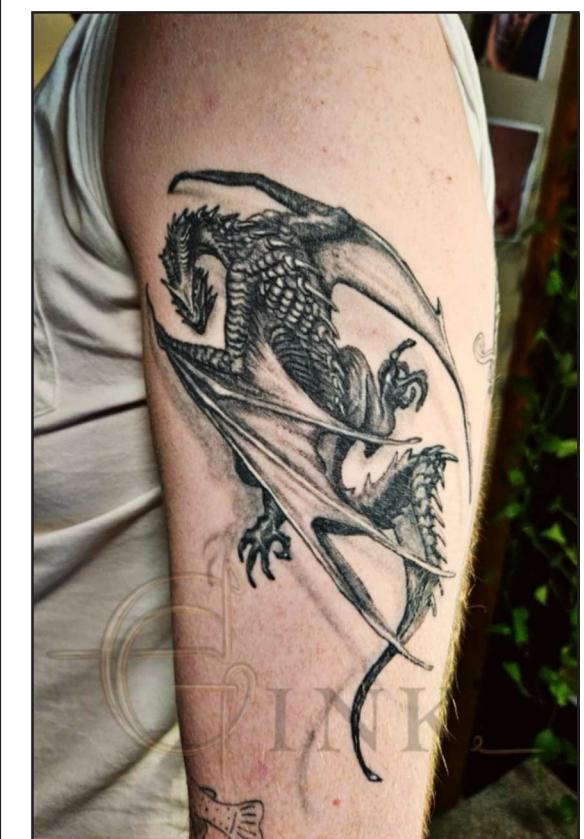
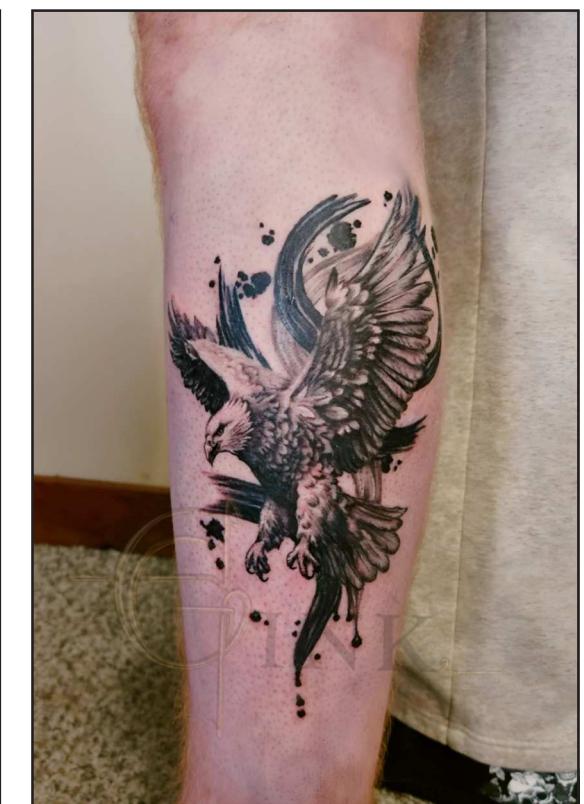
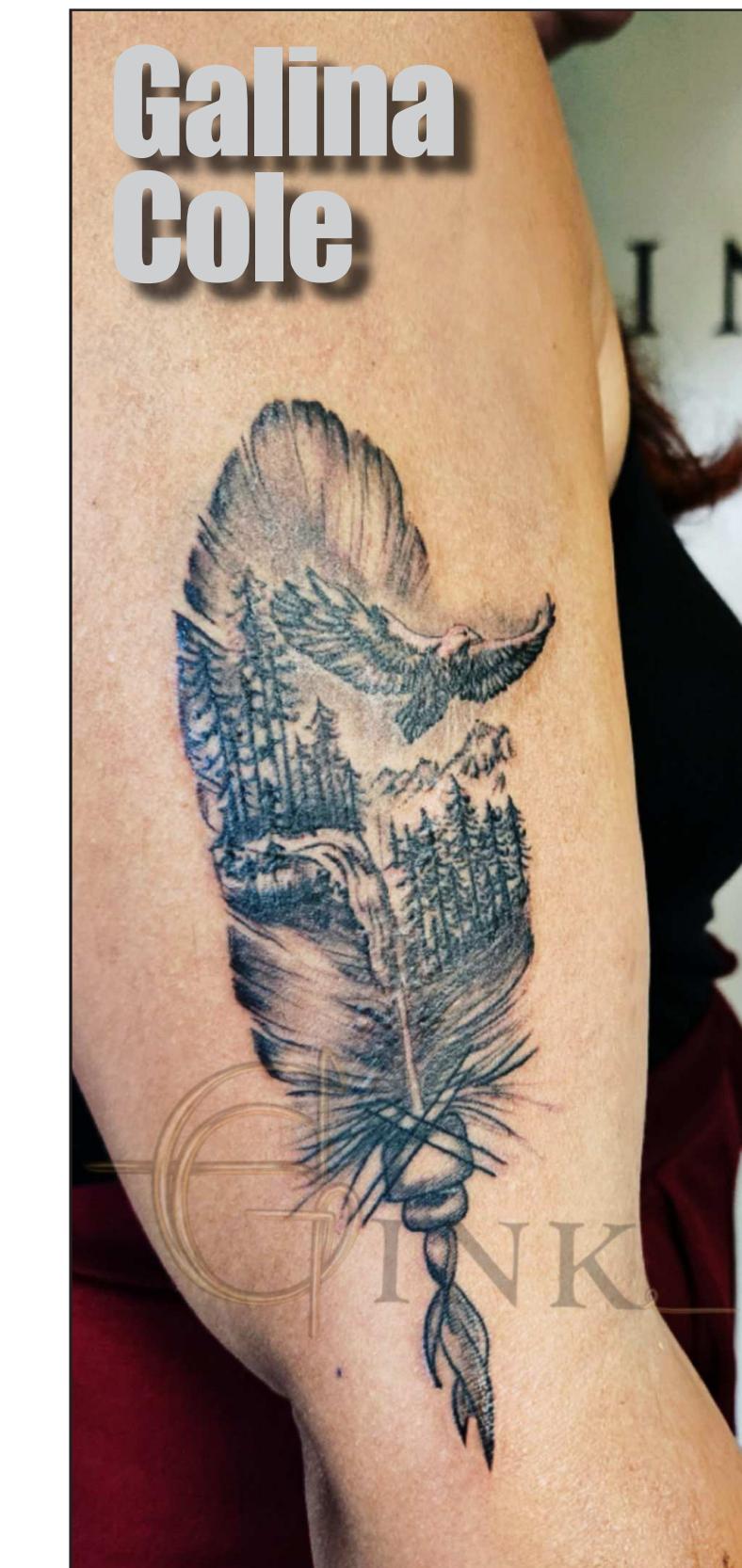
Hello I'm Honey Humble and  
Blessed Living life and Heading on  
my way through this life  
Photographers Credits :: Myself

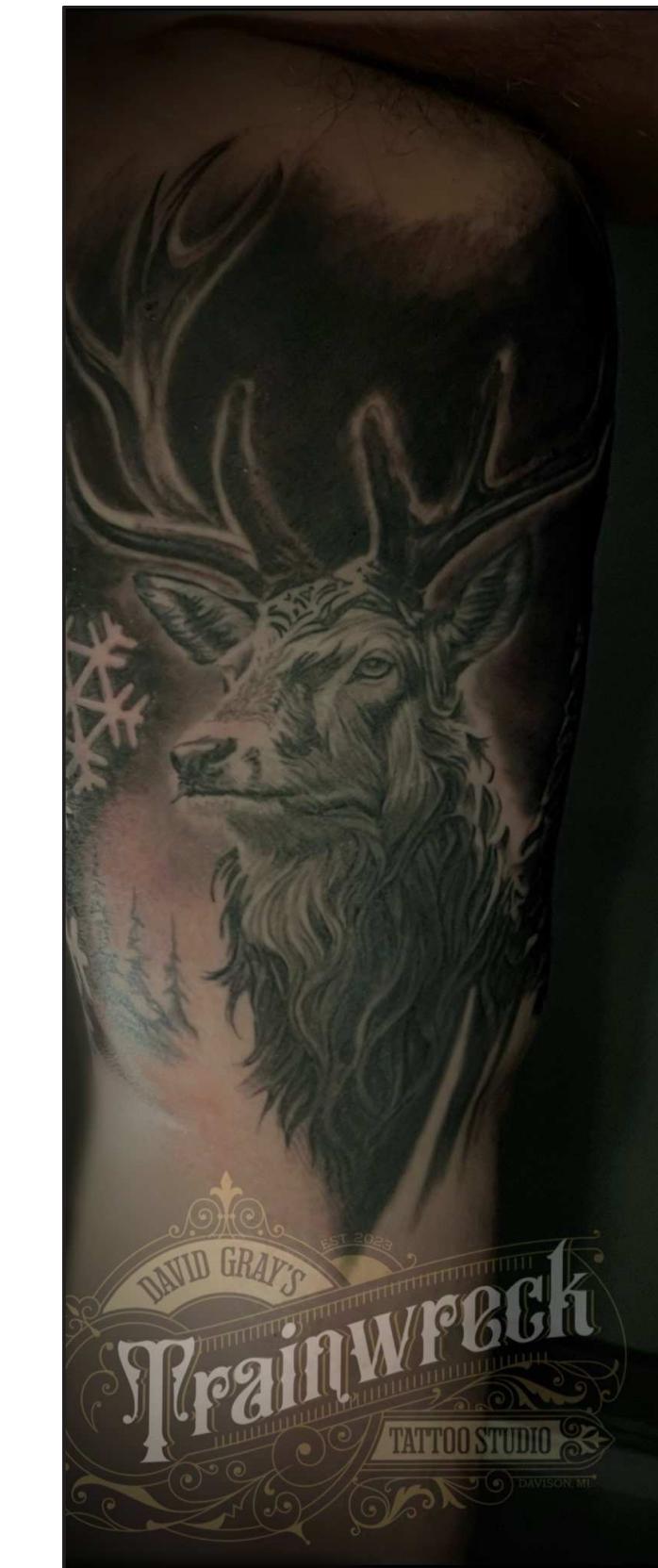






# David Gray Tattoos







## Frank Lao

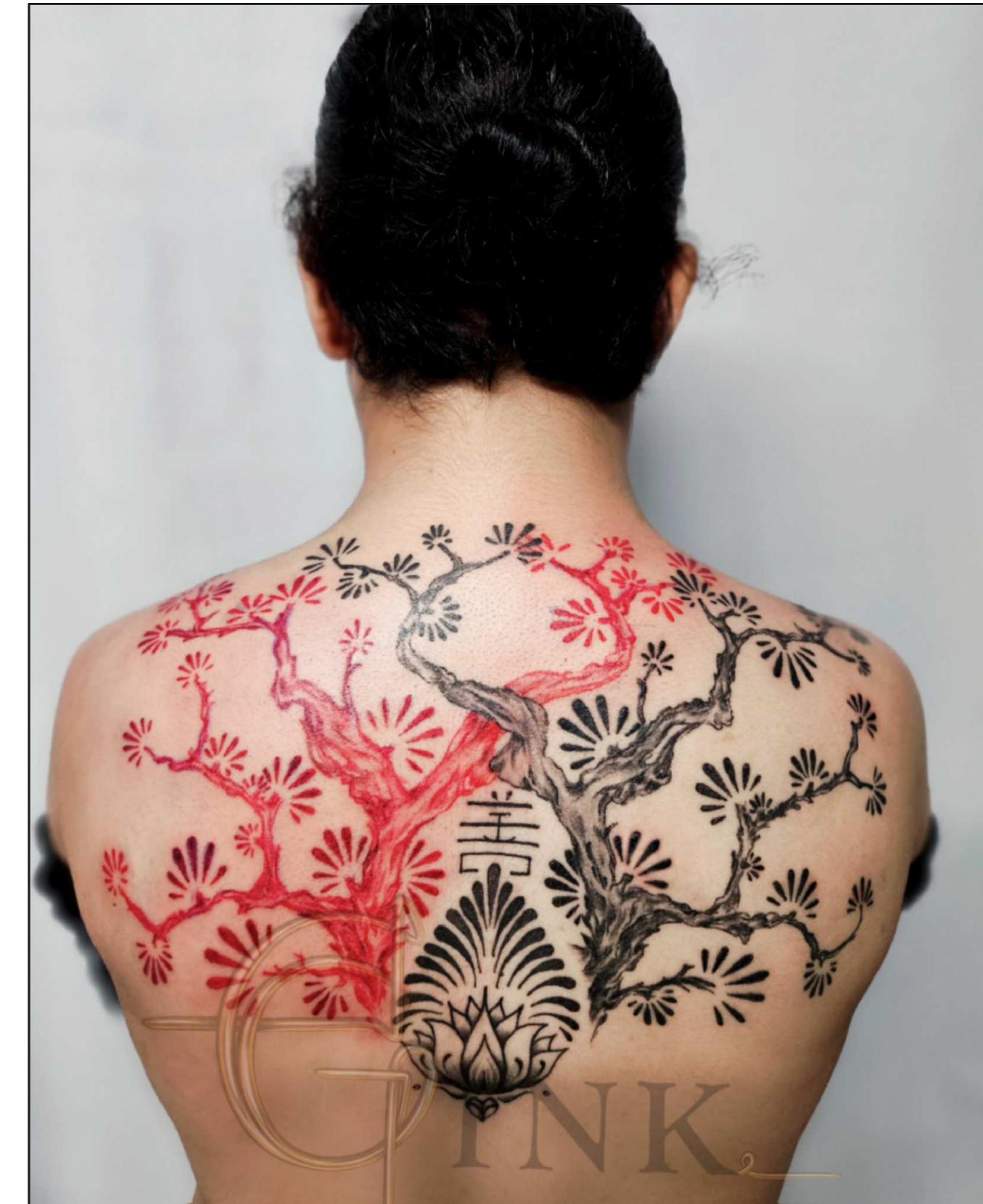
I've loved tattoos for as long as I can remember. One of my earliest memories is from third grade—my older brother Mike would draw these badass skulls on my arm with a BIC pen, then scratch them in with a sewing needle. I'd strut into school the next day showing them off, feeling like the toughest kid on the playground. I was hooked on that attention, that outlaw vibe. When I turned 18, I got my first real ink—from Mike, of course, in my parents' garage like a proper rebel. I hid it from them for years.

After high school, though, tattooing wasn't something people thought of as a career. My other brother Robert got me into HVAC, and I climbed the corporate ladder pretty fast. But around 30, I started feeling trapped. The whole 9-to-5 thing felt so artificial—like a fish in a fishbowl. Fake lunchroom chats with people you wouldn't normally talk to, forced smiles, ending emails with 'Thank you' when someone just piled more work on you. The thought of doing that for another 35–40 years? Insane. I vented to Mike one day, and he just said, 'Learn to tattoo. I'm booked out years in advance—people fly in from all over the world to get work from me, and I only have two hands. It's the best job ever.' That was it. I kept the day job, but every spare moment I was learning from him. And the rest is history.

In my mid-40s now, I've learned that words carry real weight. Over time, I've seen how we overuse certain ones until they lose their meaning. 'Artist' is one of those. You hear baristas call themselves 'latte artists,' or someone splashes paint on a canvas and calls it performance art. It can feel a little silly.

To me, a true artist is someone who can take an image from their mind, project it onto skin or canvas, and create something undeniably beautiful. It's a rare mix of raw talent and deep devotion. It's not a title you just claim—it's something you aspire to become.

That's my goal in life: to one day truly earn the right to call myself an artist. Not just a tattooer who's good at their job, but someone whose work moves people, lasts, and reflects that level of craft and heart. I'm still working toward it every single day





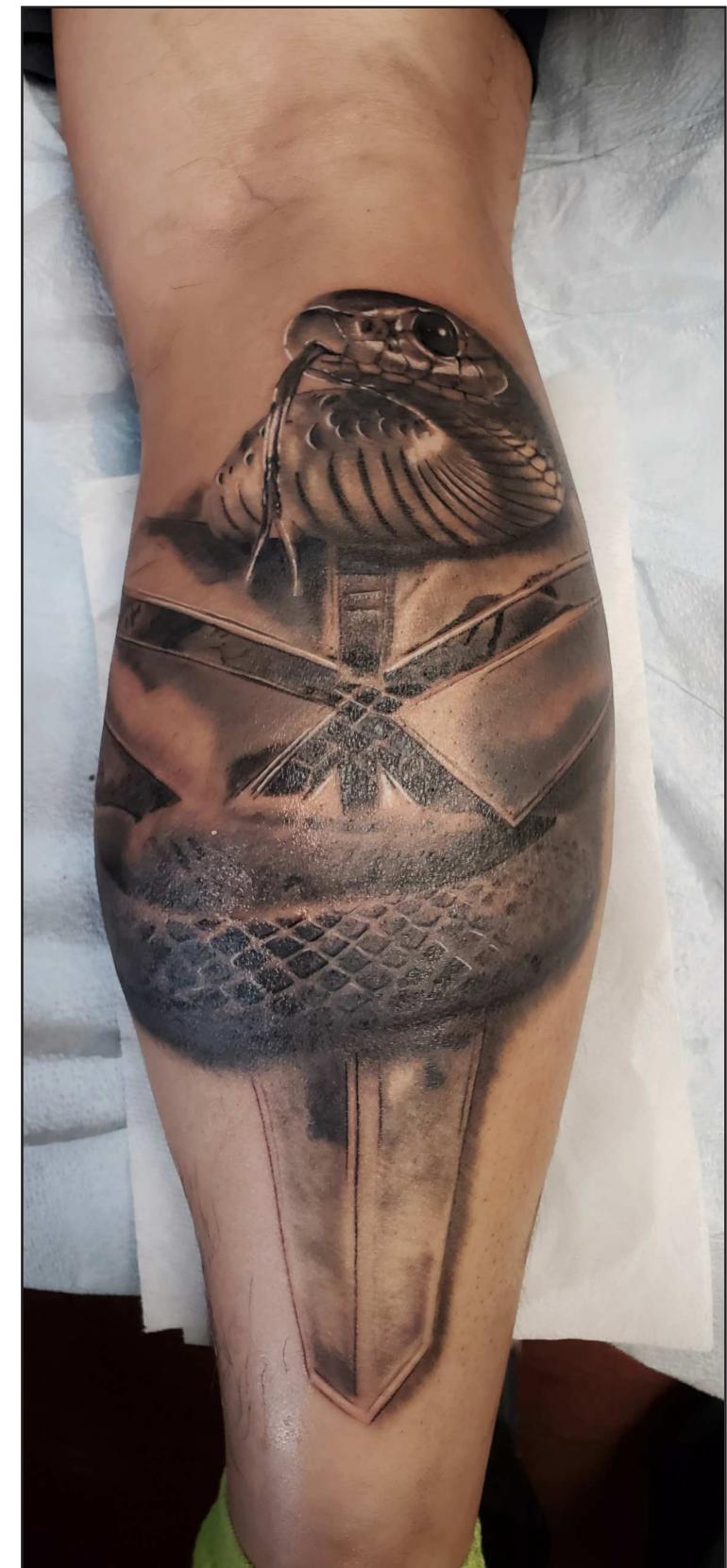
## Gallina Cole

My proudest achievement in this career isn't any one tattoo or milestone—it's the friendships I've been lucky enough to build over the years. Clients who drive hours, hop on planes, wait patiently for an appointment... that kind of loyalty blows me away every time.

The trust they put in me, letting me mark their skin permanently with something meaningful to them—that's sacred. At the end of the day, it's the clients who make tattooing such a dream job. They're the reason I get to do this, and I'm grateful for every single one.

The biggest challenge right now—and it's one a lot of us in the industry are facing—is the economy. People are hurting financially. Food, rent, basics—everything's gone up so much that there's just less disposable income left for things like tattoos. It's not just us; nail salons, barbers, hair and makeup artists, even fine dining... a lot of service-based, 'luxury' businesses are feeling it. For me, that means quieter periods in the shop, having to turn down cool projects because clients can't swing it right now, or stretching out payment plans. It's tough watching good people put their stories on hold. But it also reminds me why those friendships and that trust matter so much—clients who can make it in still show up, and the ones who can't, I know they'll be back when things ease up. These slow stretches test your patience and force you to get creative, but they've also made me appreciate the highs even more.

Looking back, every part of this journey—the playground skulls, the garage tattoos, ditching the corporate life, building these friendships, pushing to become a real artist—it's all been worth it. Even with the current challenges, I wouldn't trade this for anything. Tattooing gave me freedom, real connections, and a way to create something lasting. I'm still that kid who loved feeling like an outlaw... just a little older, wiser, and grateful every day that I get to do this.





My name is Galina Cole and I am the lead artist and founder of GCole.ink. Tattooing is not a job for me it's my passion. I love creating art with purpose, I love meeting amazing people and the skin is my favorite medium. I love organizing events, fundraisers and bring fun to the community and combine it with art and self-expression.

I have started tattooing by dabbling in PMU and later getting PMU licenses in Russia. I have learned tattooing by myself and applied my PMU knowledge combined with lifelong love of art. I am of Russian heritage and moved to the US in 2021 and shortly after that joined the US military. I am still serving but now as a reservist

so I can focus on tattooing full-time. During the past 4 years while serving full time in the military I have grown from tattooing myself in my basement to having my own studio in PA and finishing up highly-detailed colorful sleeves. I pay enormous attention to detail and make sure to finish the piece only when its perfection. I love meaningful tattoos, but also like having fun doing random pieces. I am finishing up my degree in Business Administration and after that will apply for an art degree in Barcelona. I have tattooed in Pennsylvania, New Jersey, Texas, Florida and Germany and now looking to open a studio in Tampa, FL.

