

*i*DANCE

MAGAZINE

Milford Performing Arts Center



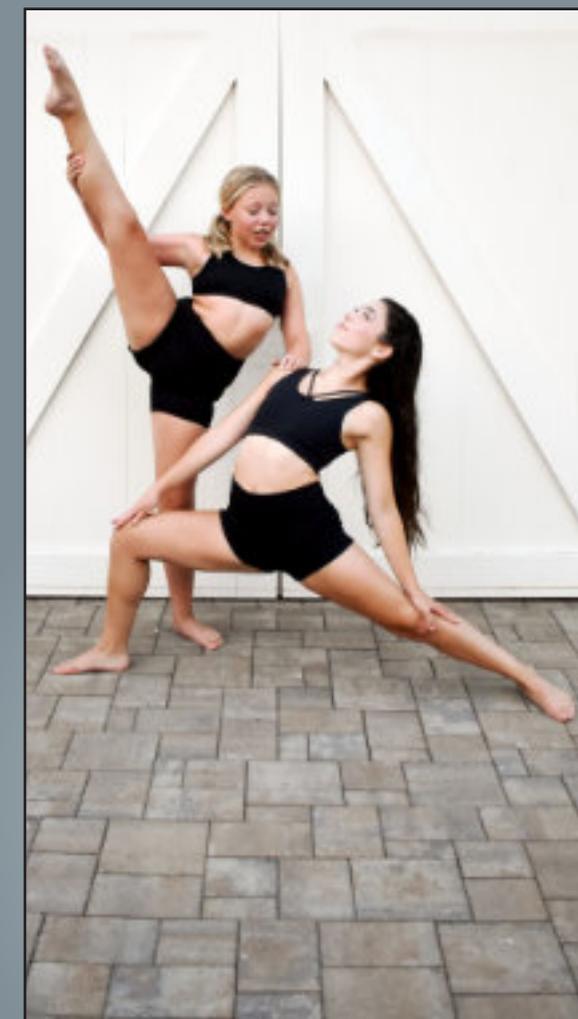
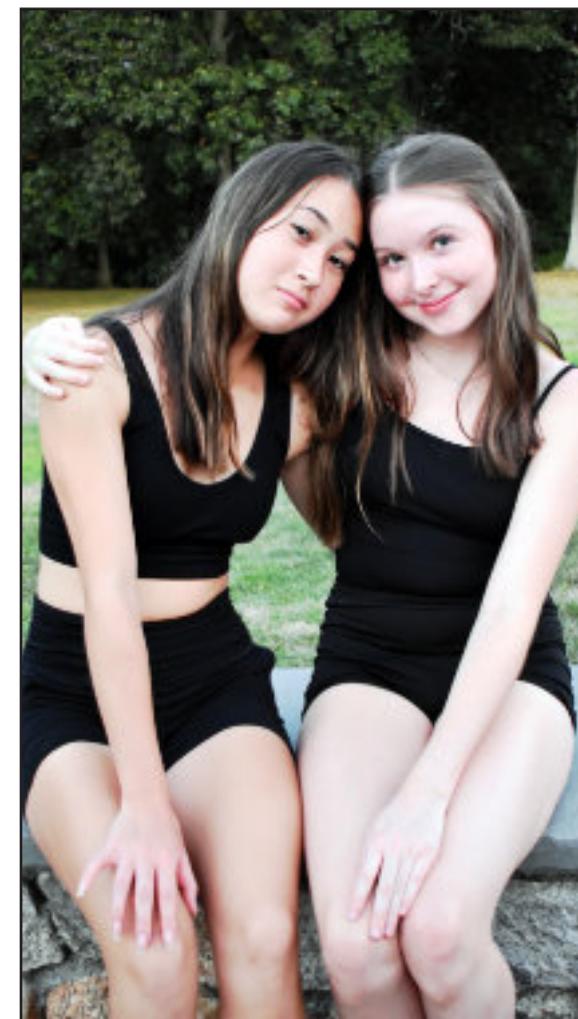
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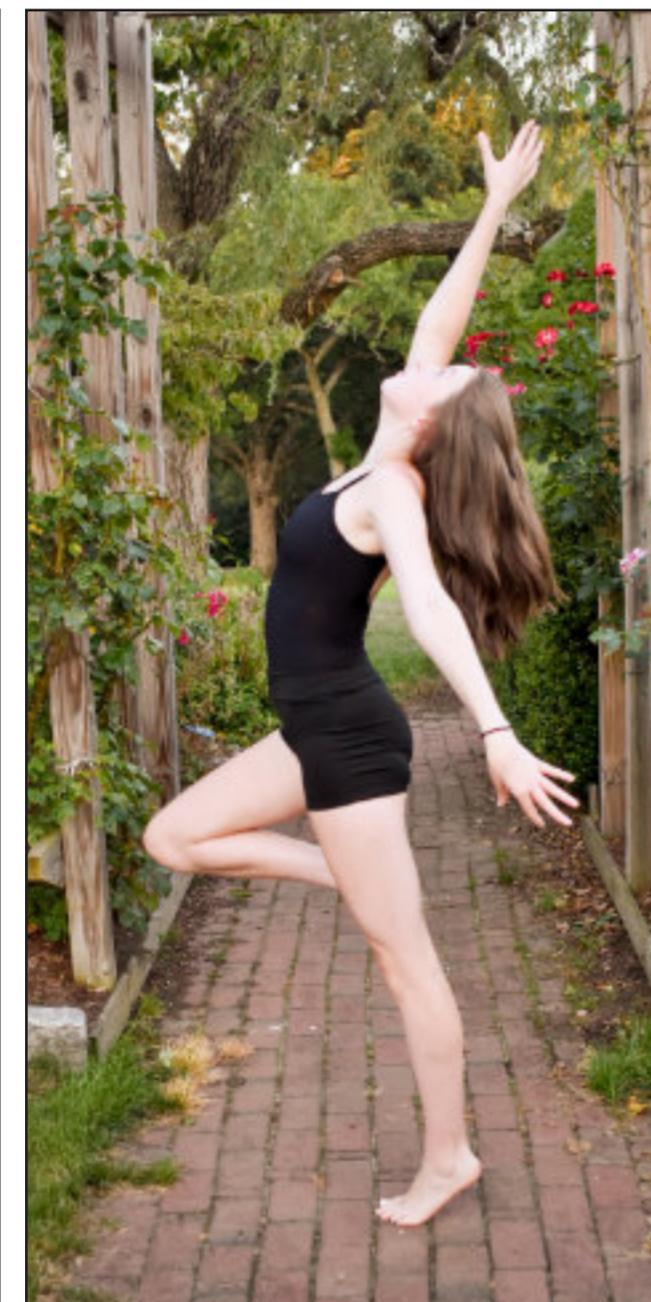
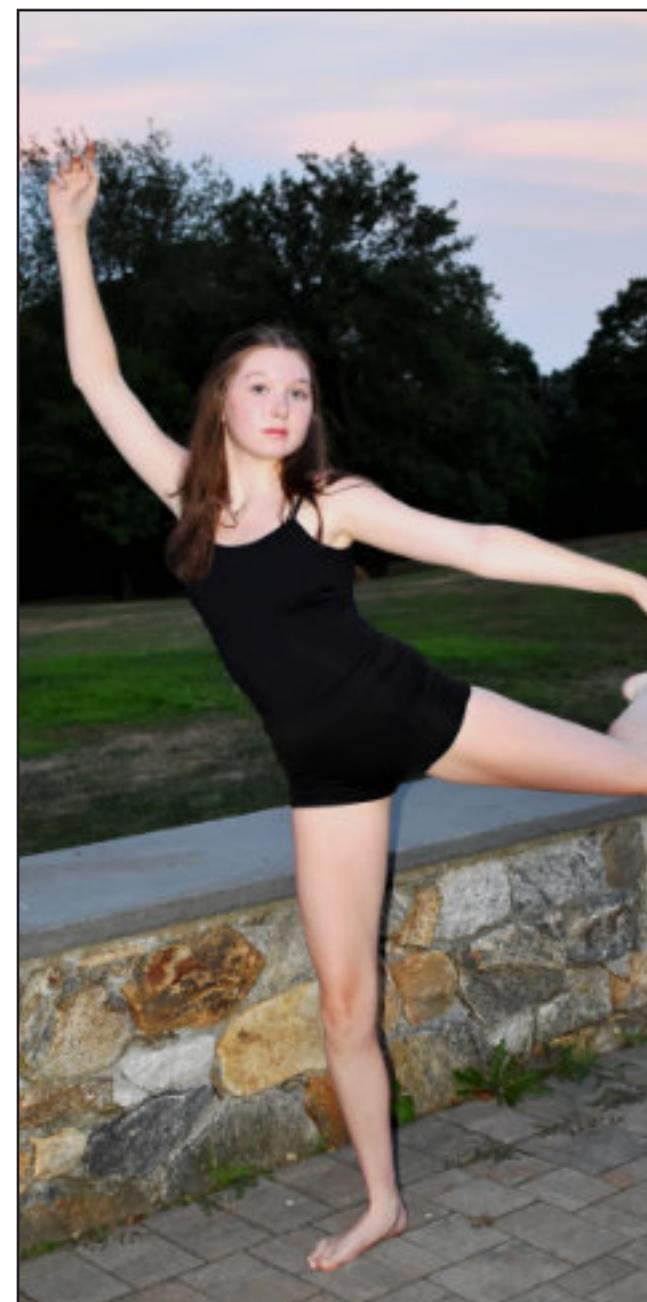
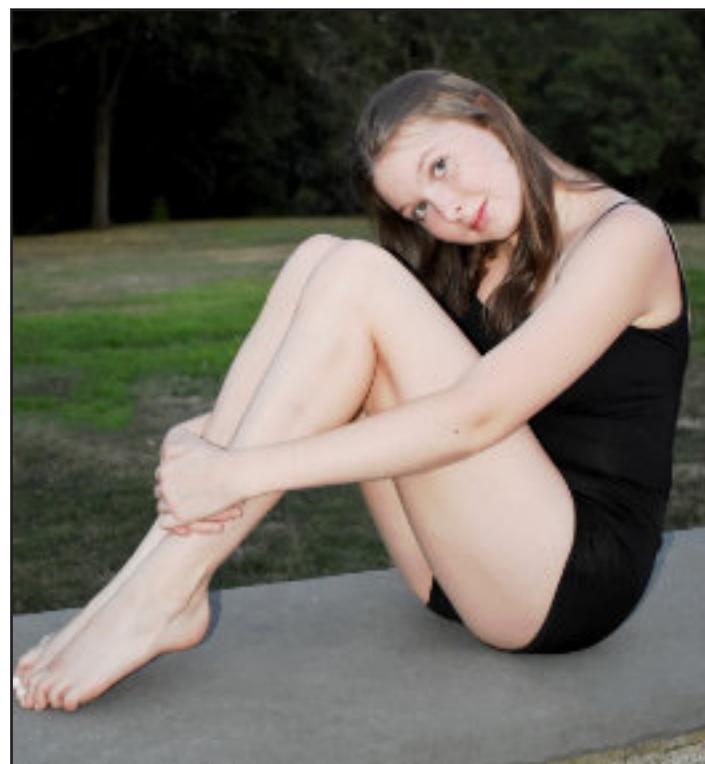
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Content Preview



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Abigail Liscinsky

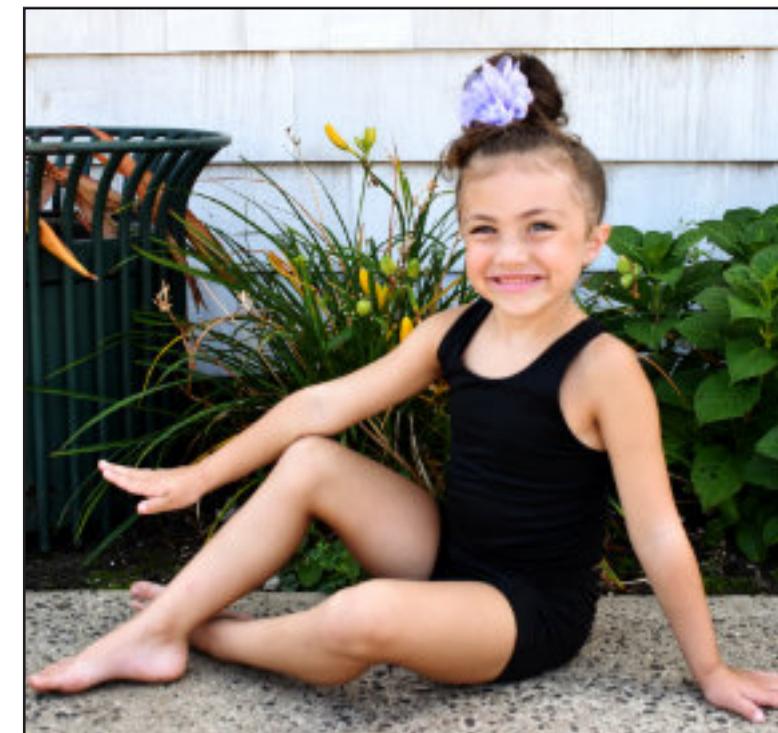
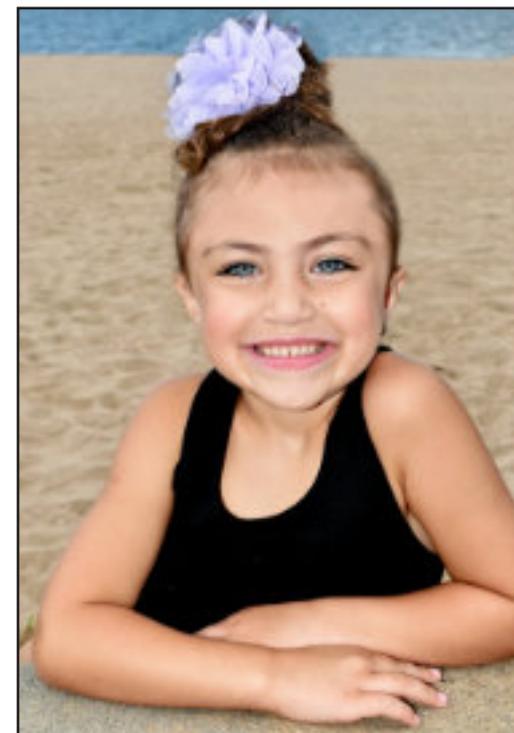


Hi, I'm Abigail Liscinsky but I go by Abby and I am 16 years old. This year will be my 9th year of dancing at mpac. I take lyrical, jazz, tap, and hip hop. My favorite style has got to be tap. Tap has been my favorite since I started and I love learning new tap steps. I love dance because it is a way for me to get away from all the stress I have and it brings me joy. My favorite memory from a

competition has got to be going to nationals. A whole week with all my dance friends was so fun. We all went to Disney and had so much fun.

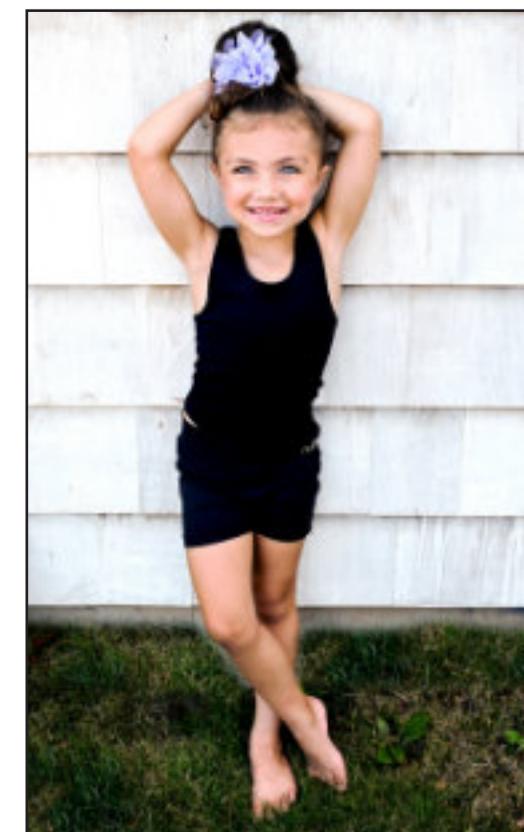
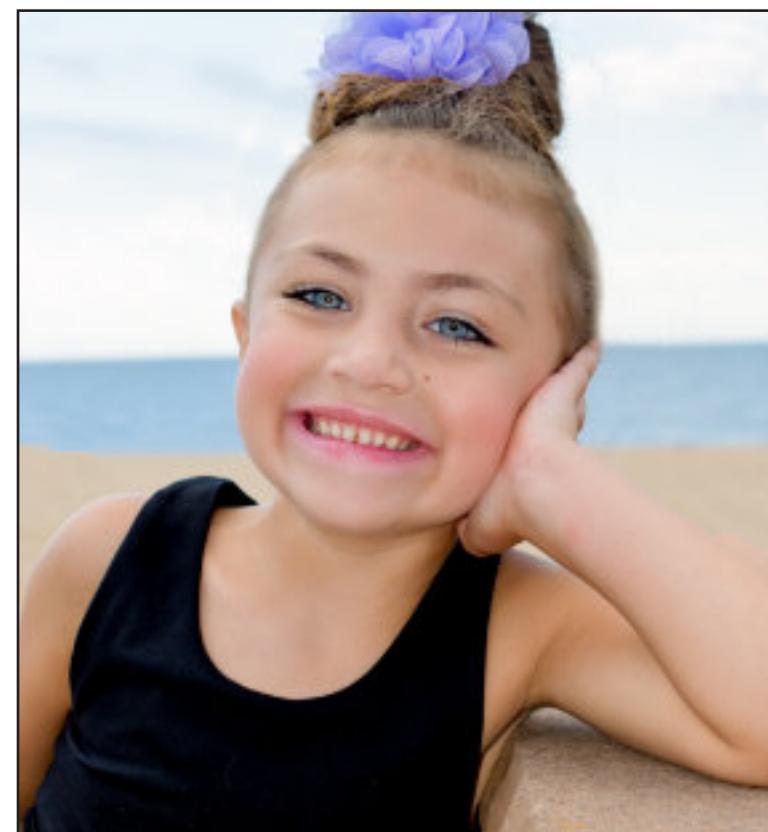
My favorite memory from recital was getting my 5 year award. My hopes, dreams, and goals for this year are to get more flexible, get more tricks, and get even better scores at competition.

Adrianna Dunford

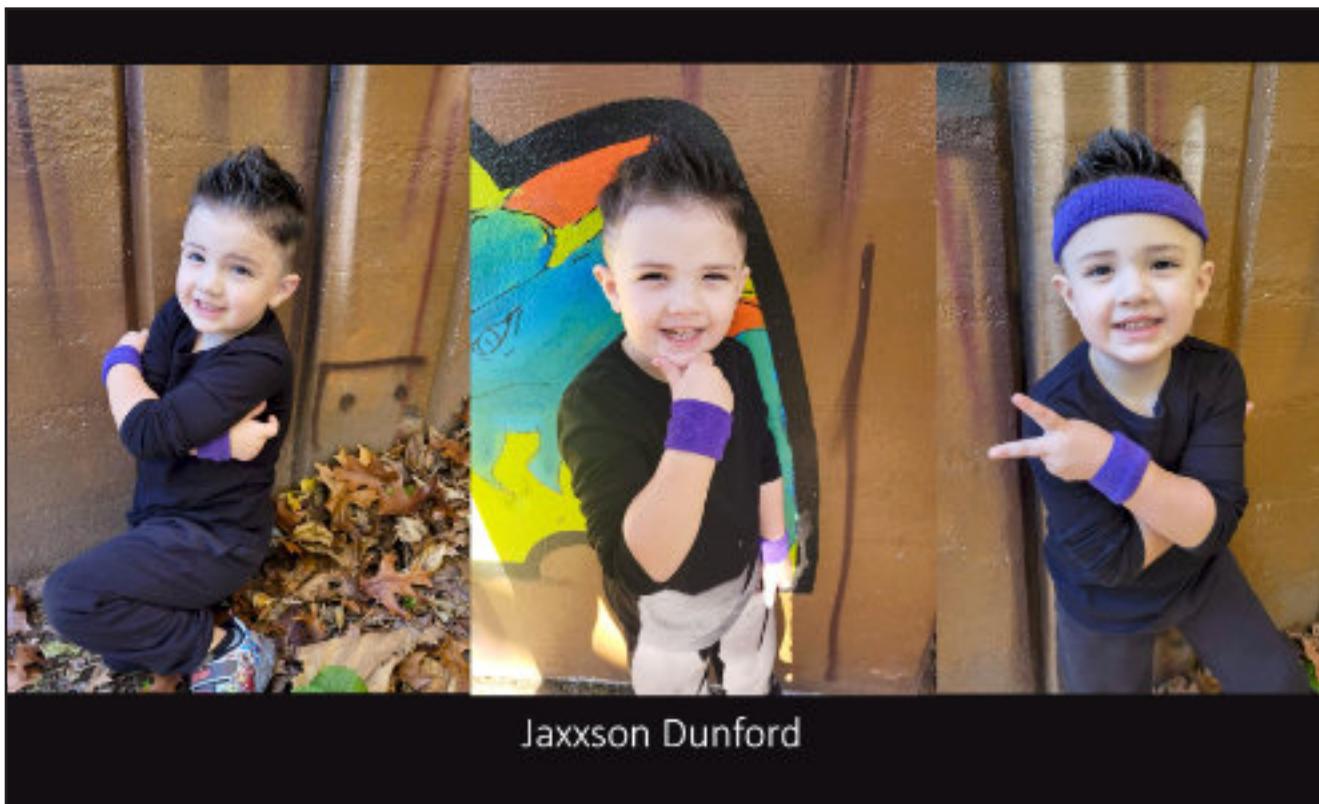


My name is Adrianna Elizabeth and I am 5 years old.

I started classes at 2.5 years. Now, a couple years later, I'm in my 2nd competitive season of dance with the MPAC Dance Team. I am even performing two duos this year! I love tap, hip hop and modeling in local pageants. I have won 'Prettiest Eyes' & Photogenic awards at regional competitions. I am lucky to have such wonderful teachers that I look up to and am extra excited to be featured in the same magazine with all our team members and even my mom as a teacher!



Alisha Dunford



Jaxxon Dunford

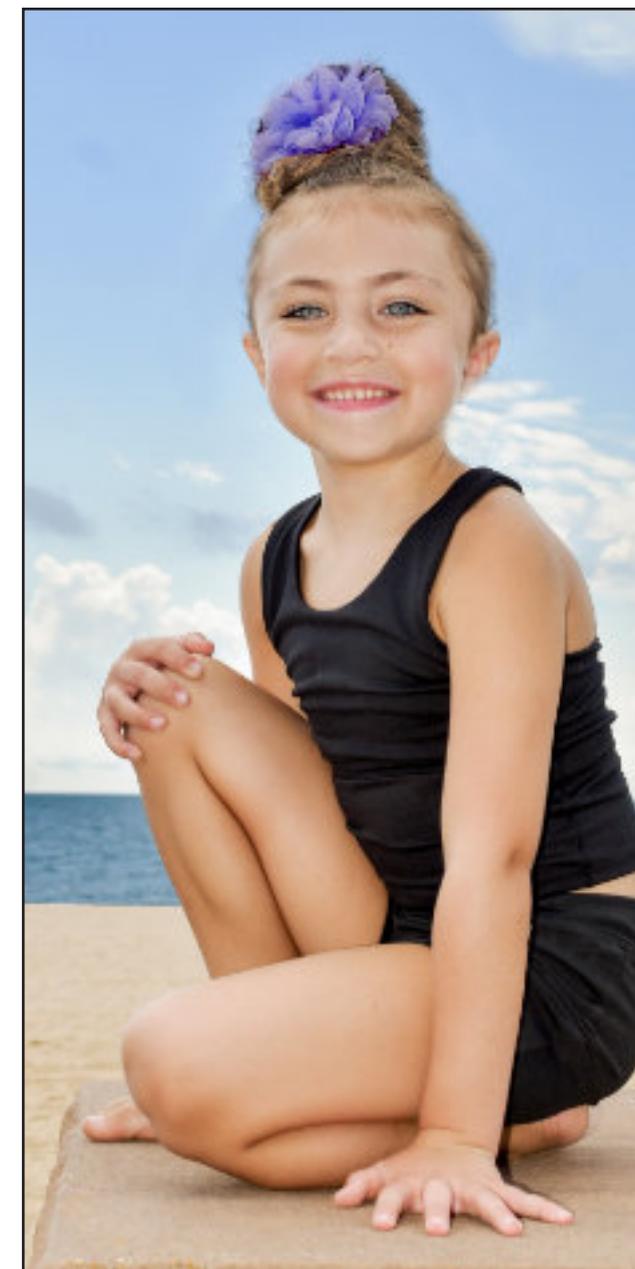


Lia Dunford

Alisha Dunford is a former longtime dance competition member of MPAC. Her entire childhood and adolescent life was dedicated to years of learning and performing dance. Her passion continued to grow as she went on to assist classes, at both the competitive and recreational level, with MPAC, for several years before instructing classes of her own in an array of genres.

Alisha has four children, one of whom is currently part of the Mini Competitive Dance Team.

Alisha finds joy in keeping the balance between teaching and her role at home, in being their mother. The excitement continues in waiting to see what the future holds, not only for each of them, but for each student as well!



Ally Montero



Hi I'm Ally Montero. I have been dancing for 8 years, and specifically dancing at MPAC for 5. I have stuck with dance for so long the because it's my favorite thing. I love being able to express my

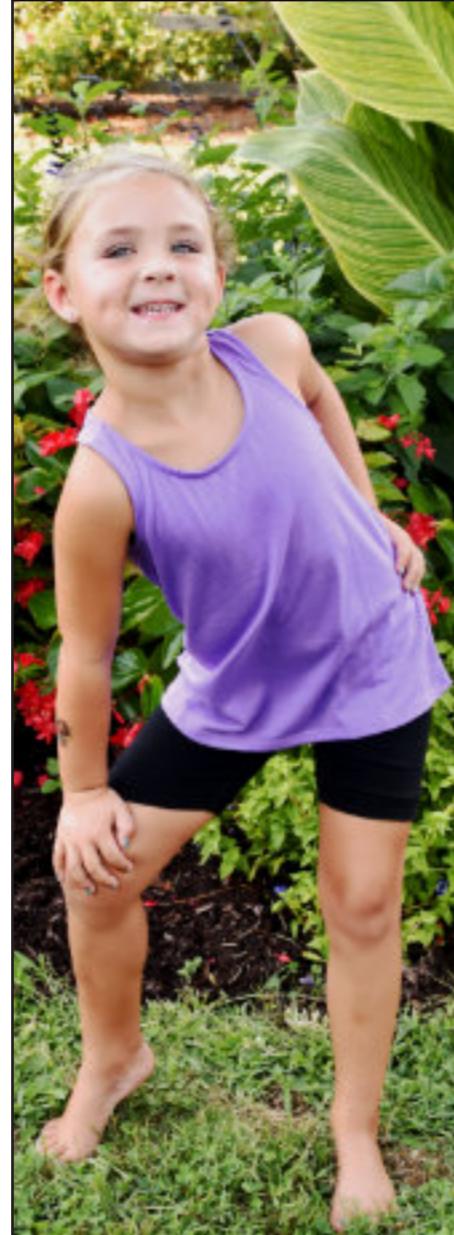
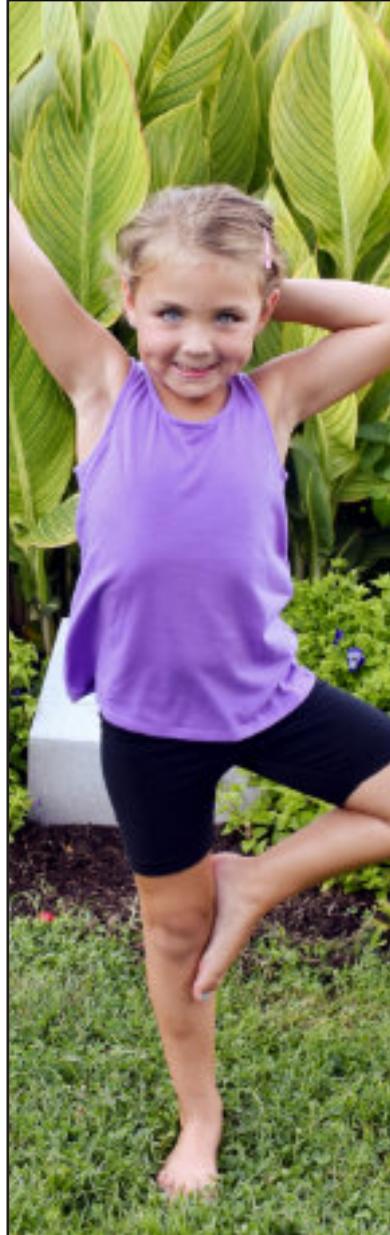
emotions through dancing, and being able to feel free on the stage. I have earned a few top 10 award/ top 5 awards, and I hope to earn more in the future!

Ariyah Perez

Artyah Perez is 10 years old. Her favorite style of dance is hip hop and she loves to sing any and all types of music, especially songs she can dance along to while she sings. By joining MPACs musical theater company, Ariyahs public speaking skills will develop to help her in her future career as a veterinary surgeon. She will learn the confidence needed to succeed not only in public speaking but for interviews as well. We are excited for her upcoming year with musical theatre company to enhance her skills and continue to encourage her to be a strong and confident young woman.



Annabelle Amato



Hi everyone my name is Annabelle Amato, I just turned five years old and have been dancing at Milford Performing Arts Center since I was only 16 months old!!!! I started off with our studios tumble tots class for two years then moved onto just tap class for year number three, year number four I choose tap and ballet, and this year, year number five I'm doing tap, ballet, and mini company jazz! I'm so very excited especially this year! After being on stage this past recital in June, all I ever

want to do is pretend and practice to be on stage any chance I get!!!! I like to perform for my family almost everyday! !

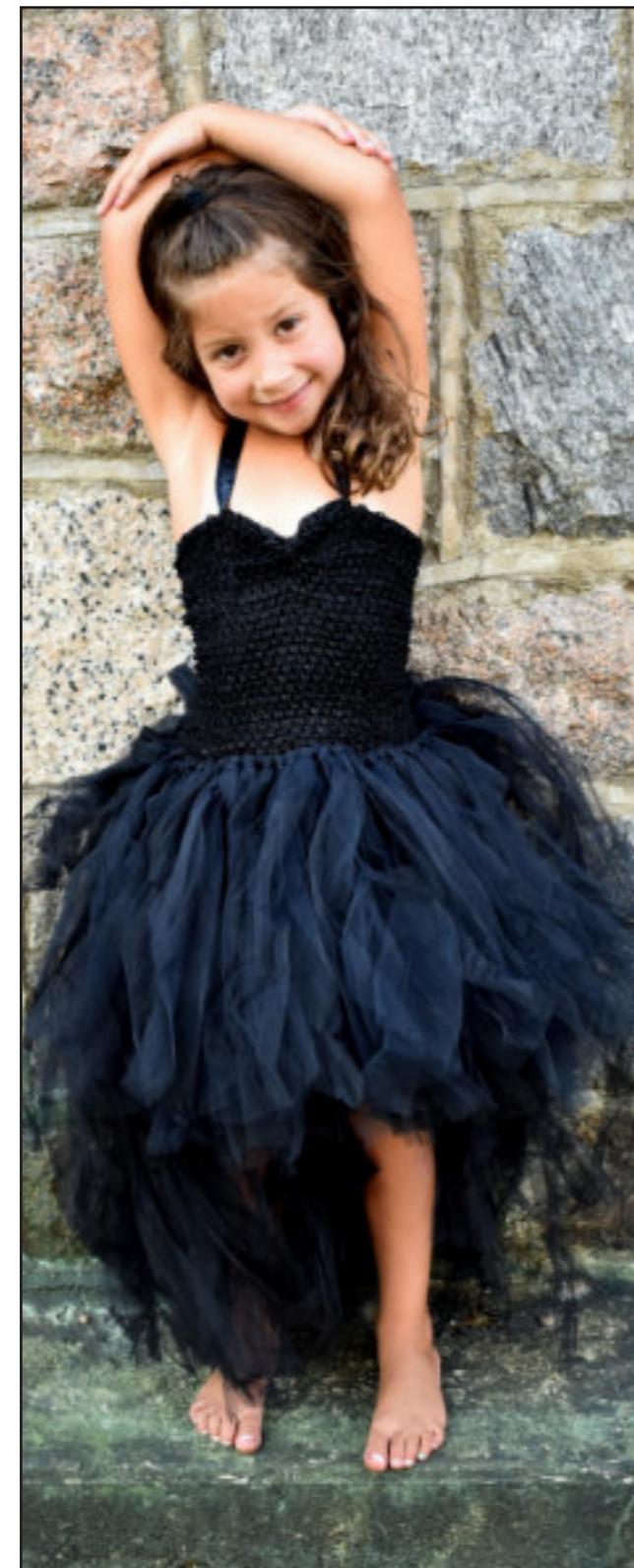
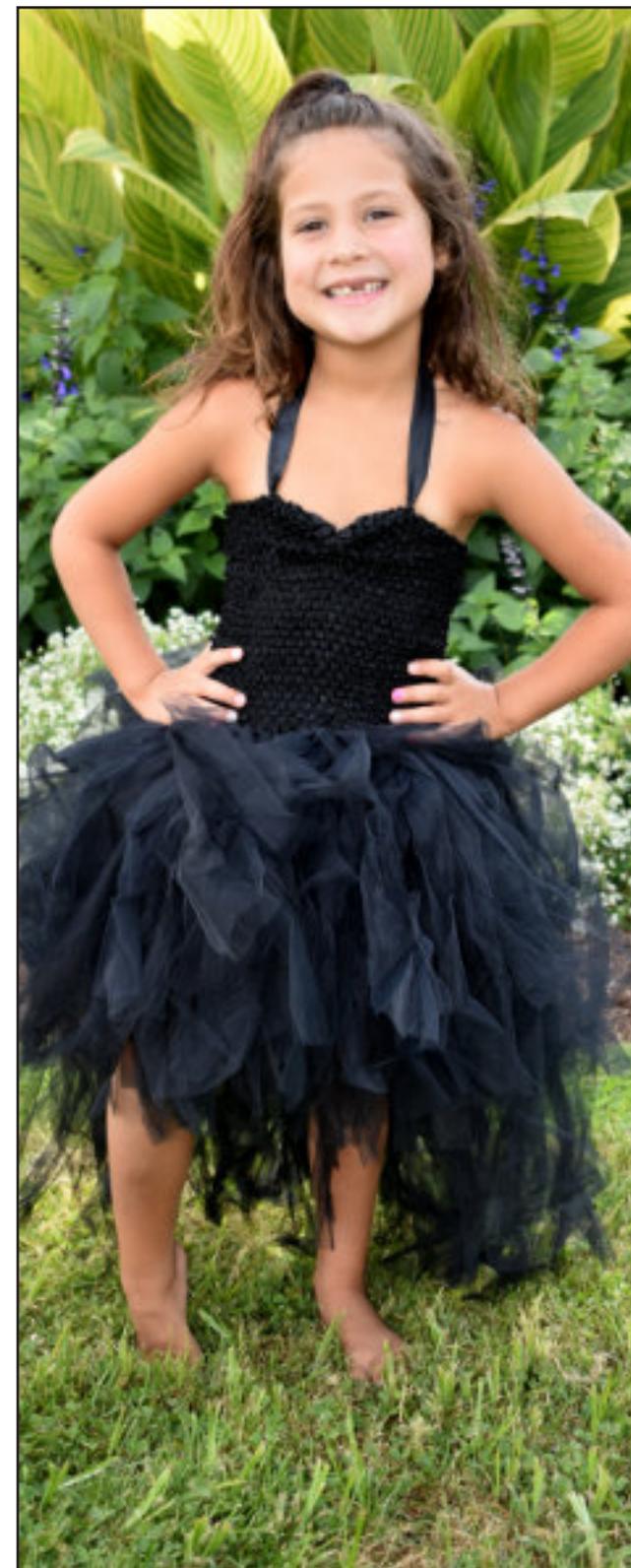
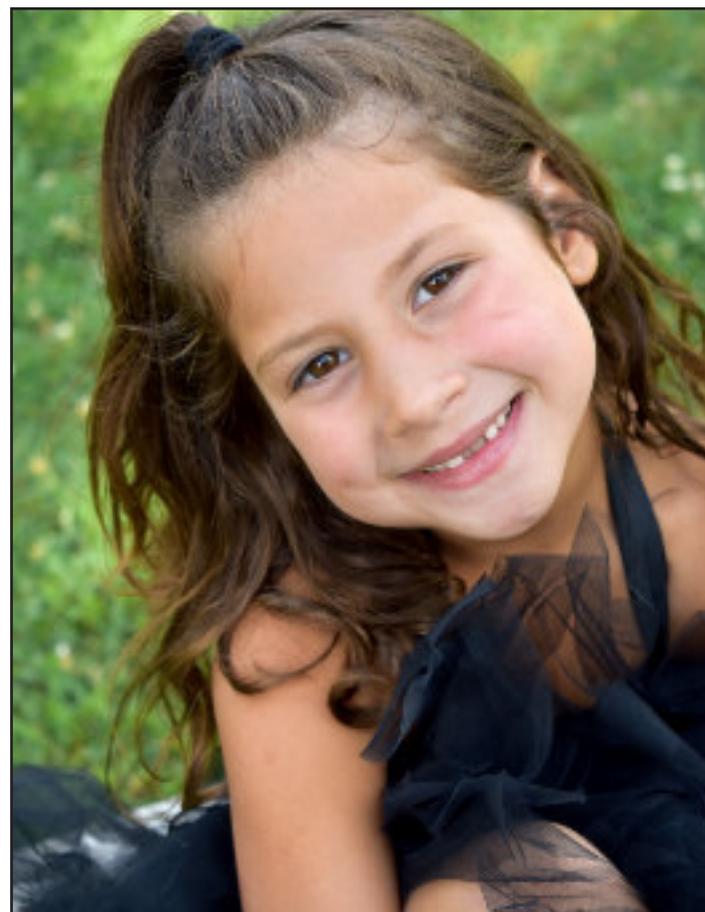
And I enjoy practising my stretches and making my mommy's daycare kids happy when they watch me practice. I look forward to watching the older girls and learning many new things in the years to come.

Aria Kingsley



Hi! My name is Aria Sue Kingsley and I am 6 years old (I'll be 7 in February). I love dancing, musical theatre and Hip Hop are my favourites!! I am a member of the Mini Company at Milford Performing Arts Center.

I wanna be a veterinarian that dances and sings when I grow up. I also love dance because I love my assistant teacher Delaney!

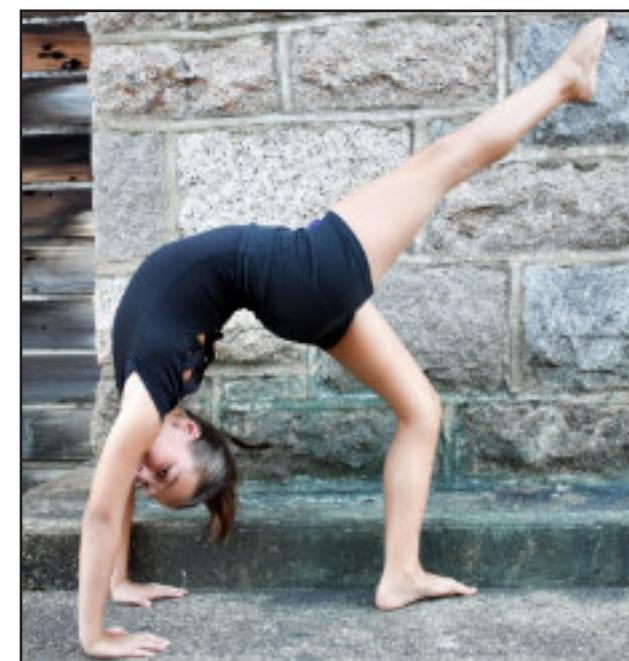
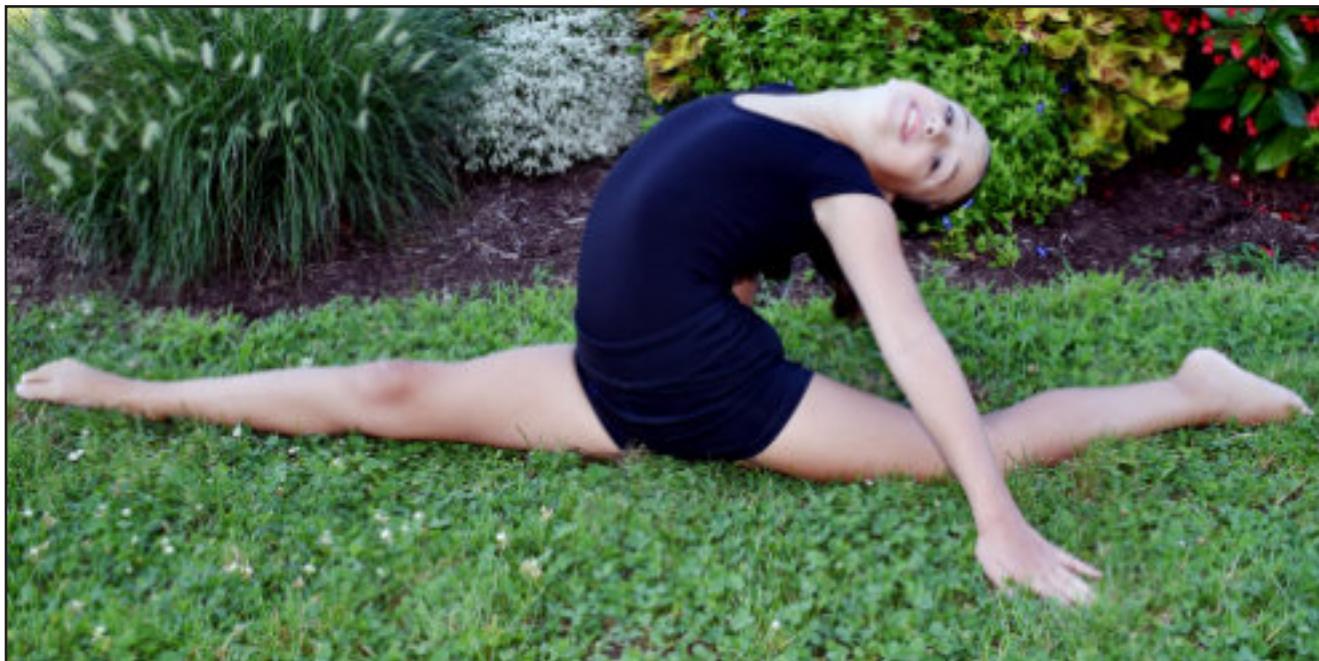
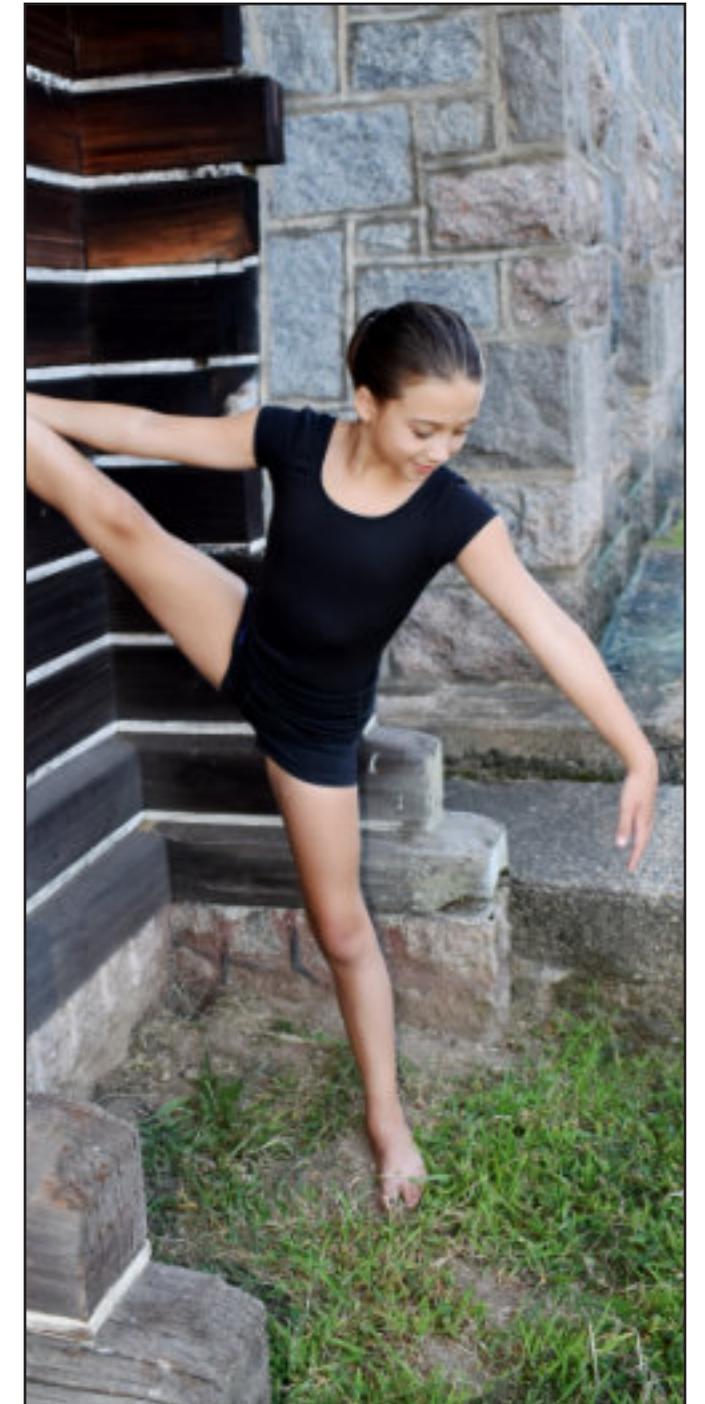
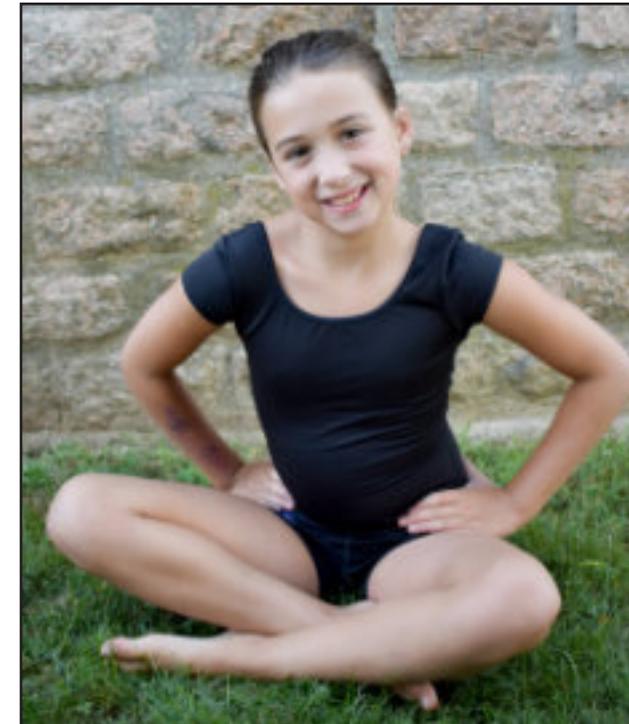


Aubrey Amato



My name is Aubrey Amato and I am 9 years old. I dance at Milford Performing Arts Center. My three most recent achievements are learning to do a back walkover, winning a platinum award at a regional competition, and being asked to be on the All stars jazz team.

My hopes and dreams include becoming a great dancer and inspiring other kids to be dancers too.



Ava Corvino



My name is Ava Corvino and I am 8 years old. This is my 5th year at Milford Performing Arts Center.

Ballet, jazz, hip hop & lyrical are my favorite styles of dance. I like to dance because it's fun and teaches me to push myself to learn new dance routines.

I like being back stage before I go on stage to perform, it's exciting!

My goal is to be as good as all the All-stars at MPAC and perfect my aerial.



Kyle Rouse



Kyle is new to the MPAC hip hop crew. He likes all super heroes but especially Spider-Man. Kyle loves music - pop, and classic rock, country, a little of everything -his favorite song is ode to a super

hero by weird al Yankovic. He's very active and does ninja class too. He's hoping to incorporate all his passions into his hip hop moves!! When kyle grows up he wants to be an engineer and scientist.



Brianna Lucibello



Brianna Lucibello is 7 years old. This is her first year in the MPAC Musical Theater Company.

Her favorite style of dancing is Irish Step Dancing! Brianna's goals are to go on stage and perform!

Also, to be a police officer. Her role models are JoJo Siwa and Alessia and sometimes even mermaids!

Carmella Ruiz



My name is Carmella Ruiz, I am 15 and I have been dancing since I was two years old. Dancing is not just my outlet; when I dance I feel like it is what I was meant to do. When I am on stage, I transform to whomever I need to be to express the choreography in a new way. Dancing to me is so much more than movement, it is a total performance.

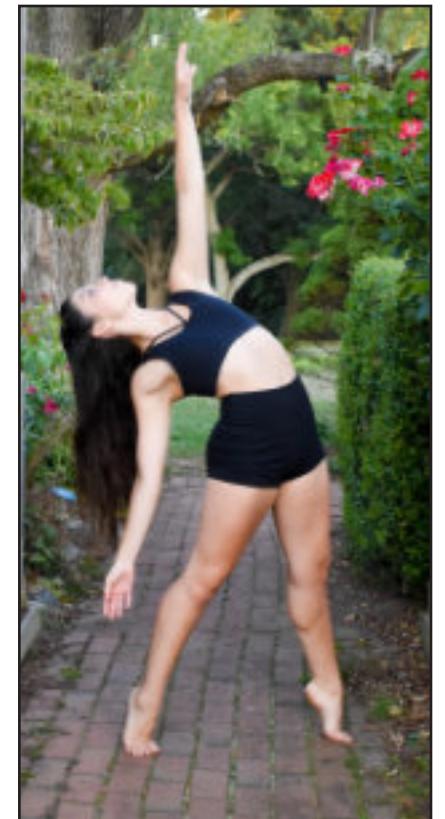
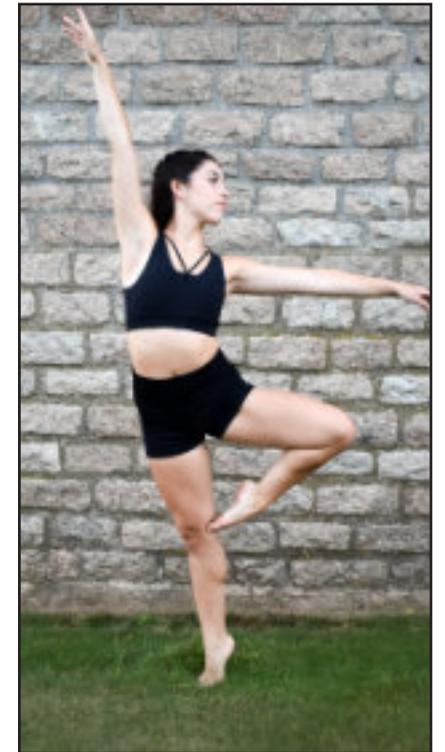
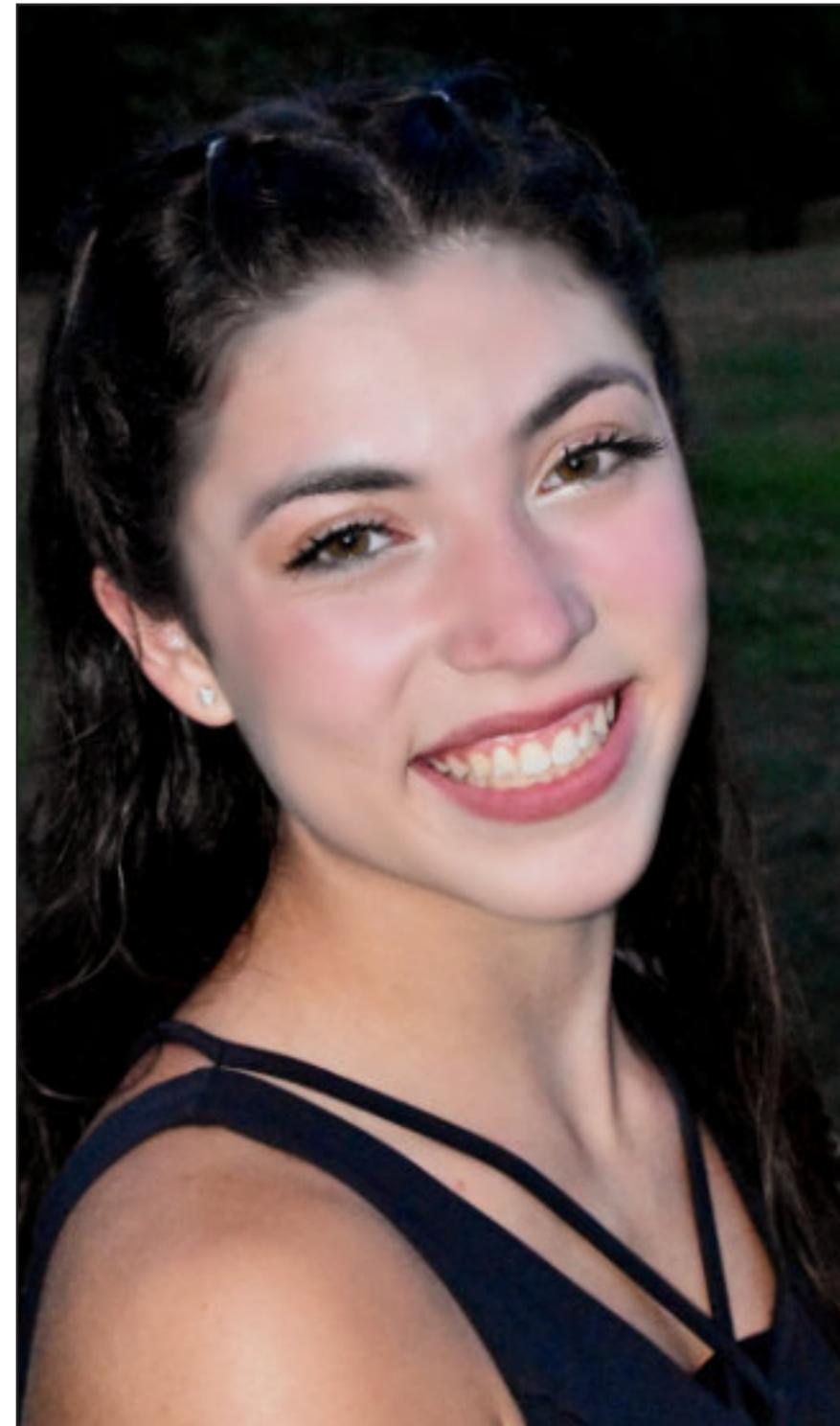
As you can imagine, I train a lot. I train daily, actually. My studio feels like a second home to me, and when I'm not there, I'm dancing somewhere around my home or yard.

Though I train in lyrical, jazz, contemporary, ballet, pointe, tap, and production style dance; my favorite style is hip hop. I have accomplished

several accolades such as title wins, judges choice awards, improv competitions, and many scholarships; but, my ultimate goal is to be a choreographer. Currently I keep a choreography journal with pieces I am making and can't wait to one day bring them to life on stage. My studio and teachers support me with this dream and have given me opportunities to be a dance coach for our younger dancers at the studio. I also am learning different forms of performance dance, as I made my high school varsity dance team.

One of my goals is to learn additional tricks such as an aerial and new break dance poses. Some tricks are easier for me than others to learn, so a challenge I have for myself is to be patient with me.

I am lucky to have the support of all my teachers, coaches, and especially my parents; all of whom encourage me and my dream to continue dancing throughout my life.

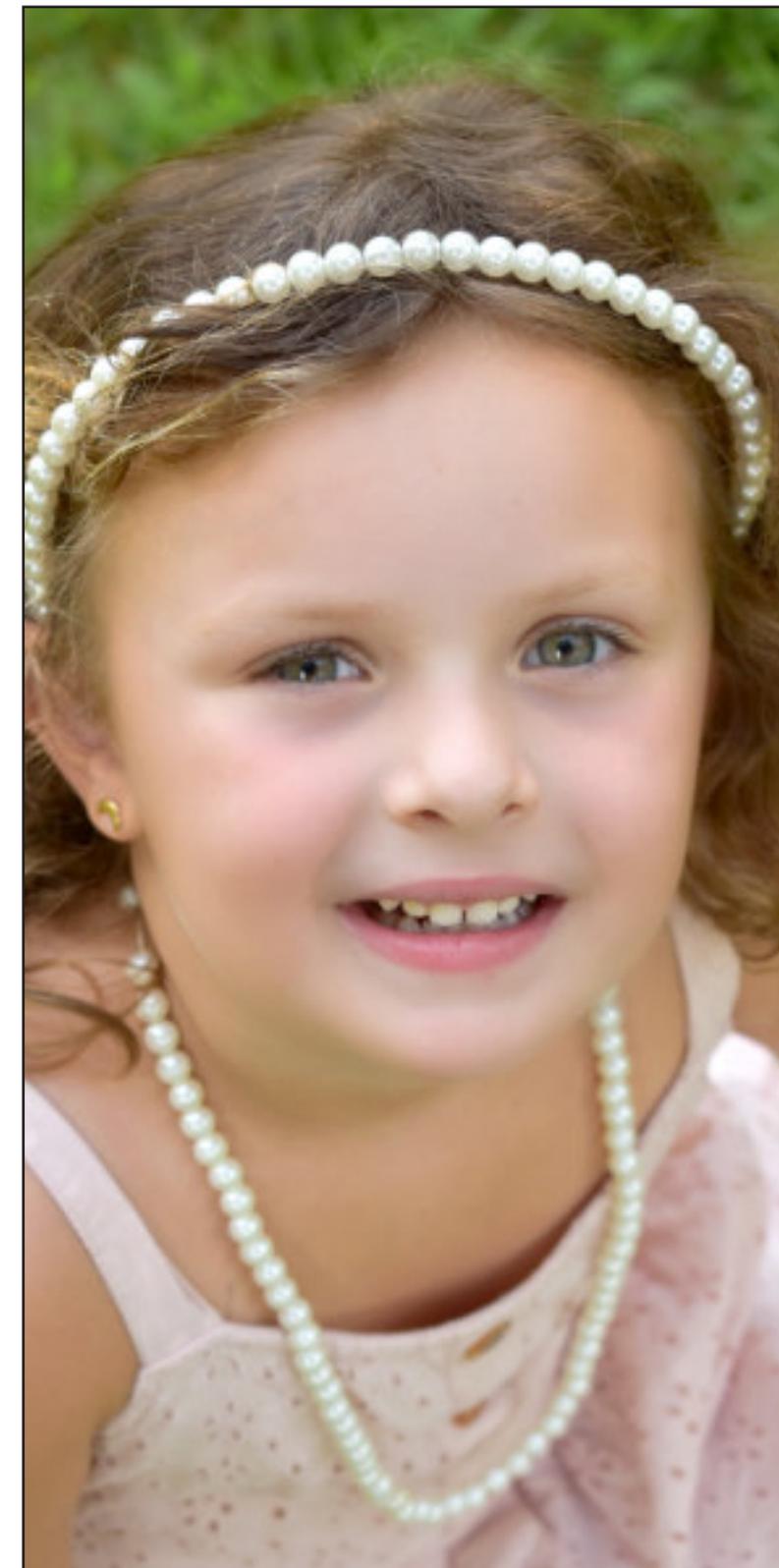


Charlotte Zargos

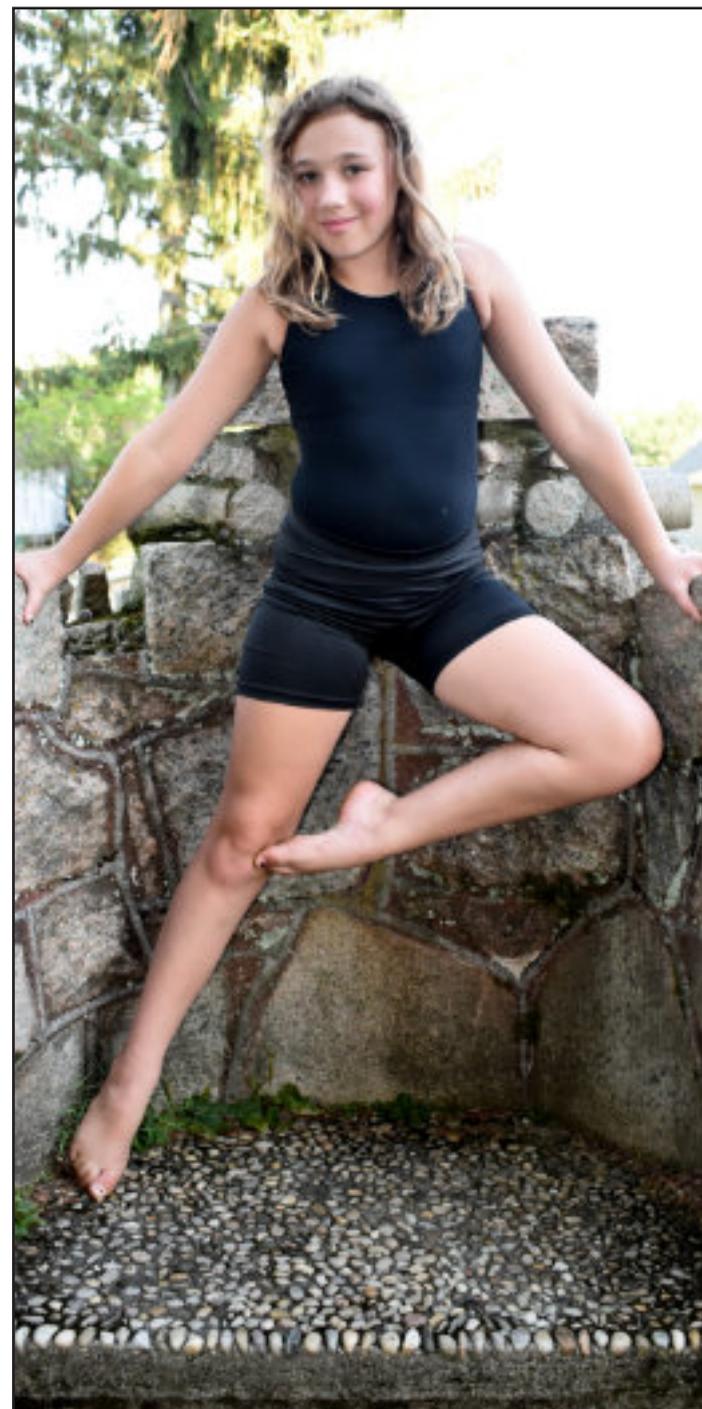
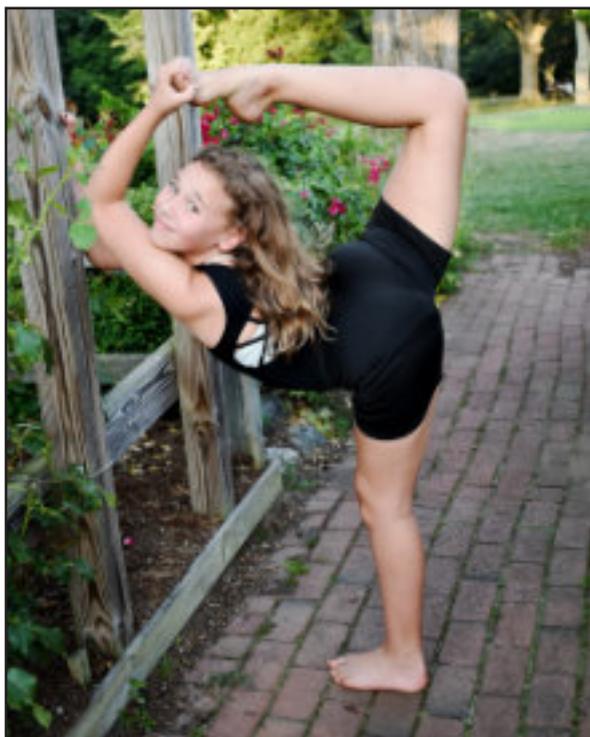


Charlotte Zargos is 5 years old and has been dancing since she was 16 months old. She is in kindergarten. Her favorite dance style is ballet. Her favorite dance step is arabesque.

When she grows up she would like to be a teacher and a cheerleader. She has competed in two cheerleading competitions and is a member of the MPAC Mini Company.



Chloe Rossi



My name is Chloe Rossi, I have been dancing at Milford Performing Arts Center since I was 4 years old, and this is my 7th year. My hope is to master my aerial this year. My dream is to be a professional dancer, to be on Broadway and someday maybe a dance teacher.

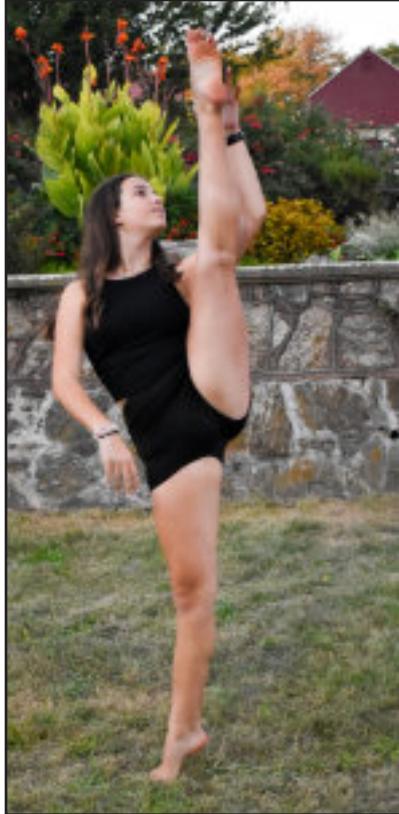
Christopher Sfreddo

My name is Christopher Sfreddo. I am almost 8 years old and I have been dancing & singing at Milford Performing Arts Center since I was 16 months old and just starting to walk. My favorite styles of dance are Hip Hop, Musical Theater & Tap. I have won overall high score awards at competition for my solo and duo in the past few years. I got to perform live at The Harlem

Globetrotters game when I was only 5 Years old. I also held the titles of Tiny Mr. Westie and Junior Mr. Westie. When I'm not at the studio I like playing video games, legos, basketball and riding my bike. My goals this season are to win a high score with my singing solo and to have fun with the MPAC Boys Crew!



Claire Cowan



My name is Claire Cowan and I am 13 years old, I have been dancing for 10 years.

My favorite style of dance to watch is tap because

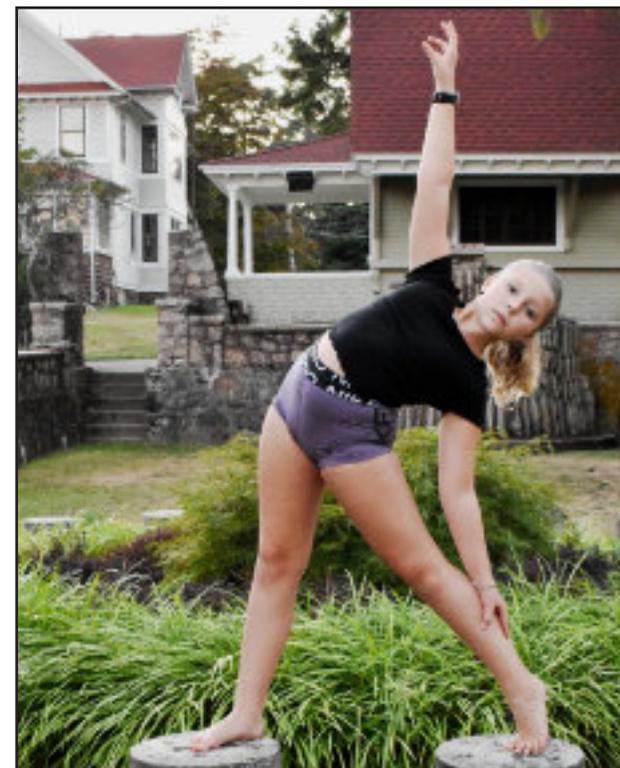
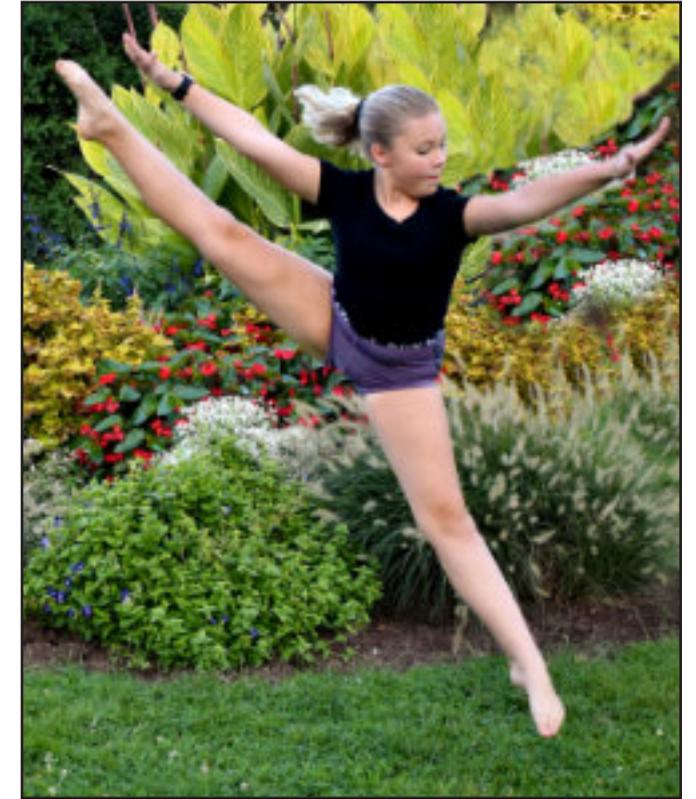
of how clean it can be and my favorite style to dance is lyrical because I can demonstrate my flexibility. My goal this year is to be able to show more emotion when I dance!

Delaney Morrin

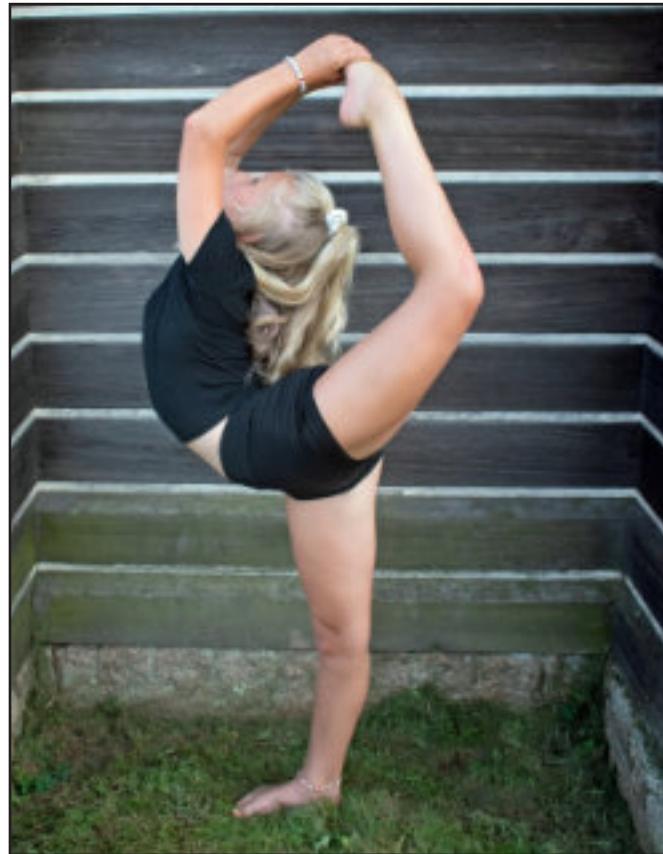


My name is Delaney Morrin and I am a competitive dancer. Dancing is something that will always be apart of me. The family I have at dance motivates me to do my best, cheers me on, and congratulates me when I achieve something.

My favorite style is contemporary and jazz because those styles show a lot of emotion. Dance makes me happy and I hope that as I grow as a dancer I can inspire others to follow their dreams. Dance is my biggest dream due to the hard work that I put into it. I love dance because my dance family and my parents cheer me on through everything. I will dance for as long as I possibly can.



Dorothy Colandrea



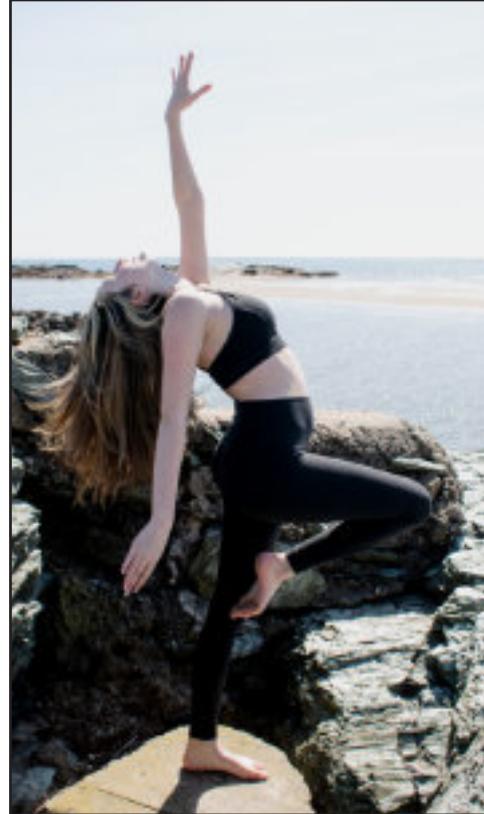
Dorothy Colandrea has been the secretary and costume designer of Milford performing Arts Center for the past 27 years. She is proud to be the mom to the owner, Heidi Goldbach. She loves

greeting all the students and helping them when they need it. Her passion for the arts fuels her creativity in designing beautiful, age appropriate costumes for all the students and faculty.

Giselle Goldbach



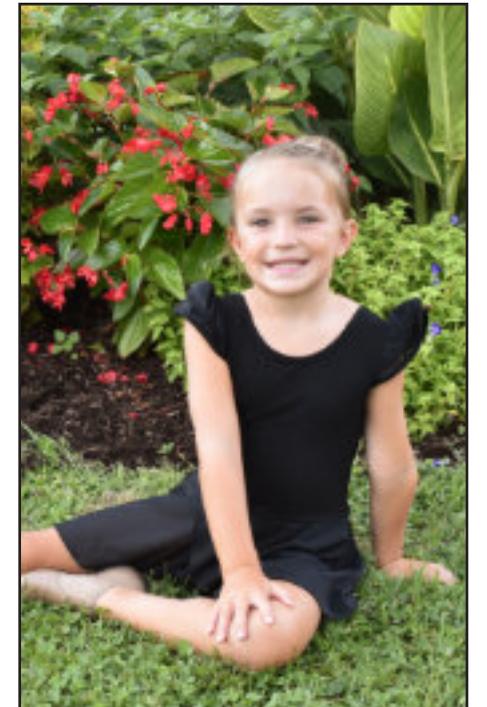
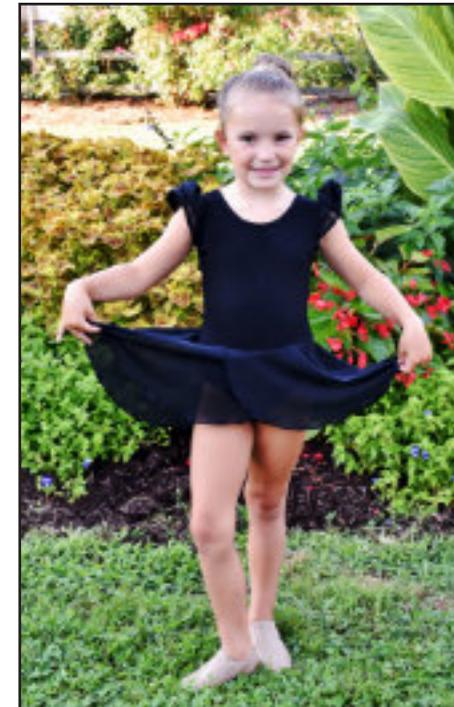
My name is Giselle Viktoria Goldbach and I am 16 years old and live in Milford, CT. with my parents and my dog Wilson. I love dance, gymnastics and modeling. I train in ballet, tap, jazz, lyrical, hip hop and I like to do contemporary and improv. I also study gymnastics. I dance at Milford Performing Arts Center which is my mom's studio. One of the biggest challenges I recently faced was losing my Poppy to cancer. My goal is to strive to be the best person I can be and make him proud. I have won many photogenic awards. One of my most recent accomplishments that I am proud of was winning 1st place overall for my two duos in both the Teen and Senior divisions. I am excited about starting my Senior year in High School. I am still deciding what I choose to do after high school, taking time to weigh all my choices.



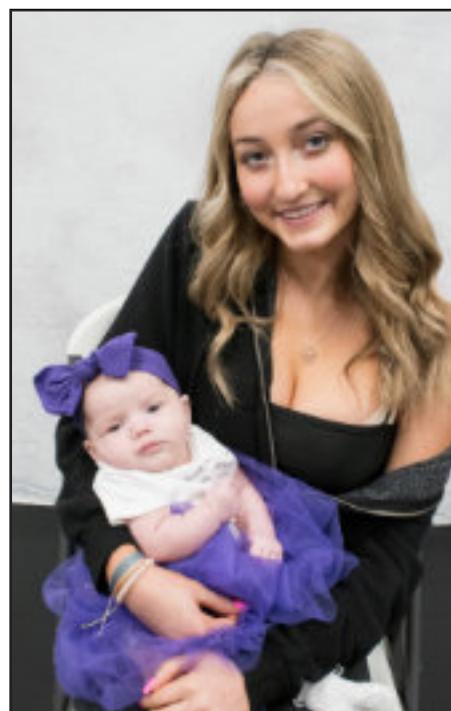
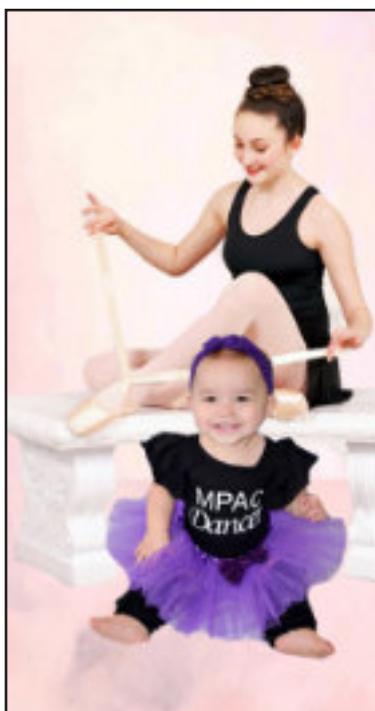
Hartley Farnen



Hi, my name is Hartley and I am 5 years old! I have been dancing since I was 18 months old! I am entering into my 5th year of dance at Milford Performing Arts Center and my second year of being a part of the dance competition team. I enjoy tap, Jazz and Ballet! So far my favorite has been my first Teeny Company Jazz routine called Mermaid Party which was choreographed by my dance teacher Miss. Jenn! I love watching the older production and company members dance! I love my dance family and being a part of Milford Performing Arts Center! I have made life long friendships and my teachers are absolutely amazing! My goals are to be the best dancer I can be and to always have fun!



Heidi Goldbach



Heidi Goldbach has many years of experience both as a performer and teacher. Her performing career began with competing in both regional and national dance and modeling competitions earning her many awards including Miss Dance of

CT., Miss New Haven County, Miss Shoreline and Miss Nutmeg. She has served as a member of the Miss Ct. USO Troupe and has performed in Las Vegas and Disneyland. Her passion is helping children of all ages be the best they can be.

Jennifer Sfreddo

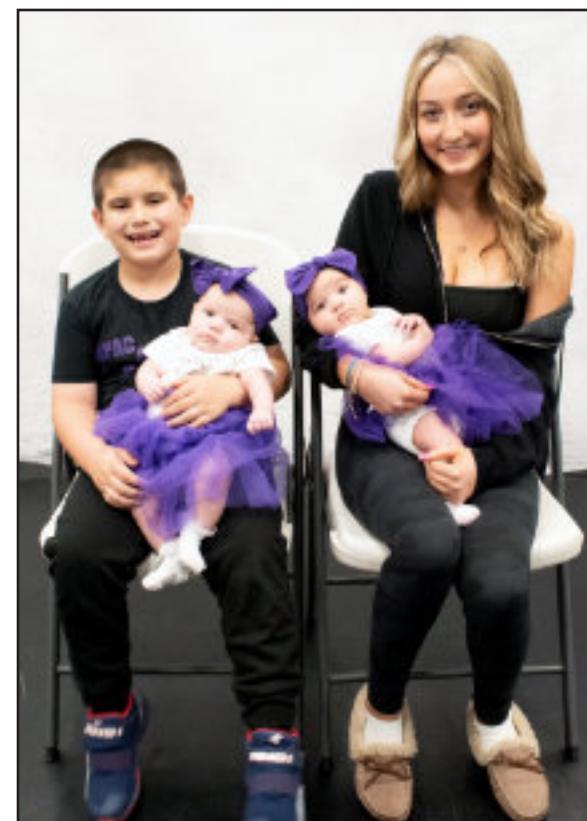


Jennifer Sfreddo has been dancing, singing and acting for the past 32 years. Twenty seven of those years have been spent at Milford Performing Arts Center. She was an original member of the MPAC Dance Team and has continued to teach for many years after graduating high school.

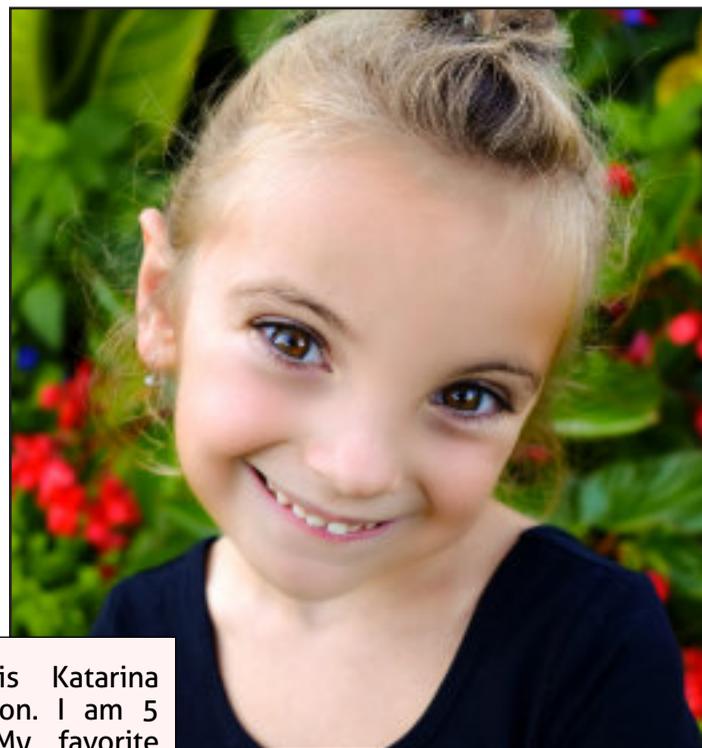
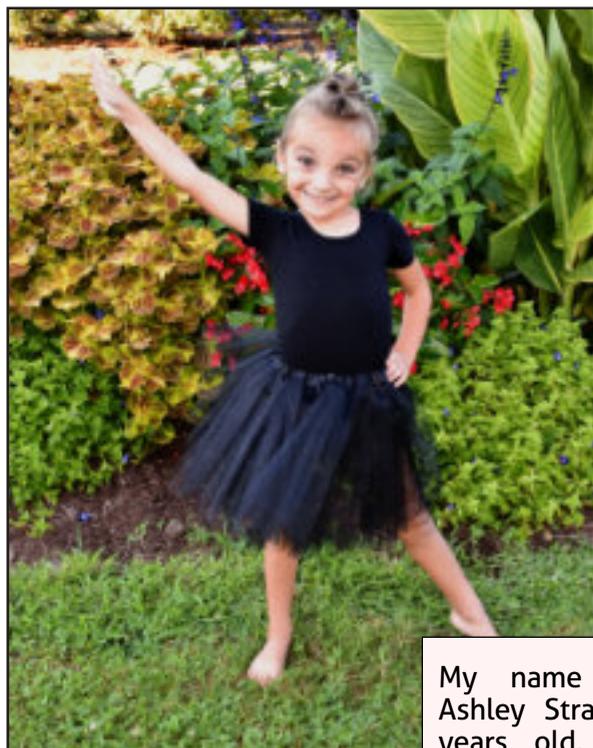
Jennifer has appeared in several theater productions but her most recent role is being a Mom to Christopher & Serena. We enjoy our time together at the dance studio and it's a beautiful

thing to have a common interest and passion in the same activity and art form.

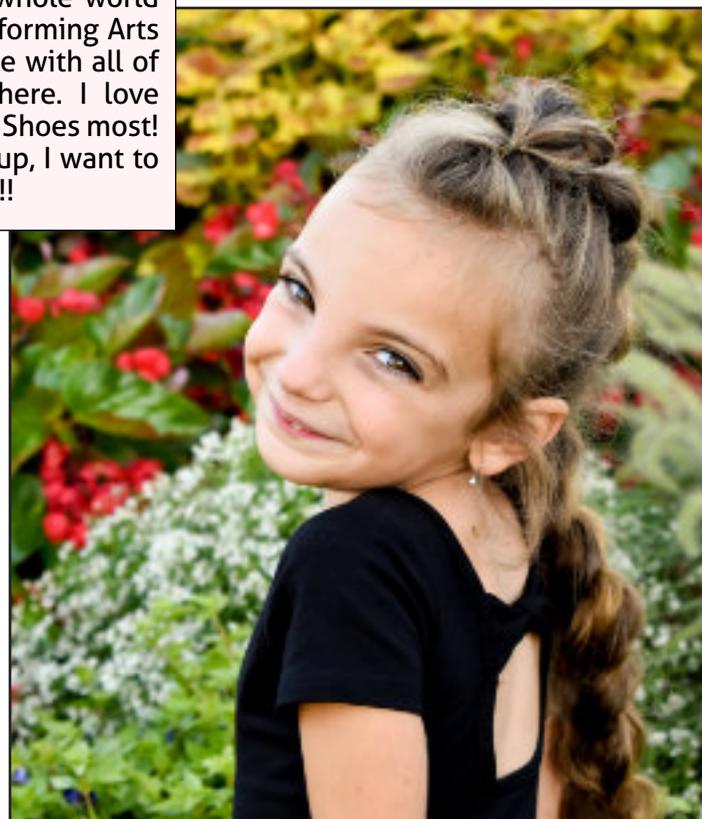
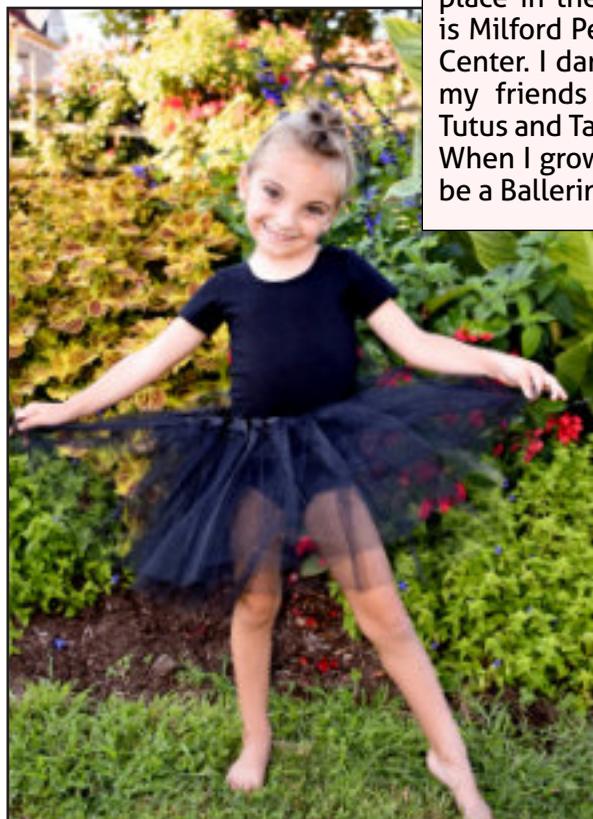
In addition to teaching dance, voice and acting at MPAC, Miss Jenn also owns and operates a home daycare and a photography business as well. The dance photos displayed in this Special Edition is her most recent work, photos were taken and edited by her. Her goals this year are to be happy and successful and have a great competition season!



Katarina Stratton

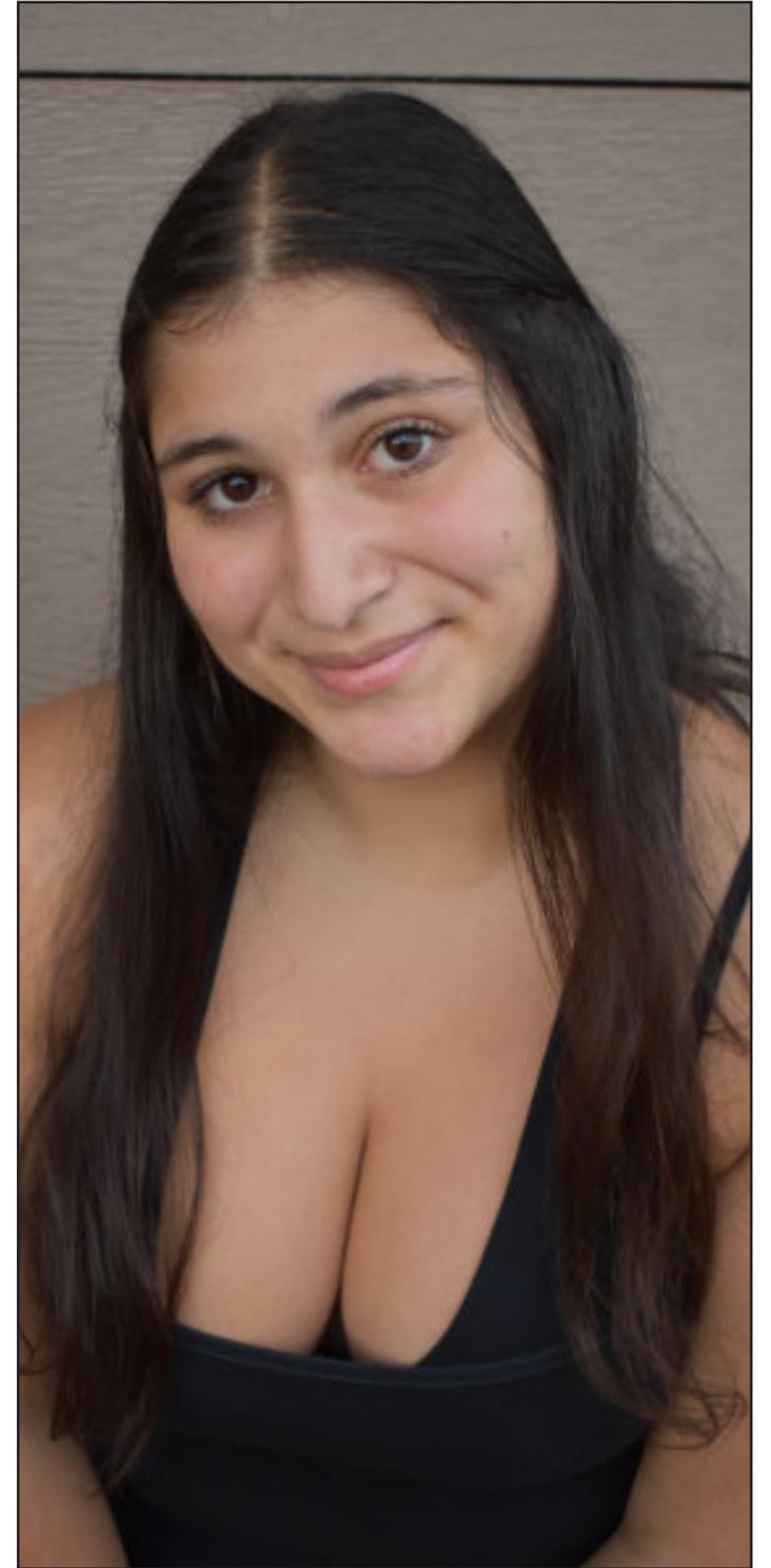
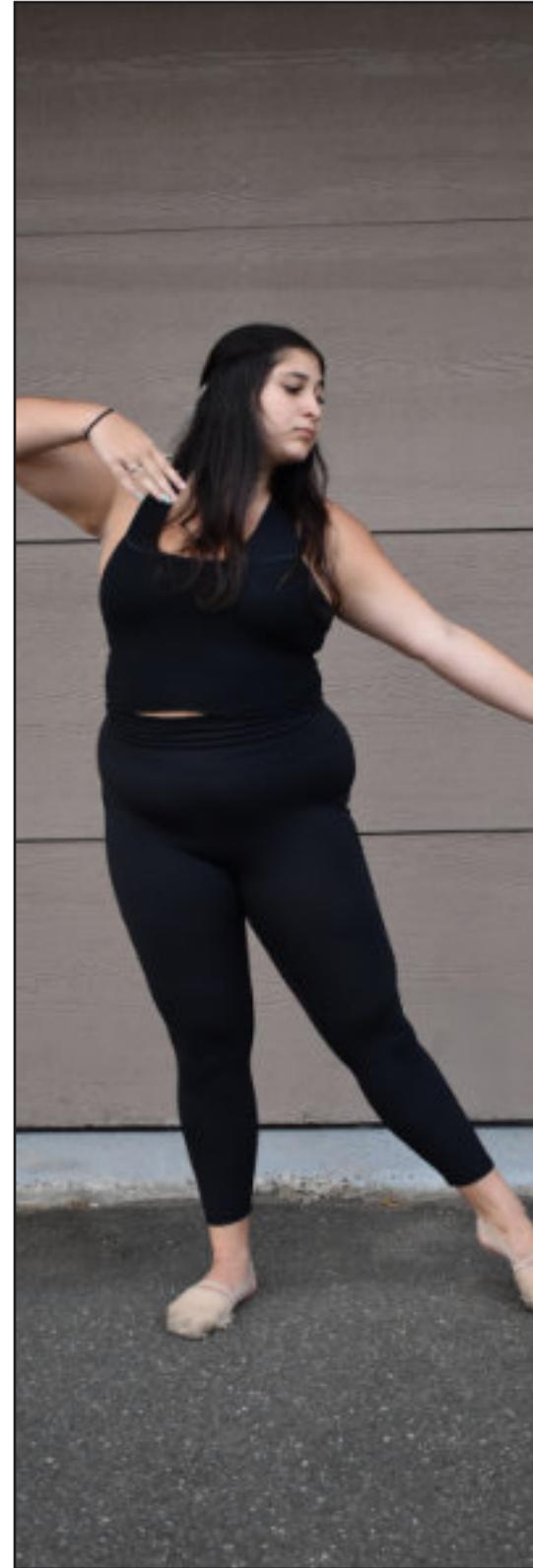
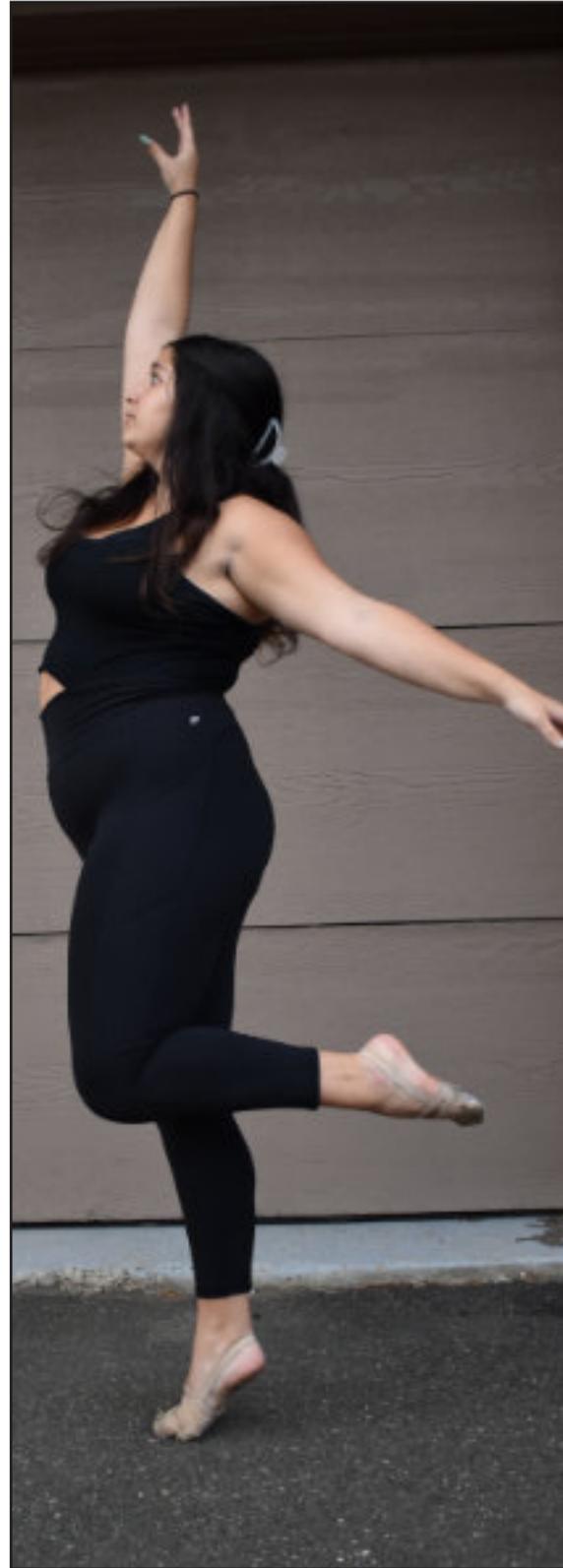


My name is Katarina Ashley Stratton. I am 5 years old. My favorite place in the whole world is Milford Performing Arts Center. I dance with all of my friends there. I love Tutus and Tap Shoes most! When I grow up, I want to be a Ballerina!!

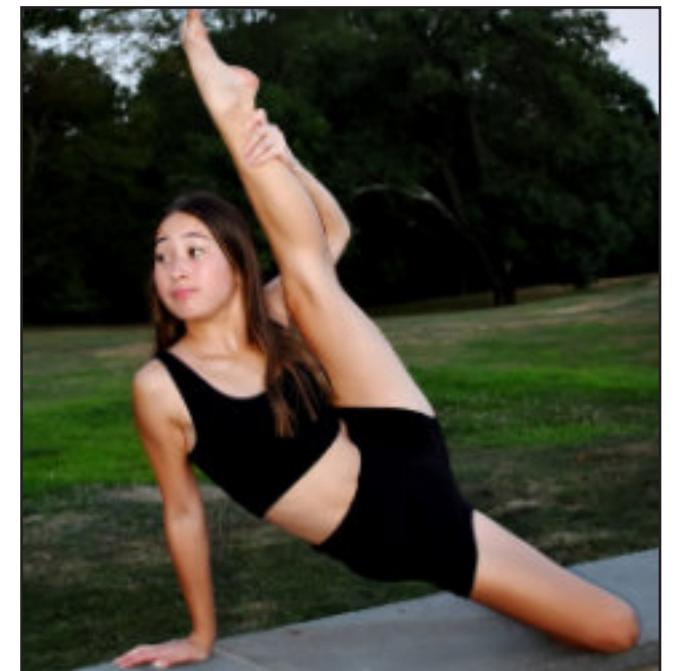
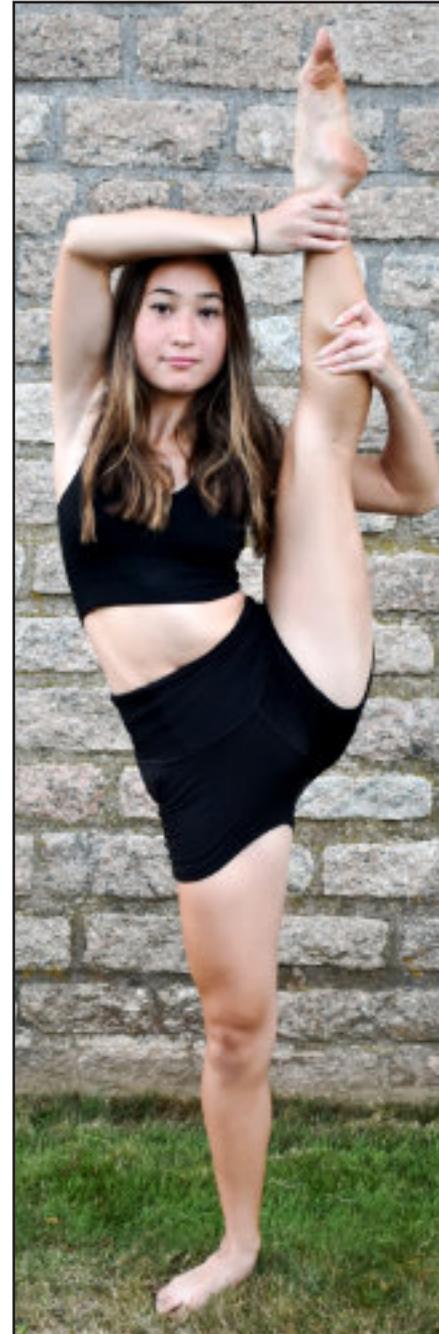


Koi Menegatos

Hi I'm Koi and I am 16 years old. My favorite dance style is contemporary and I also like lyrical. I've been dancing for 11 years. I love competition so much because of all the bonding through the team. A lot of my hopes and dreams are to get more flexible and to get better turns!



Aya Hurlburt



My name is Aya Hurlburt and I am 16 years old. I have been dancing for 11 years and love lyrical and contemporary, but I also take jazz and hip hop. I love to dance because it is such a beautiful form of art and because I love to feel the music and express my emotions through it. My favorite part about competitions is getting to spend time and dance with my dance family. This season, I hope to become more flexible and master my aerial.

I would also really like to place at dance competitions this season.

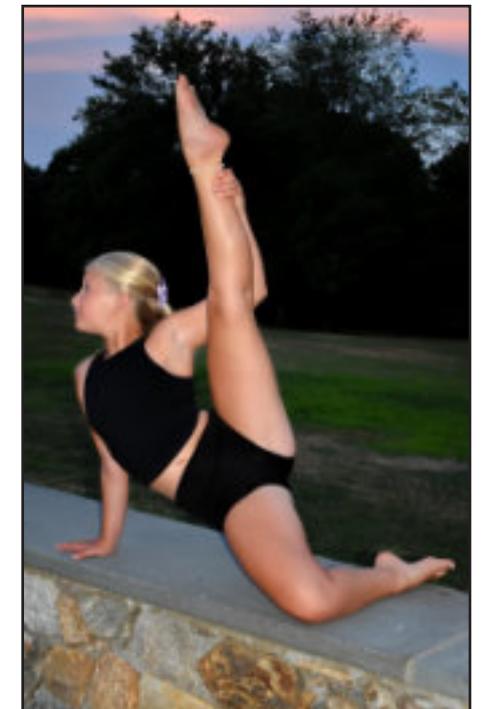
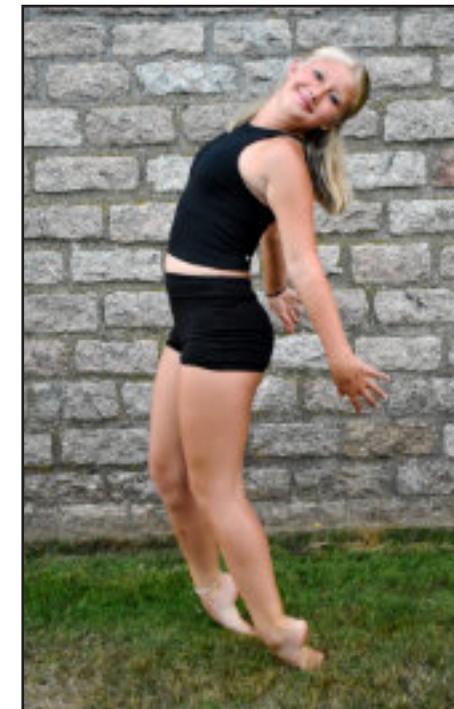
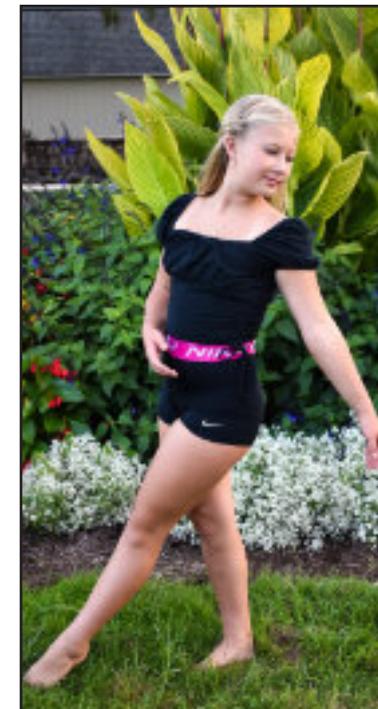
Kylee McCoart

My name is Kylee McCoart. Dance is my true passion. I am about to start my 7th year of dance at Milford Performing Arts Center and it's has taught me dedication and commitment.

I have so many accomplishments exploring my talent and love for dance. Last year was a very exciting year of achievements for me as a dancer. I won 1st place in a teen category for a duo I was in and I was only 10 years old. I consider myself a very well rounded individual. In addition to my hard work in dance, I also participate on a travel soccer and basketball



team. In the future, I hope to go to a dance college and become a professional dancer. I hope to open a dance studio and be a judge for dance competitions. I hope to inspire others to enjoy this art like I do.

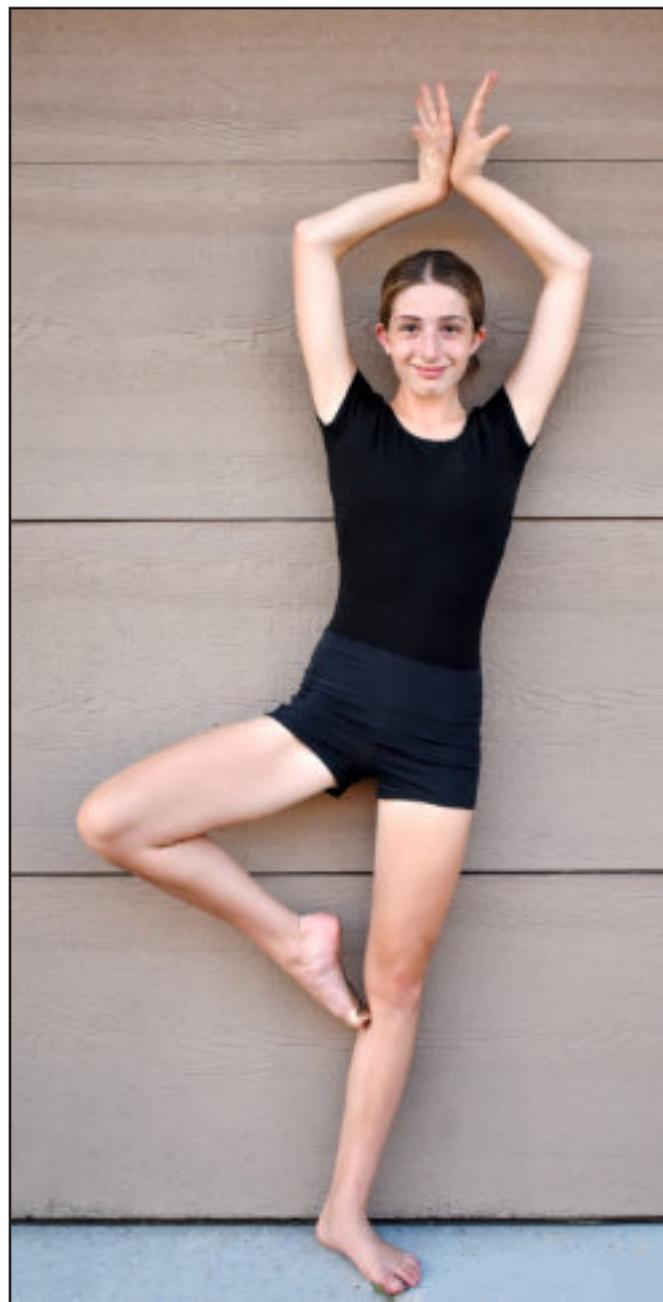


Lia Powers

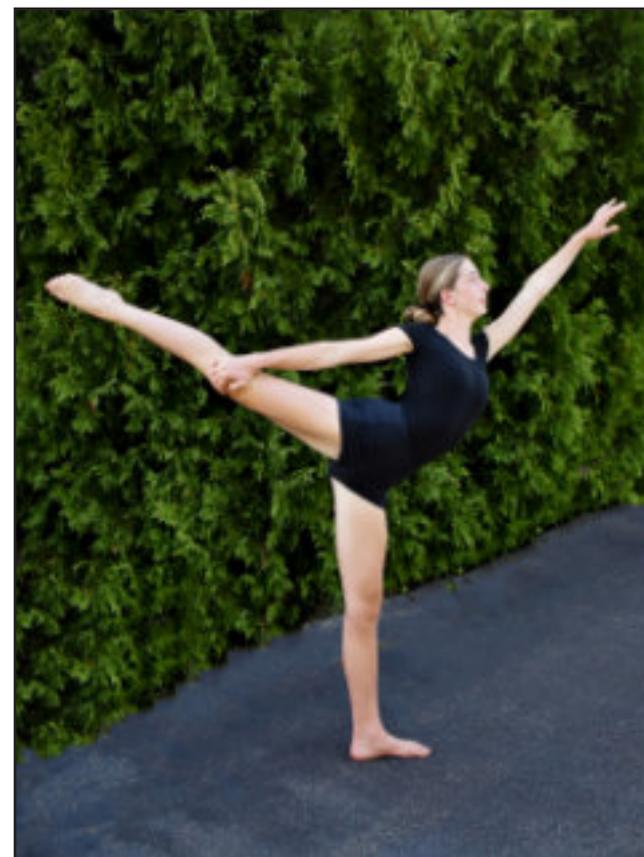
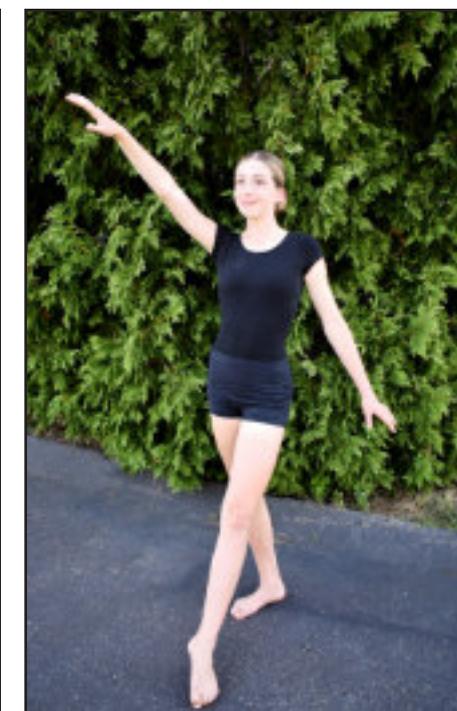
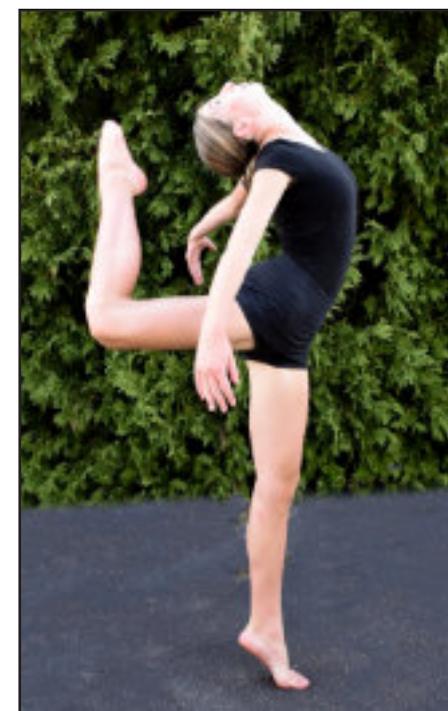
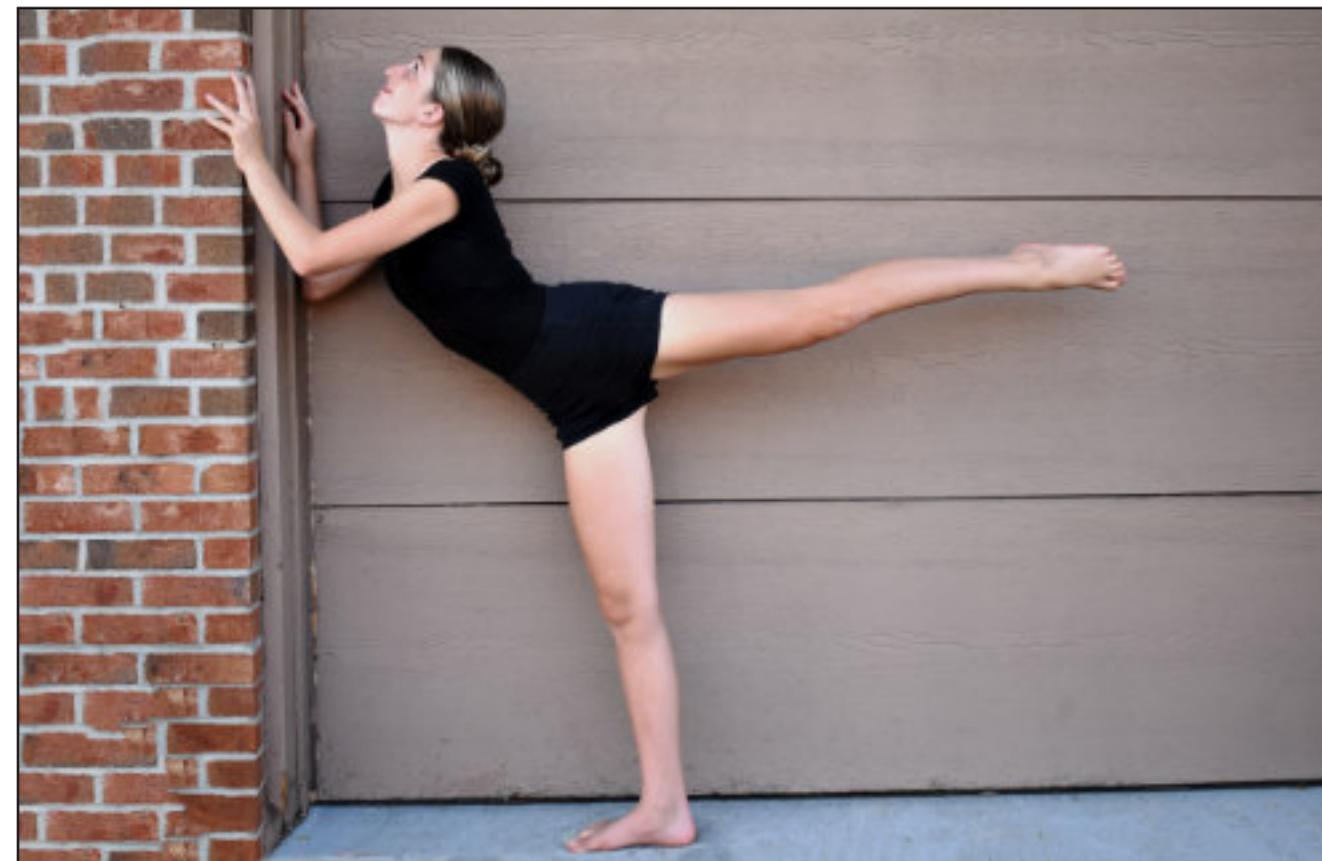
Hi! My name is Lia Powers. The job I would love to have when I get older is to be a dancer. One of my dreams is to be a backup dancer for all different celebrities, for example, Brittany Spears. I love all of her music and her songs would be so fun to dance to! Another great thing about being a backup dancer for celebrities is that I would get to be on a stage with them doing what I love!

Another dream I have is to be a Radio City Music Hall Rockett. Every year around Christmas time I go see the Rockettes Christmas Spectacular and it always amazes me how good they are! All I can think about is how much I love dance and how badly I want to be on stage dancing like them. I am only 13 years old and I am so glad that I have a couple more years to compete in dance competitions. One of my recent goals is to do amazing in this year's competition season and to train super hard with my new team and studio.

Some of my dance achievements so far are; I



went to Nationals this Summer and got high platinum for both of my solos! I also placed in several of my other dance competitions that I attended last year and really love competing. All of the judges and workers are so nice and so fun. Mostly they all have such positive vibes. Most importantly I love to dance so much and my main goal would be to dance for the rest of my life!



Lucas Augeri

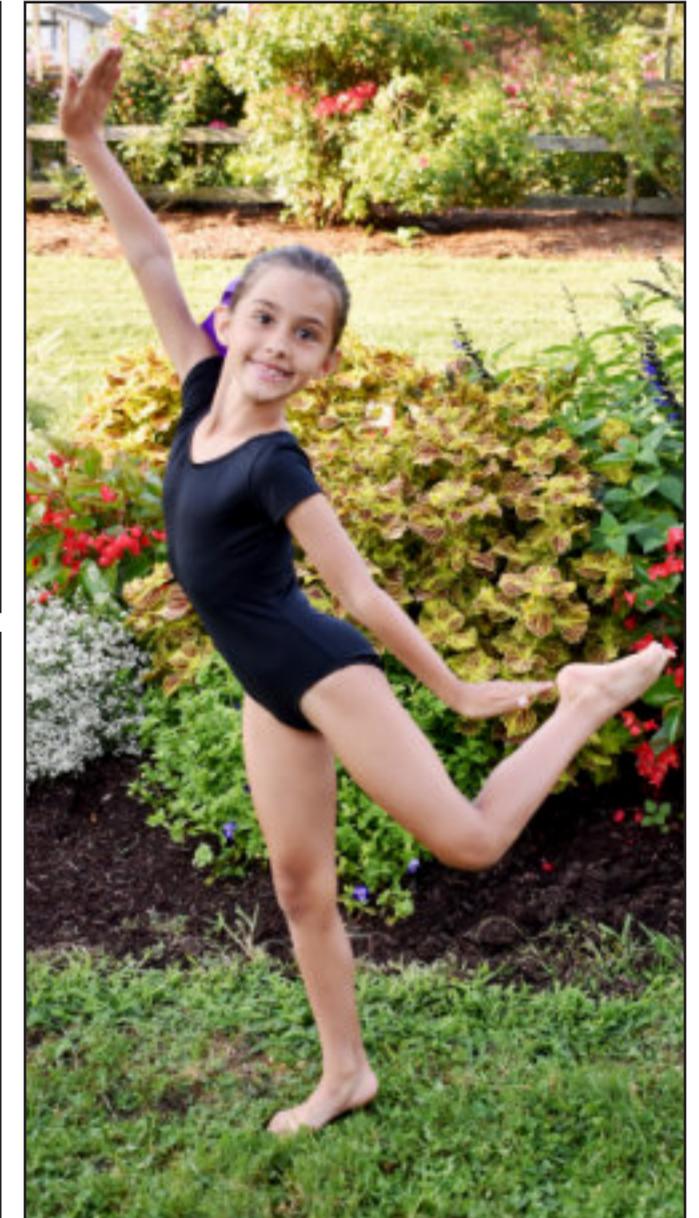


My name is Lucas Joseph and I am 6 years old.

This is my first year of dance and I am excited to be doing a duo with my cousin, Adrianna. I also joined MPAC Boys Hip Hop Crew and can't wait to experience my first dance competition.

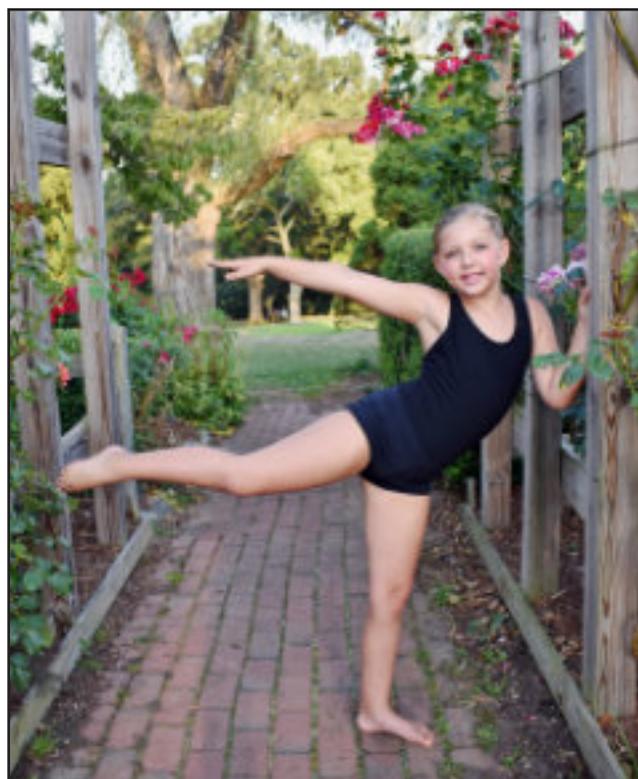
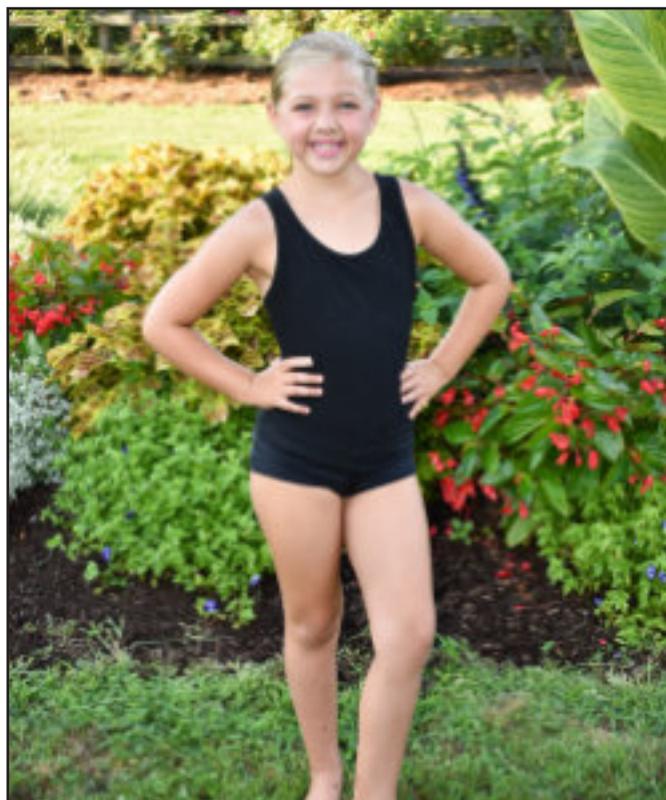
I have high hopes for a great first year and many more to come!

Madison Hotchkiss



Hi my name is Madison Arlene Hotchkiss. I am 8 Years old and have been dancing for 7 years. This is my first year joining the competition team. I take ballet, Jazz, Lyrical, and Hip-hop. Hip-Hop is my favorite, because it is like free-style and you get to do real cool moves. I love to dance because it lets me express myself, and makes me happy. My favorite memory is when I learned how to do a heel stretch, because I accomplished a goal I worked very hard on. I hope to work as a team and rock the stage at our competitions.

McKenzie Sherrick



My name is McKenzie and I am 7 years old. This is my 4th year doing dance at Milford Performing Arts Center. I am a part of Junior Company and do ballet, tap and hip hop. My favorite is tap.

I also enjoy participating in theatre.

I really love going to dance class because it helps me practice with my team and I have a lot of fun while doing it.

When I grow up I want to become a hair dresser and to be on Broadway.

Piper Wong

Hi! My name is Piper Wong. While attending a country festival when I was 3, my mom said I saw a stage and I wanted to go up there to sing and dance. So then I started dancing at Milford Performing Arts Center (MPAC) in Milford, CT. I started with ballet, jazz, and tumbling. I was thrilled to finally do a cartwheel! I am in my second year with the dance company at MPAC. I am looking forward to having more fun, learning other dance techniques, and one day get recognised at a competition. I love to dance.



Sarah Tolson



Miss Sarah is excited to celebrate year 28 @MPAC and 38 years of dance. Under the direction of Miss Heidi Goldbach, Miss Sarah started her assisting and teaching career in 1996. She has choreographed many styles of dance for award winning solos and group routines. Miss Sarah loves to share her passion with many young dancers by teaching them to not only perfect technique but to dance with their heart.



Serena Sfreddo

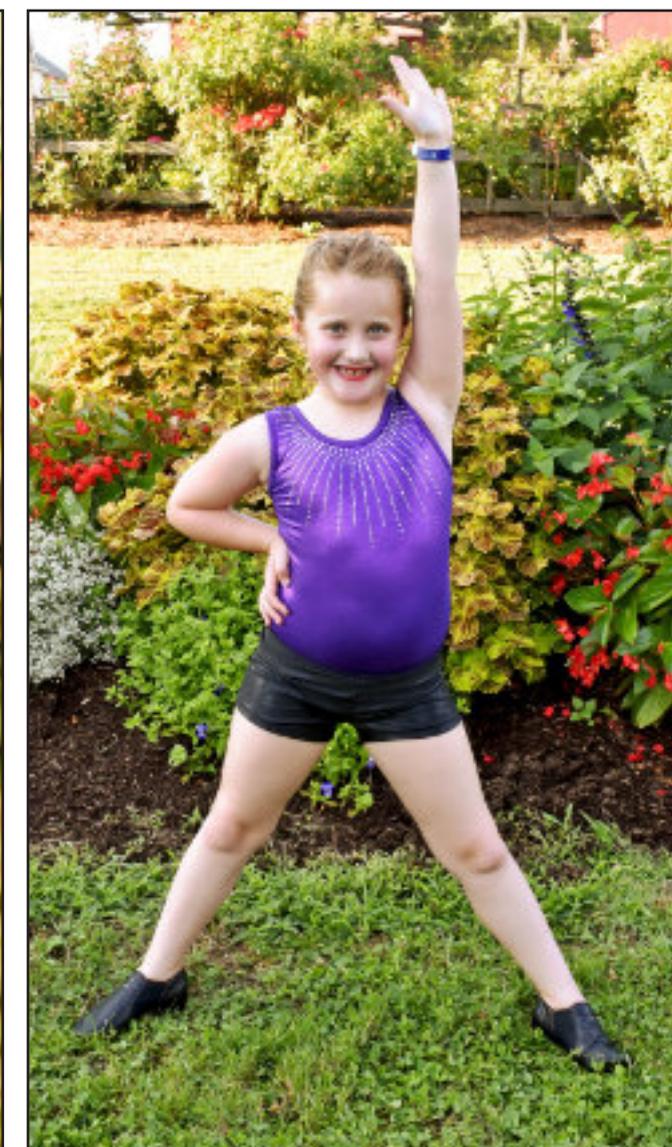
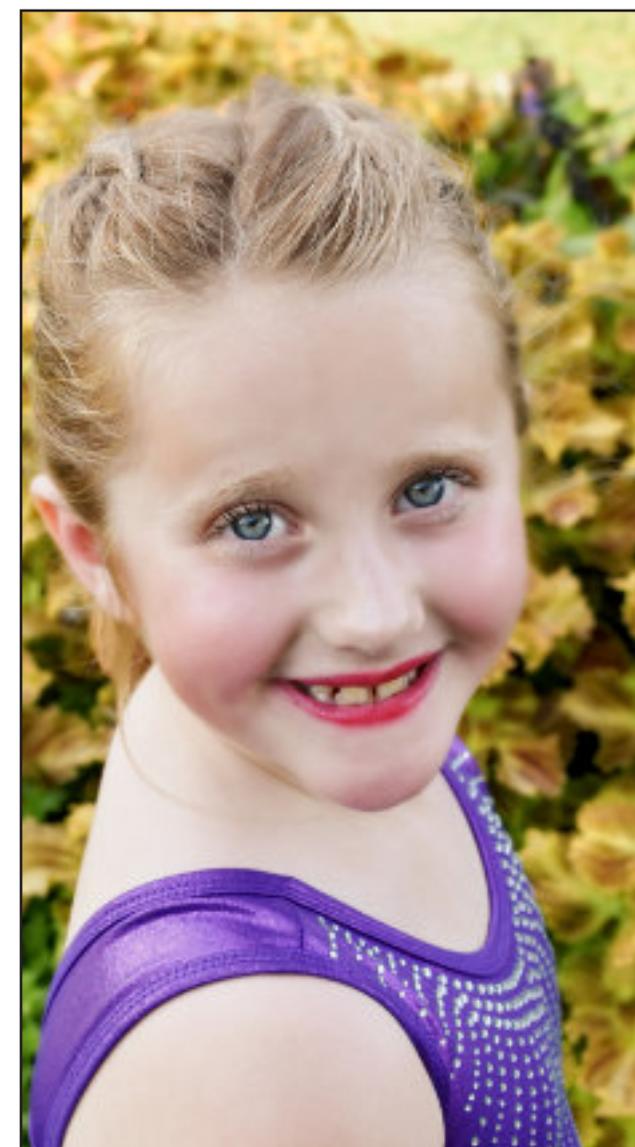
Serena Sfreddo is 1 year old and loves to smile, dance and play with her dolls! She started taking MPAC Baby & Me Class at 11 months old with her mommy, Miss Jenn, and loves the music and the mirror. She currently holds the title for Baby Miss Westie and she is a Brand Ambassador for a few clothing and hairband boutiques. Serena's future goals are to start walking and say her first words! We can't wait until she is big enough to dance onstage with her big brother Christopher and someday join the Teeny Company!



Sofia Jungeblut



My name is Sofia and I am 8 years old and in 3rd grade. I am starting my 6th year of dance. I dance at Milford Performing Arts Center. My favorite style of dance is lyrical. I love the friends that I have made through dance. I have been working hard on my splits and my next goal is to learn how to do a walkover. When I'm not dancing I love to play with my dachshund puppy and travel with my mom, dad and sister.



Sophia Dube



My name is Sophia Dube and I am 10 years old. The world of dance started at the age of three and I have now been dancing for seven years. I am now a member of the Milford Performing Arts Center Dance Team. I always enjoy dancing and all that it means to me. For

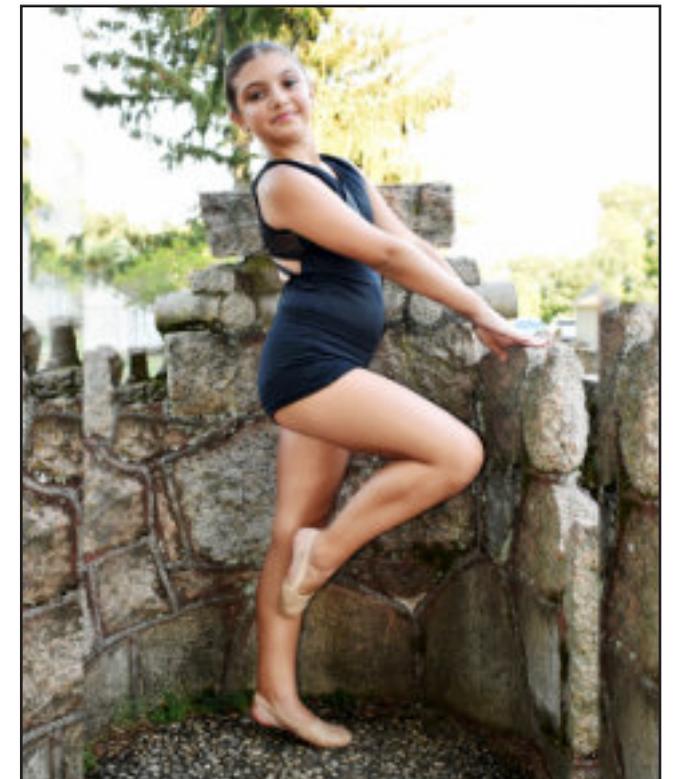
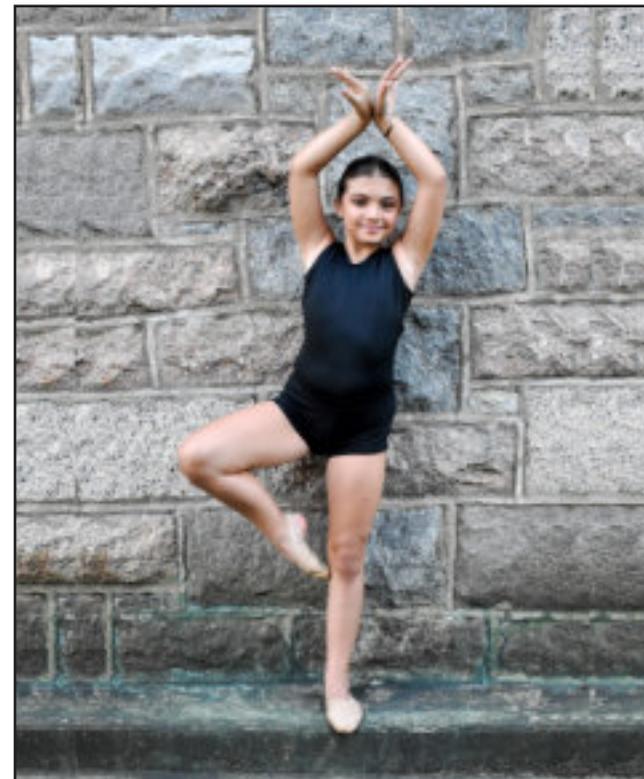
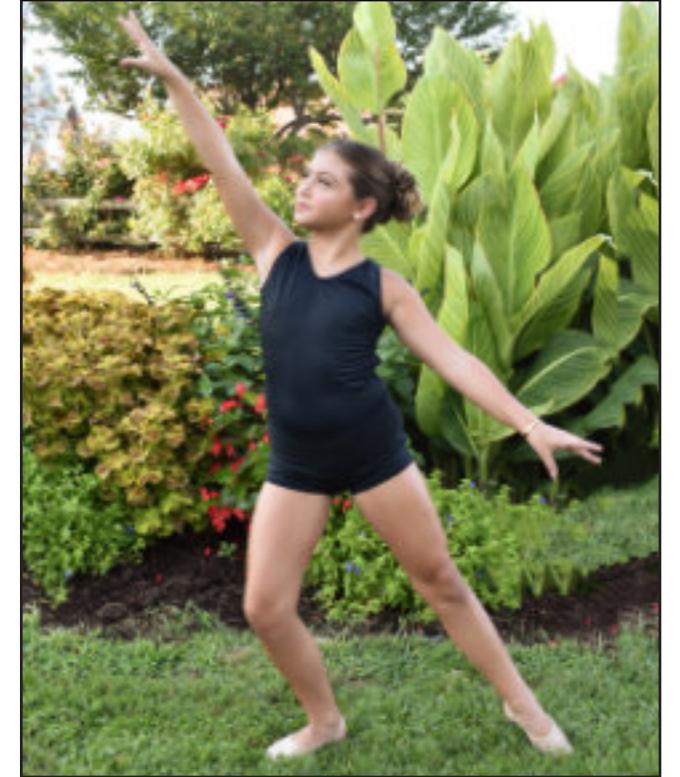
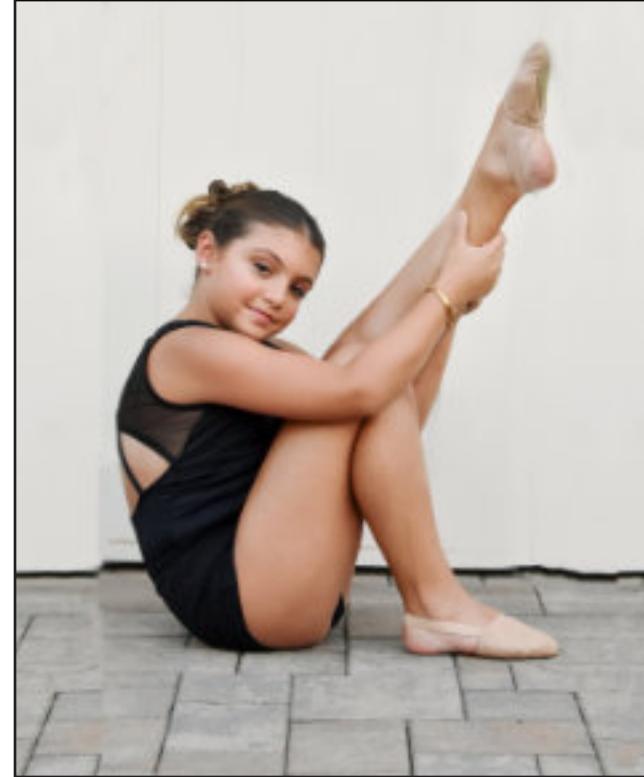
me, dance is more than just learning new styles, steps and tricks, it is learning about partnership and knowing how to be there for each other. Working together and winning together makes performing and winning more rewarding.

Since starting dance at 3 years old, I have learned many styles but my favorite is lyrical. I have placed and won many different awards for the lyrical solos I have performed and I hope to dance lyrical solos not just for the awards (as awesome as they are) but also because I really love learning new tricks to perform.

As I get older, I want to learn and perfect as many tricks, turns and leaps as I can. This past dance season I wasn't very good at a needle as well as my leaps. My goal was to get better and I improved on both. My teachers really help me in the classroom with getting better and achieving my goals in dance, but when I am not in the classroom, my mom is the person I ask for help. At home, my mom will sit and work with me. I am very lucky to have a mom who grew up dancing, it is like having a teacher at home.

My goals for this coming season is to have better focus and strength. Better focus on my legs, making sure they are turned out when they need to be. I also want more strength in my arms and my feet.

I hope that I can continue dancing and winning awards both as a solo dancer and with my team. Going to nationals at the end of a dance season and taking home awards would be amazing but if I do not, I will still be proud of myself, my team and our dances. I know that as long as I have fun dancing, I have given a perfect performance.

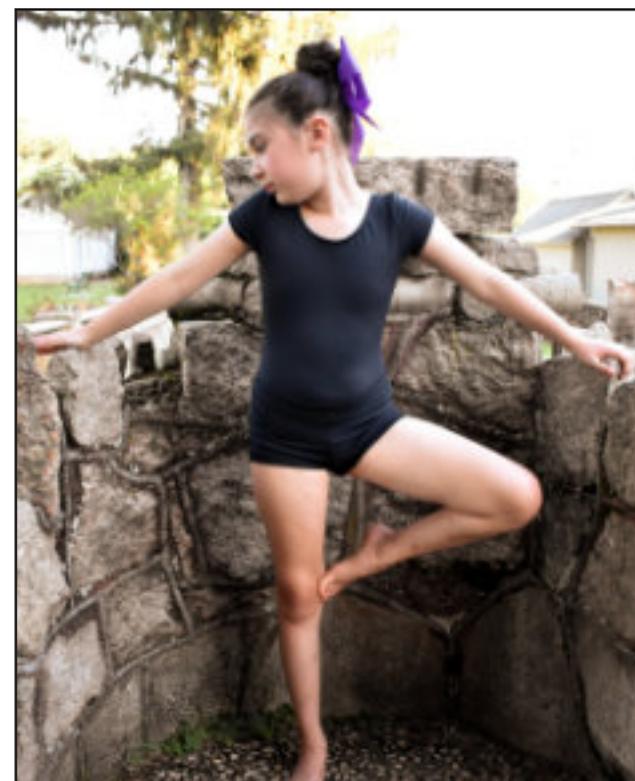
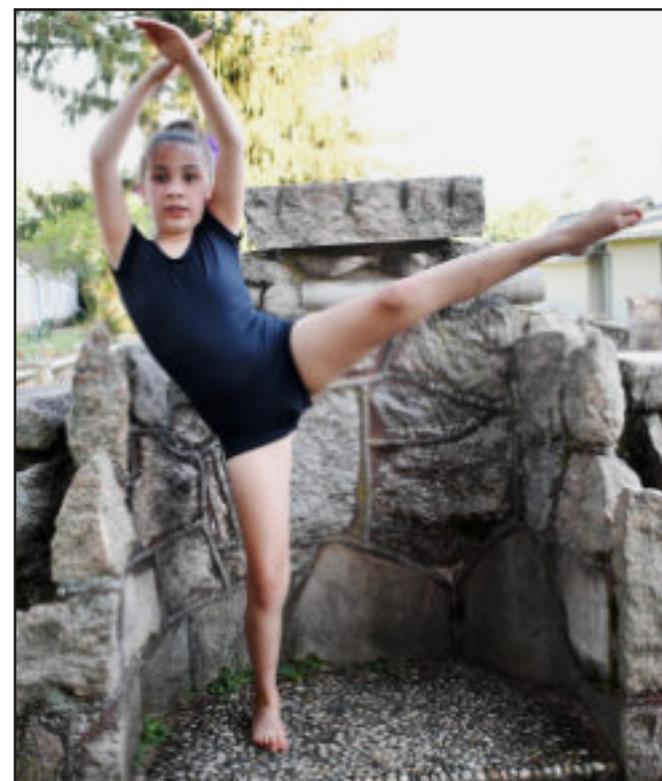


Zoey Puhl



better it makes you. I also participate in karate and gymnastics.

Like I wrote before, I have big dreams, and that includes becoming an astronaut and working for NASA. I want to be the first person to reach Mars. I know if I work hard and do well in school I can achieve my goals and dreams one day.



My name is Zoey and I would like to share with you some important things about myself. I have very big dreams and know I need to work hard and be disciplined to achieve them. I began taking dance when I was one! My parents told me it would help me with confidence and discipline. I am on the Milford Performing Arts Center dance team. I work and practice very hard and last year I participated in competitions. I've made a lot of friends through dance and have learned that the more you practice something the

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