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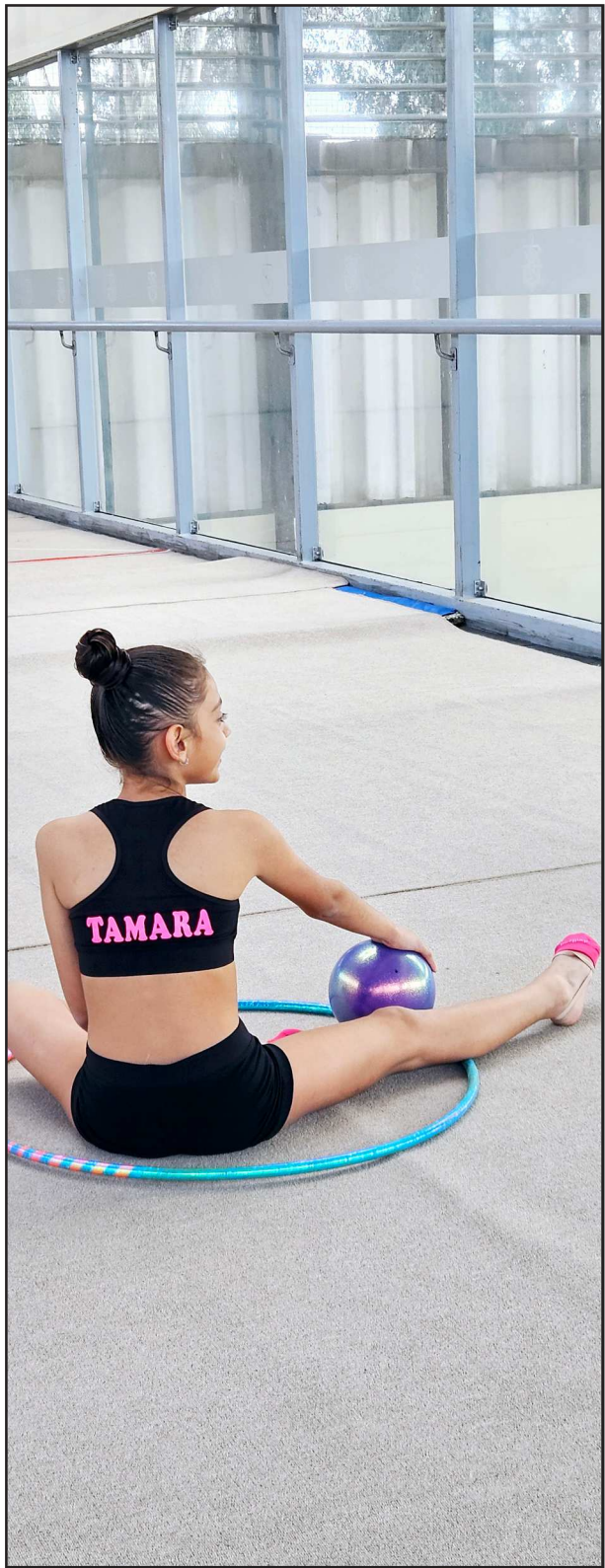
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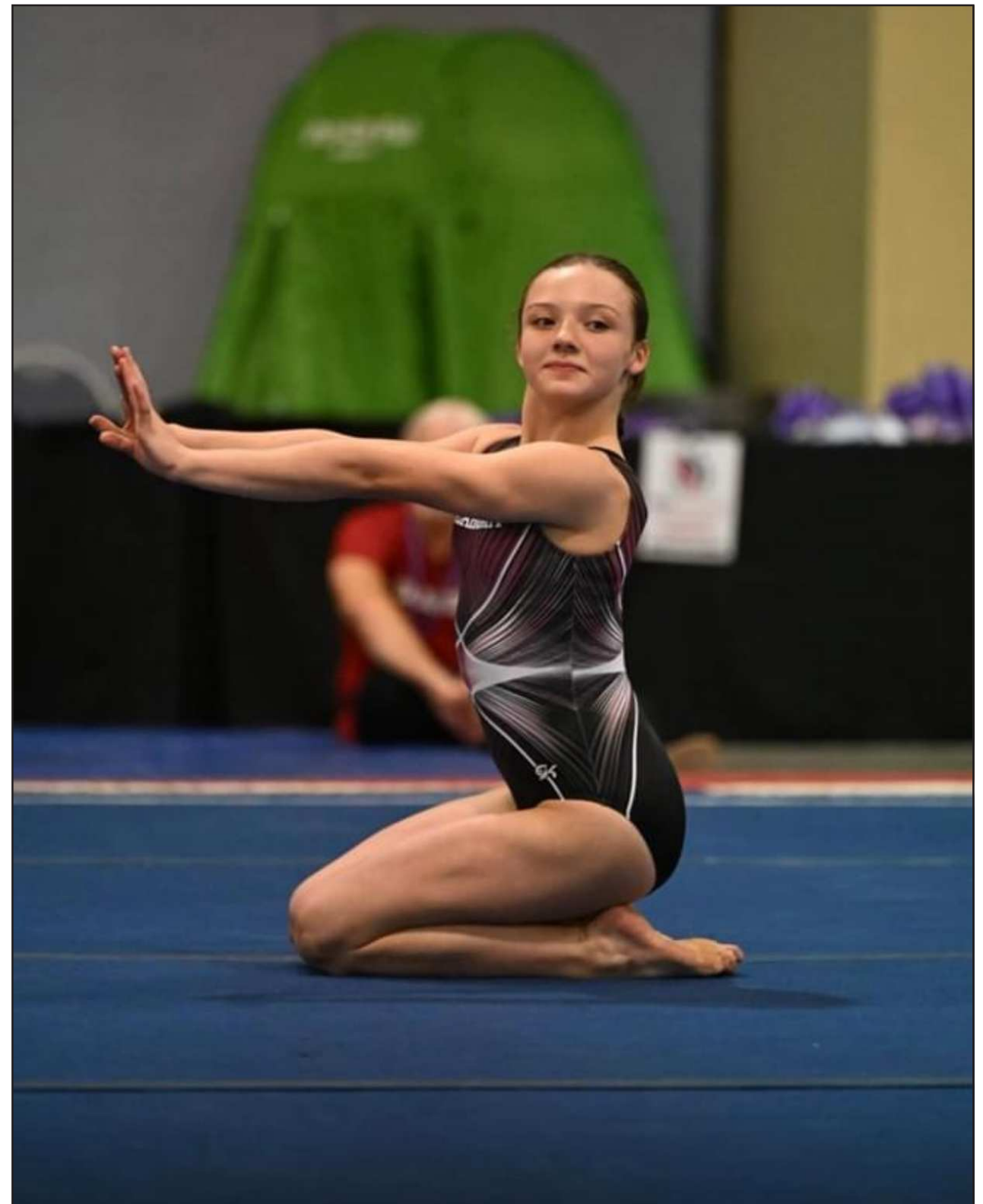
BROOKLYN SYLVESTER

I hope to go to LSU or ARKANSAS for gymnastics and after my gymnastics career is over, i want to become a orthopedics doctor. I have won 2nd

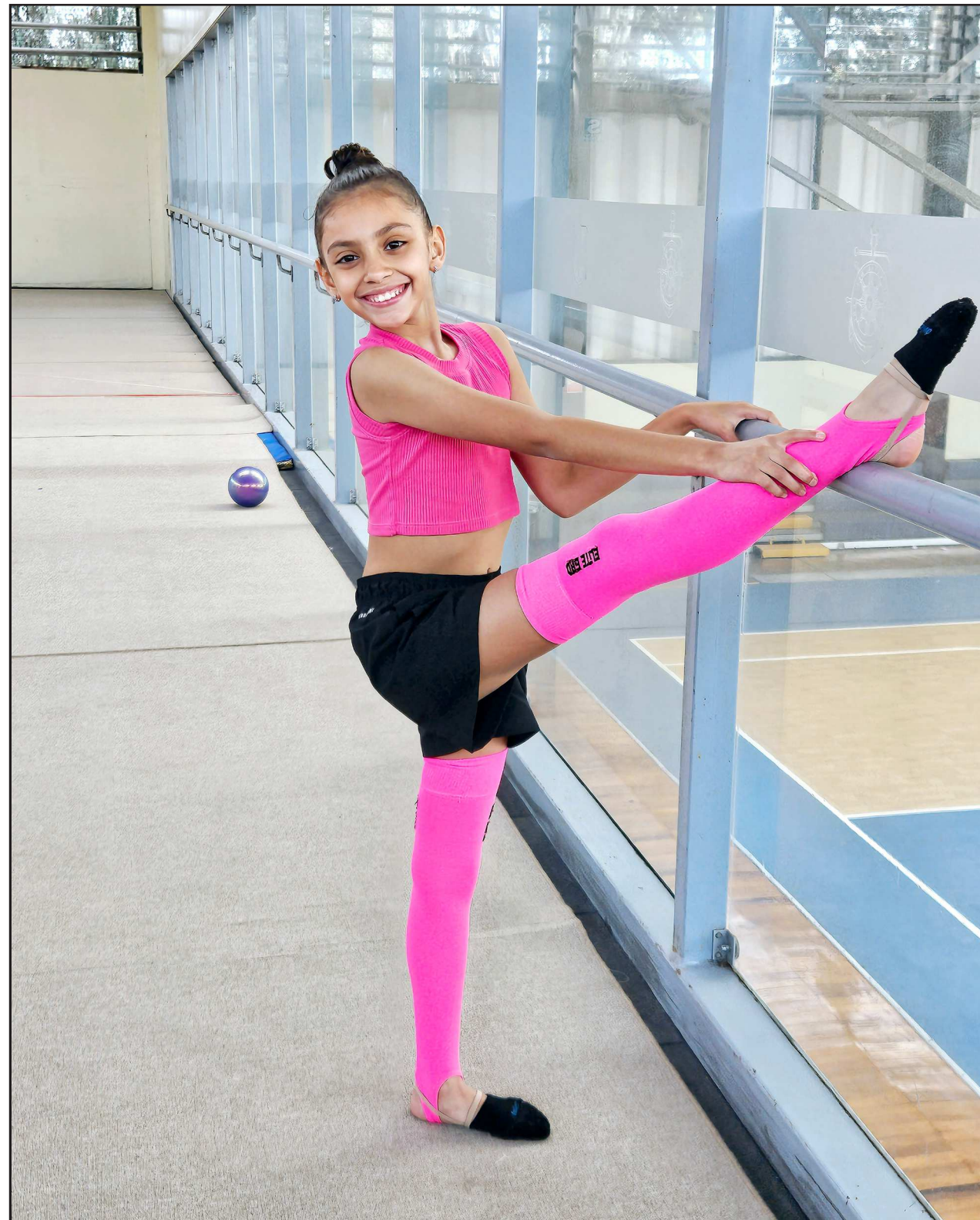
place at regionals in level 6, im currently level 7 with a 9.8 on beam already this season. I have won over 20 first place medals in my career.



Tamara Gavelán



BROOKLYN SYLVESTER



Tamara Gavelán



FREYA REID



Hi! I'm Tamara Gavelán. I'm 10 years old and I'm from Peru. A few years ago I discovered a sport that is my passion, it is the rhythmic gymnastics. Thanks to my professional academy I have been falling in love with it every day. I will continue fighting for my dreams. This is just the

beginning of a long way to go. I will keep working until I reach my goal to be the best gymnast and represent my country. I'm going to keep giving my best, let's go for more!!! @tami_gav_gymnast



Tamara Gavelán



My name is Freya Reid and I am a 17-year-old Senior Elite Artistic Gymnast from Auckland, New Zealand. With 13 years of dedication to the sport, gymnastics has become an integral part of my life.

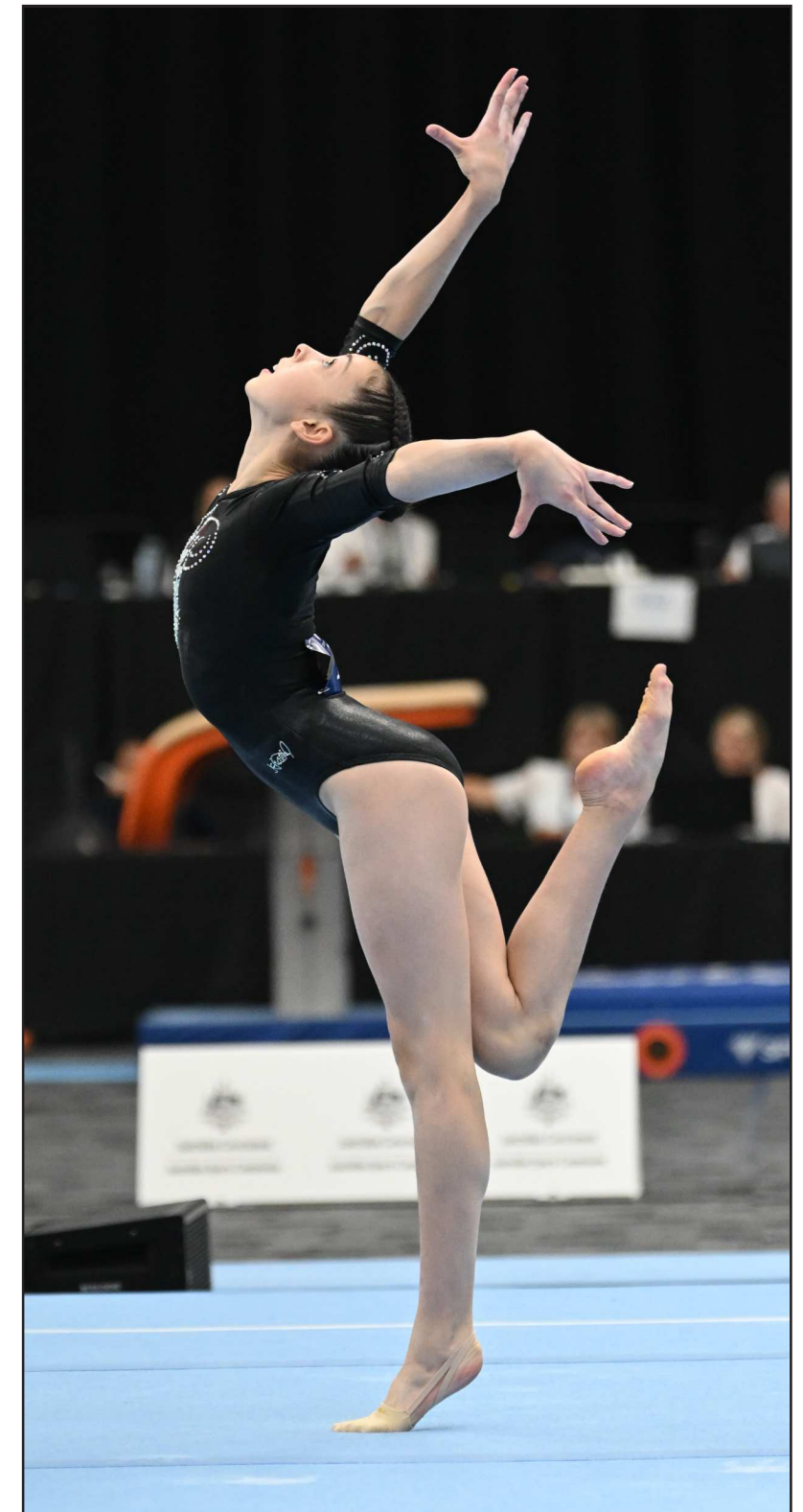
I have earned multiple national titles and proudly represented New Zealand on the international stage, including at the Junior World Championships in Turkey and the Junior Classic Competition in Australia, where I won a gold medal for New Zealand on the Uneven Bars.

My long-term goals include representing New Zealand at the 2025 World Championships, the 2026 Commonwealth Games, and the 2028 Olympic Games. To achieve this, I continue to push my limits, refining my skills and gaining as much experience as I can at top-tier competitions.

Most recently, I have been selected to compete at two prestigious world events: the DOBRO World Cup in Croatia and the Artistic Gymnastics World Cup in Doha this April. These competitions mark a crucial milestone in my career, providing me with the opportunity to test myself against the world's best gymnasts.

I am dedicated and determined to make my mark on the international stage and proudly represent New Zealand in the years to come.

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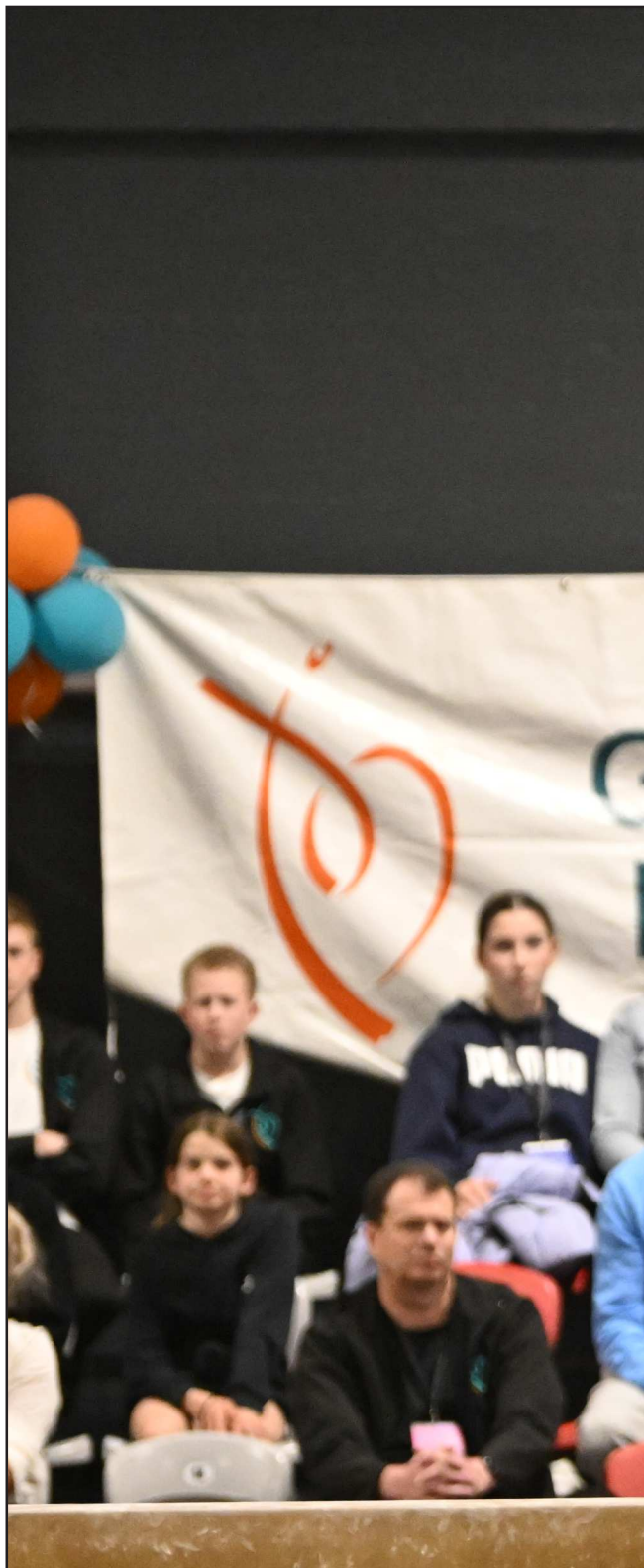
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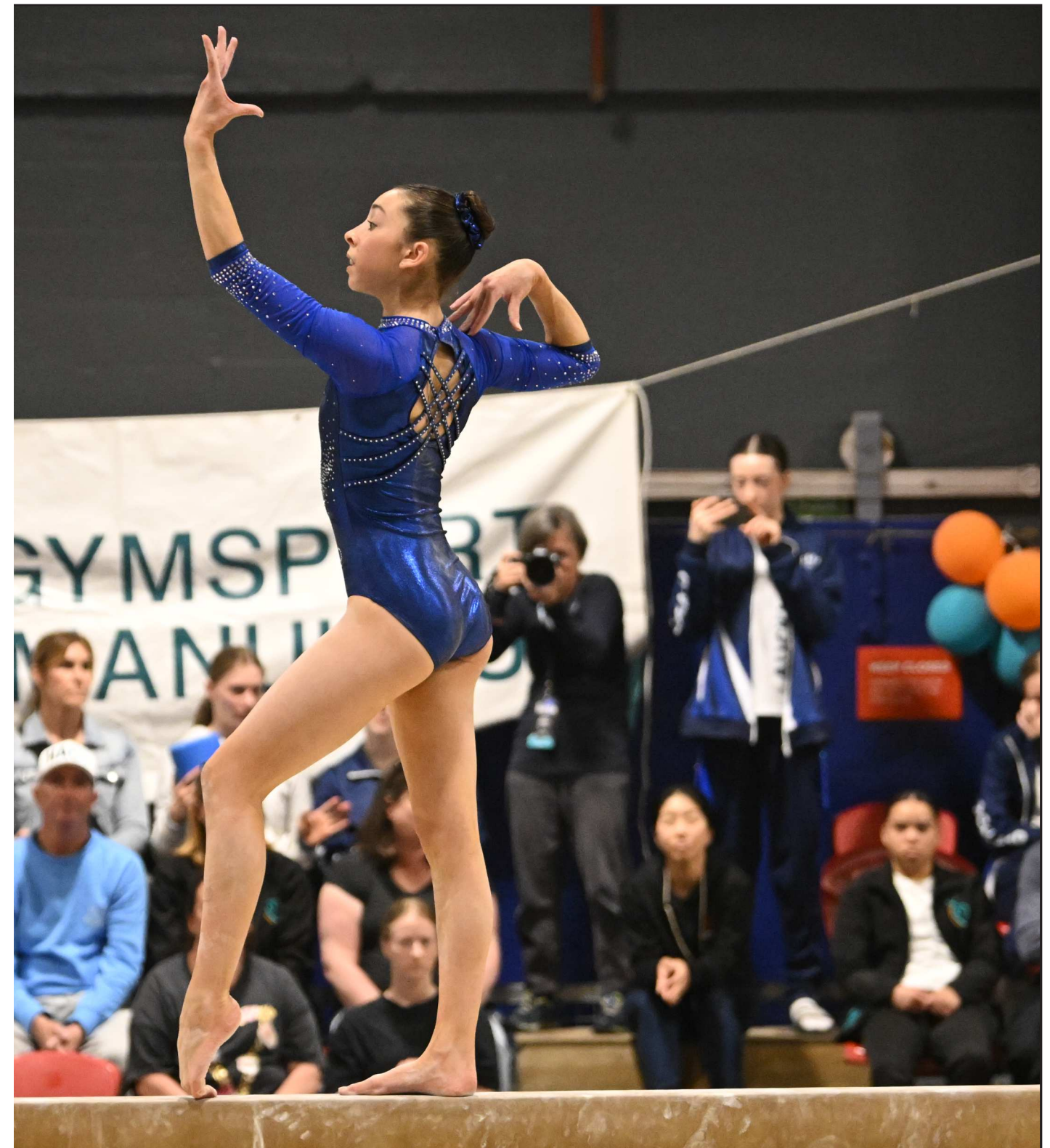




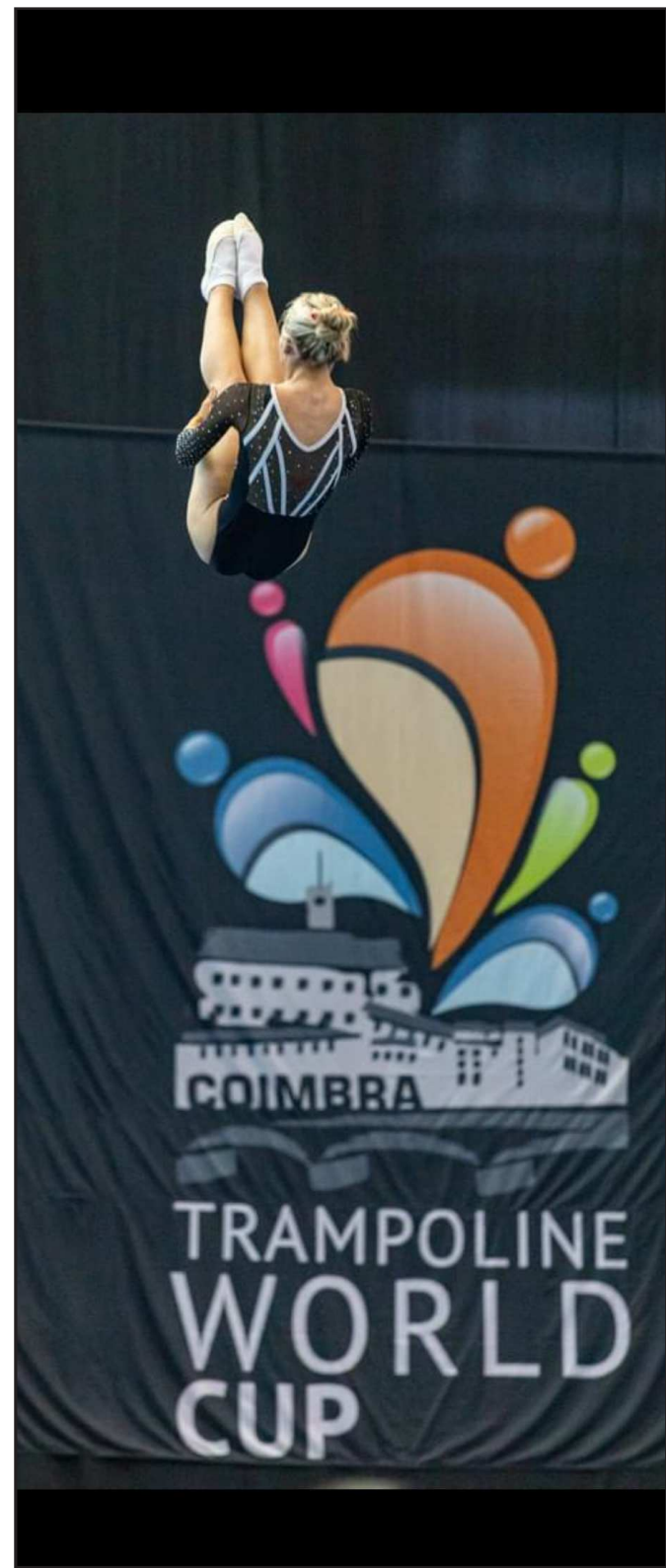
FREYA REID



Rielle Bonne



FREYA REID



Rielle Bonne



Henley mCGREGOR

Henley is a 9 year old level 6 gymnast from Mississippi. This is her 5th year of competing. She was the beam state champion in level 2. She was the vault, floor, and all around Xcel gold state champion. She was 2nd out of over 150 Xcel gold gymnasts in MS landing her a spot on the Ms regional team. She placed 3rd on vault, 5th on floor, and 8th all around as an 8 year old at region 8 Xcel regionals in South Carolina. So far this season, Henley is currently on the top 100 list for her vault score of 9.625 in level 6. She was on the top 100 list in 2022 for her floor score of 9.8. Henley has had lots of

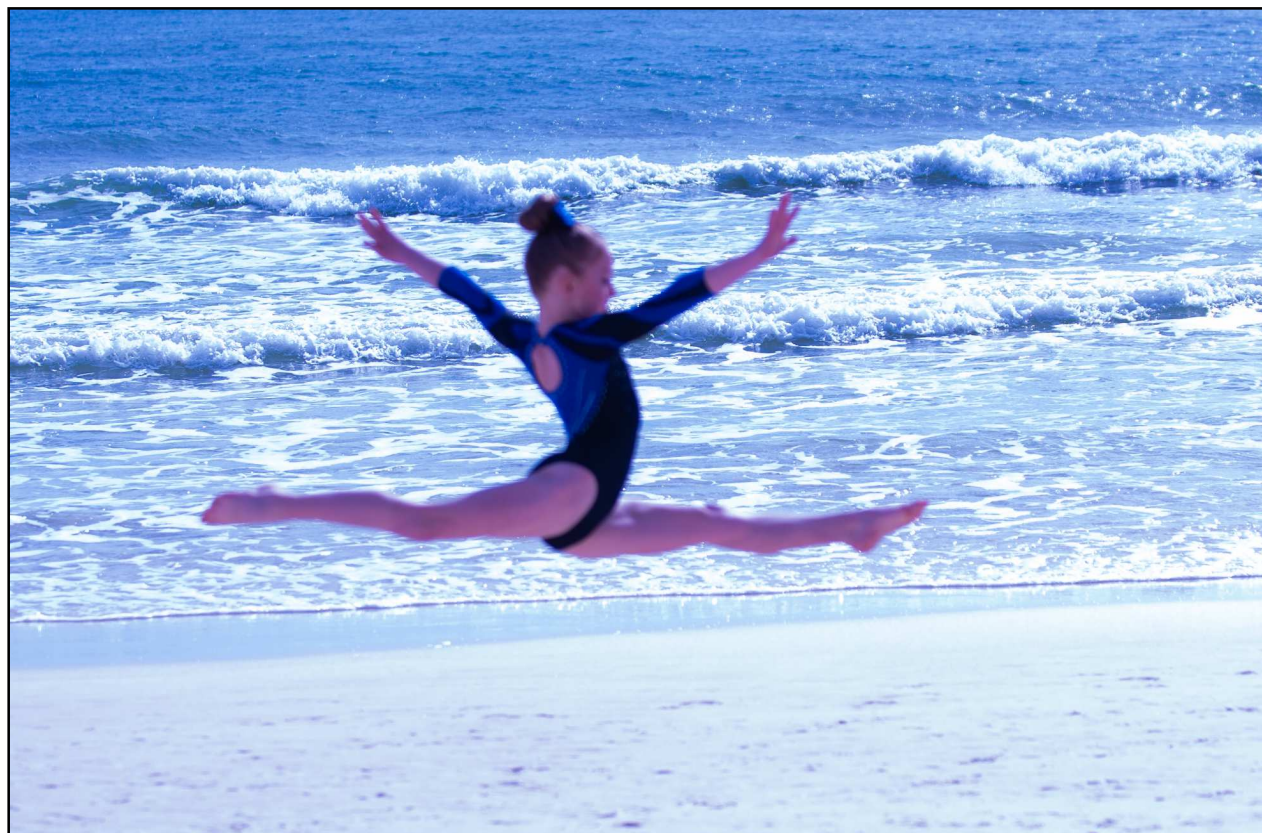
achievements, but it hasn't always been easy for her. She lost her home in a tornado on April 1, 2023. She lost every leotard and piece of gymnastics equipment she owned. She began homeschool gymnastics shortly after the tornado and has absolutely soared in the last 18 months. She is a fighter and is determined to be the absolute best she can be! In addition to gymnastics, Henley also plays basketball and travel softball! Gymnastics is her love and her goal this year is to make the regional team again. She hopes to be a college gymnast in the year 2034!



Rielle Bonne



HENLEY MCGREGOR



all while representing Canada with pride. It was an emotional moment to stand on the podium, knowing that my hard work had paid off and that I was able to bring home a medal for my country. This achievement was not only a personal victory but a reflection of the commitment and dedication of everyone who has supported me along the way.

Beyond the medals, the experience has also instilled in me a deep sense of gratitude for the opportunities I've had in this sport. Trampoline Gymnastics has introduced me to incredible athletes from all over the world and has provided me with the chance to represent my country on the global stage. Each competition has been a stepping stone, and each moment has fueled my passion to continue striving for even greater success.

As I look to the future, I am more motivated than ever to continue competing at the highest level and to inspire the next generation of athletes. I want to show that with hard work, determination, and the right support, anything is possible. My journey has only just begun, and I am excited for the next chapter in my pursuit of excellence in Trampoline Gymnastics.

I am incredibly proud to be a World Age Group Bronze Medalist, but more than that, I am honored to represent Team Canada on the world stage. This achievement is a reminder that dreams are not only meant to be imagined – they are meant to be realized through dedication and passion. The journey to the top is never easy, but it is always worth it.



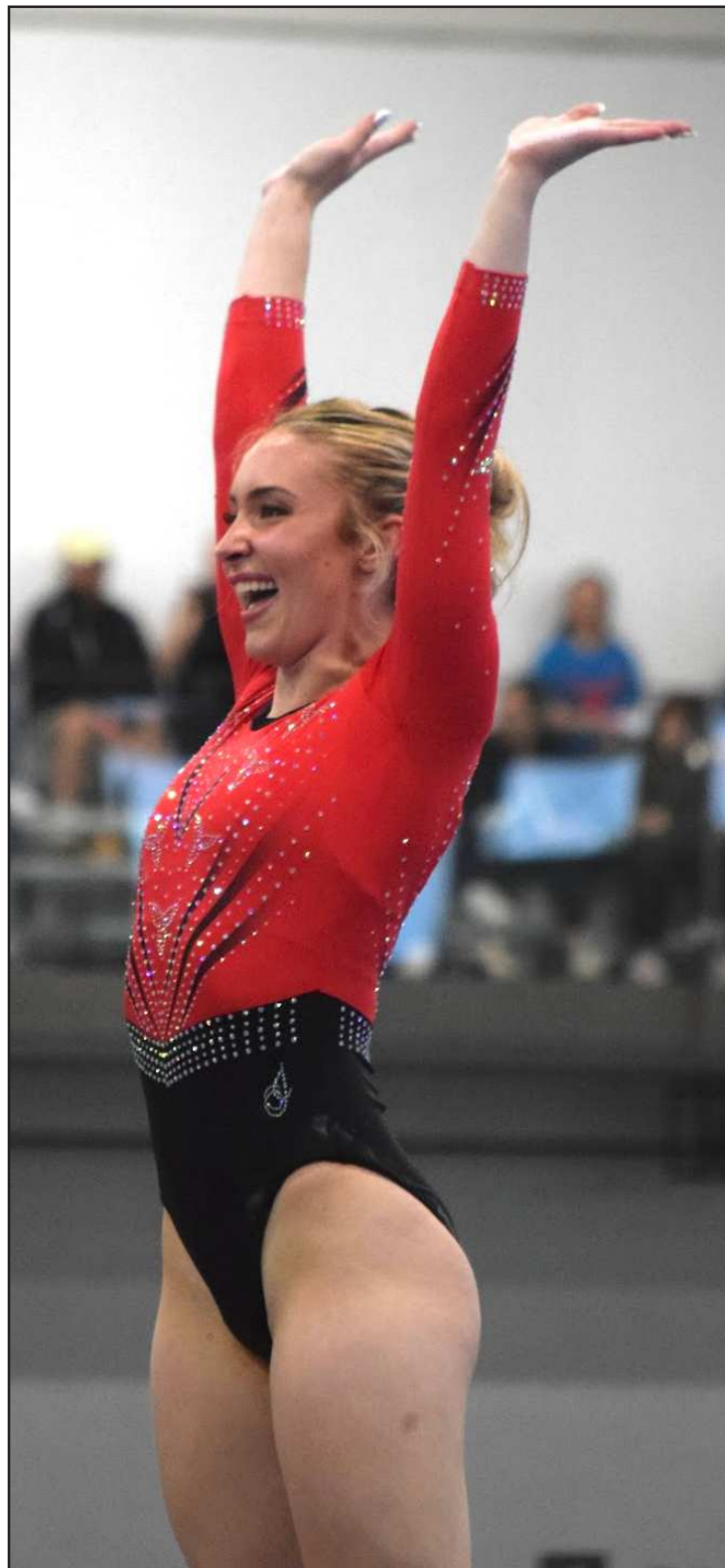
Rielle Bonne

Growing up, I always had a vision of one day competing for Team Canada. The idea of representing my country on the world stage filled me with determination and pride. From a young age, I was captivated by the discipline, precision, and grace of Trampoline Gymnastics. As I honed my skills and pushed my limits, I knew my dream of wearing the red and white of Team Canada was within reach.

Through years of hard work, dedication, and perseverance, I was fortunate enough to realize that dream. I had the honor of representing Canada in the prestigious World Age Group Championships in Trampoline Gymnastics, where I earned the remarkable achievement of a Bronze Medal in the highly competitive 17-21 age category. This accomplishment was not only a personal milestone but a testament to the incredible support I've received from coaches, teammates, and my family along the way.

Achieving this level of success in such a demanding sport has been a transformative experience. Trampoline Gymnastics is not just about the physical jumps and flips; it's about mental resilience, focus, and a constant drive for improvement. Every training session, every fall, and every setback was an opportunity to grow stronger, to rise higher, and to push through boundaries I never thought possible. The relentless pursuit of excellence became part of who I am, shaping my character both inside and outside the gym.

Competing at the World Age Group Championships taught me invaluable lessons in discipline and teamwork. I learned how to manage the pressures of competing at an international level,



HENLEY MCGREGOR



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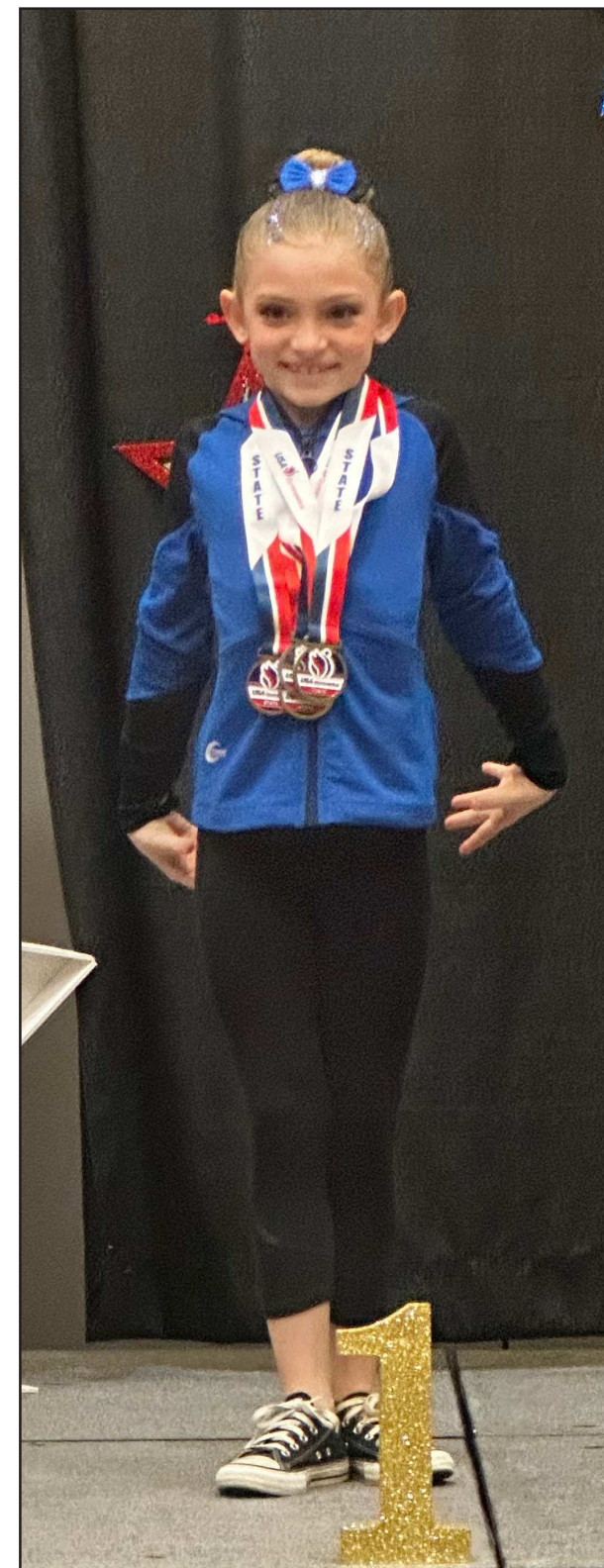
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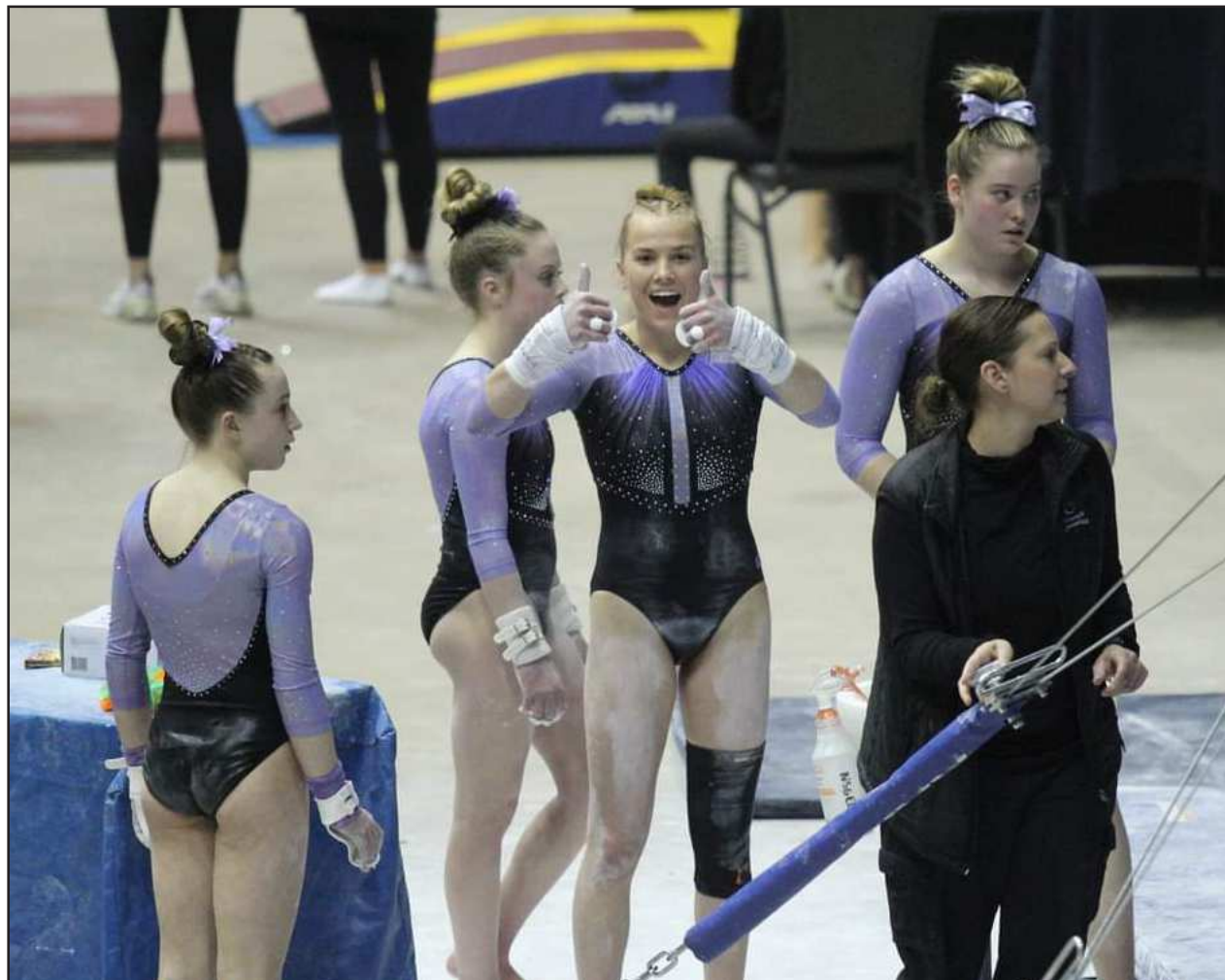


natalya scholes

My name is Natalya Scholes, and my dream is to compete as a Division 1 gymnast at a college. Gymnastics is more than just a sport to me—it's my passion, my drive, and a reflection of who I am. The journey to achieving my dreams has been filled with challenges, but each hurdle has only made me stronger. I have big goals, but my primary focus is always the same: to be better than I was yesterday. Each day, I aim to improve by at least 1%, knowing that consistency and small progress are key to success. Along the way, I have faced many obstacles that have tested my determination. One of the biggest challenges in my gymnastics career came when medical issues prevented me from competing for six years. During this time, I questioned my future in the sport, but I never gave up. I knew

that in order to return stronger, I had to be patient and persevere through the adversity. Now, as a Level 10 gymnast, I specialize in bars and beam. I am incredibly proud of how far I've come. Some of my recent achievements include placing 2nd on bars and 3rd on beam at regionals. While those accolades are important to me, I consider my most significant achievement to be the growth I've experienced as an individual. Through everything, I've managed to stay true to who I am, maintaining a positive attitude and encouraging those around me. I am grateful for the chance to teach and inspire others, sharing what I've learned along the way.

Photos Credits: Brandon and Jennifer Scholes





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Holland TYSON



Hi my name is Holland Tyson and I'm 19 years old and go to Wake Forest University. I started dance and gymnastics at a young age of one doing mommy and me classes. Dance and gymnastics has been a major part of my whole life. I have won multiple regional and national titles in dance. In gymnastics I excel in floor and I have received a 9.875 on this event. During

these sports I have struggled with back pain from having hyper mobility syndrome. My favorite part of these sports was being able to show my artistic side.

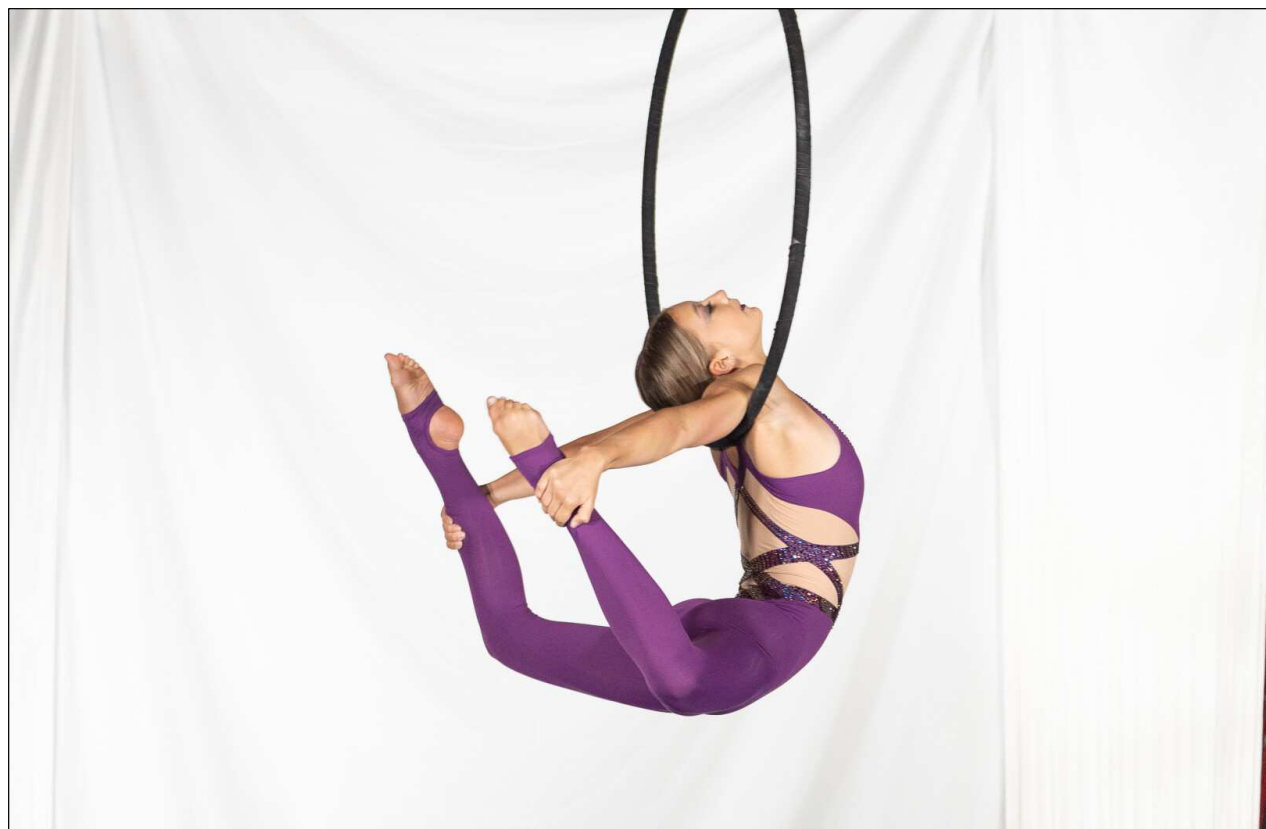
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JOE SHEKHTER



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JOE SHEKHTER



Joe (Joey) Shekhter, age 7 loves the sport of gymnastics! Joey is a part of a wonderful program at Lakeshore Academy of Gymnastics led by coach Arkadi who challenges him to do his best and achieve high goals daily. This past year Joey has had tremendous growth making it to Regionals and placing 3rd all around! While he takes this sport seriously he is also very fun loving with a great sense of humor that helps him get through challenging times athletically. While the routines become more challenging both mentally and physically, his coach is side by side providing wonderful guidance and motivation. Joey is a mind over matter thinker that has allowed him much success this year by putting up quite the challenge for his competitors as he has excelled through the season. When most kids are ready to go home after practice, Joey chooses to stay after hours to keep working hard as his "inner coach spirit" never wants to give up, constantly striving for success! Joey's idol is Paul Juda and he was thrilled with a surprise home visit from Paul this year and several other meet and greets. Joey's hopes and goals are to go to a D1 school with Olympic goals in mind! Finishing this 2024/2025 season, Joey feels more confident and ready to bring on the next challenge!

Photos Credits: Andrea & Alex Shekhter

