

BIKINI

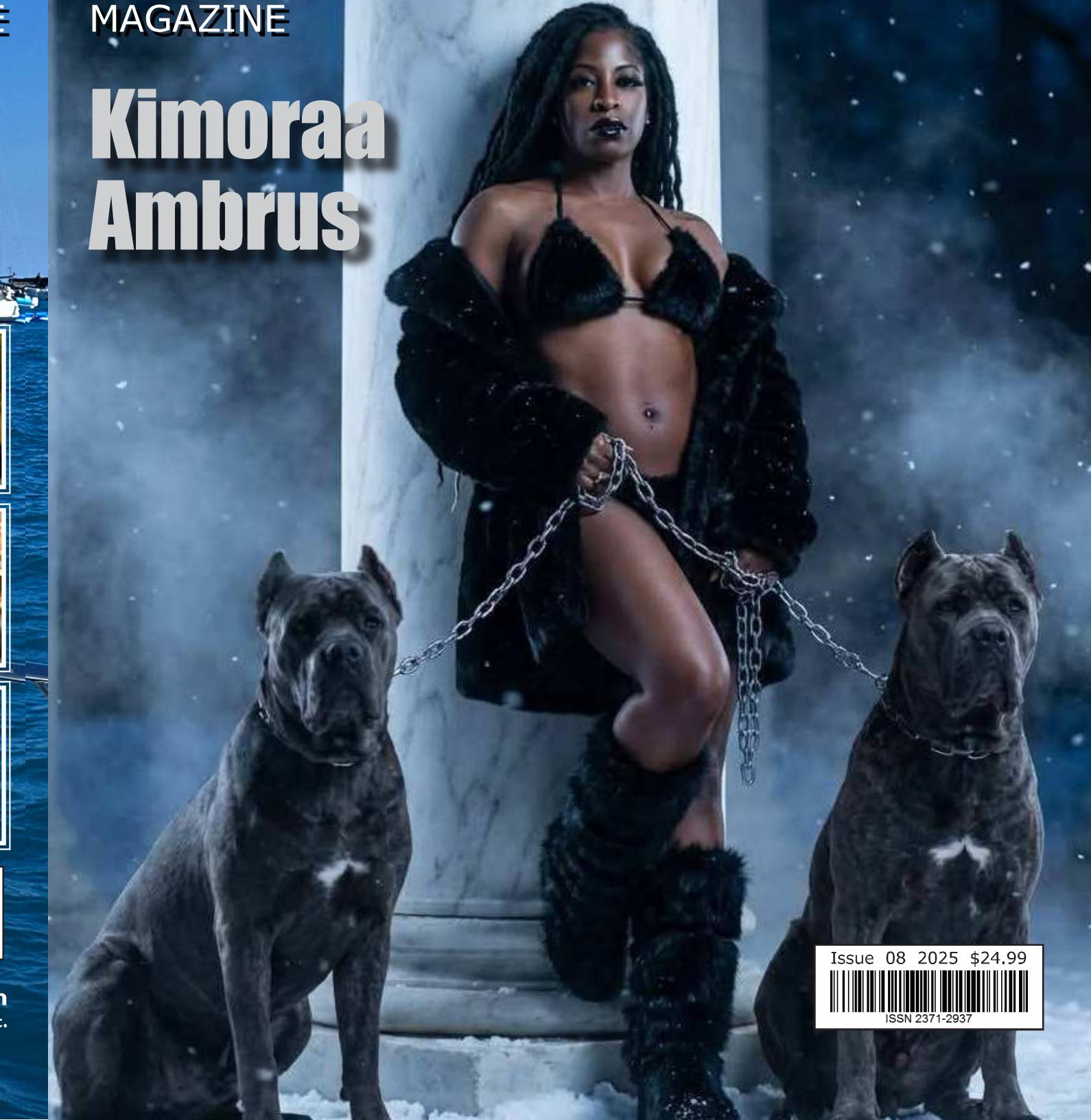
MAGAZINE



BIKINI

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Kimoraa Ambrus



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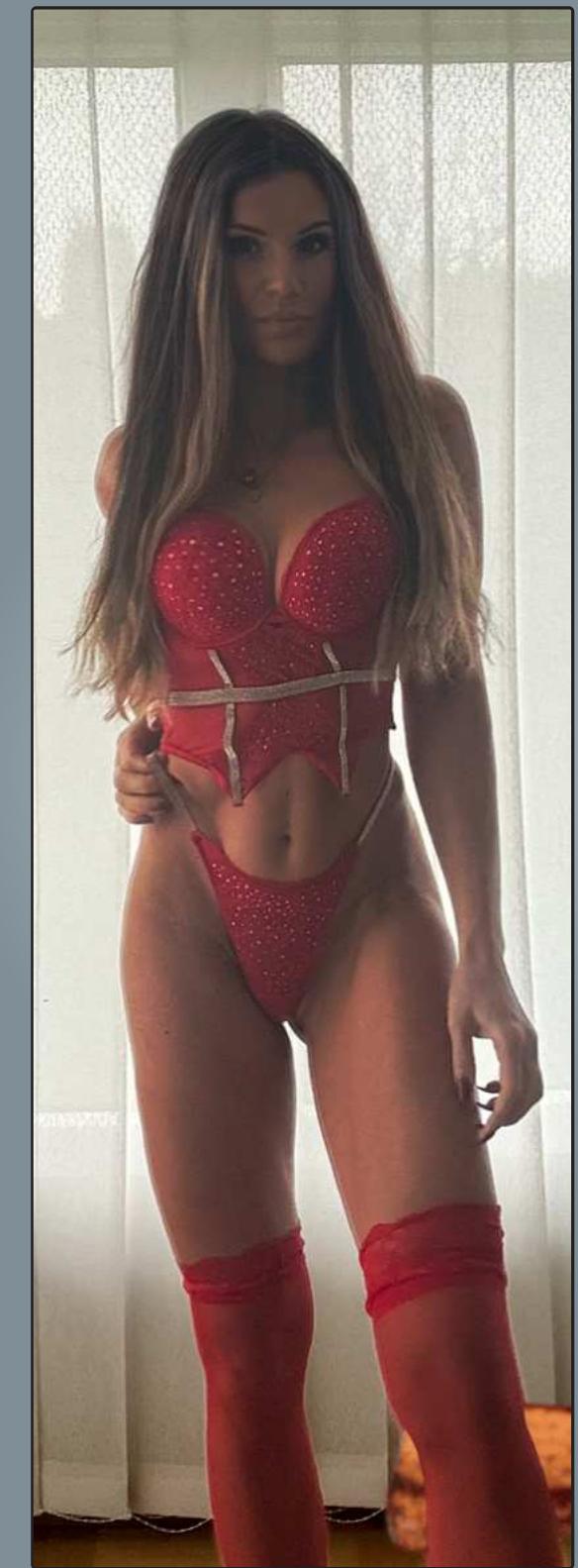
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PREVIEW



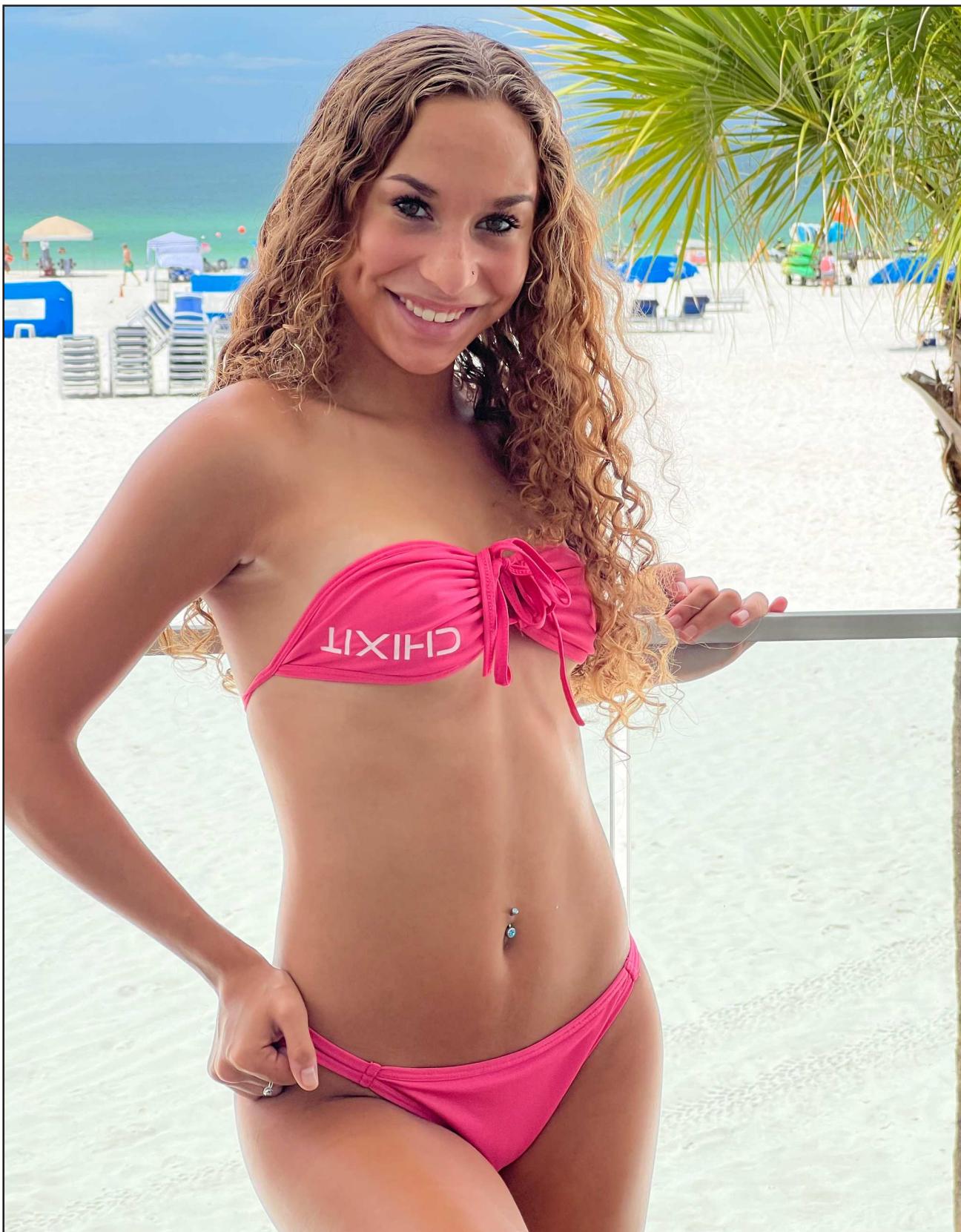


**Ava
Gravelle**



**Whisper
Hope**





I am 16 years old and extremely passionate about dance! I knew from the first time that I stepped into my studio at age 4 that this is what I wanted to do.

I have been dancing for 12 years and am happiest in the studio or on the stage. I currently dance at Georgian Bay School of Dance in Midland, Ontario. I love all styles of dance, however my favourites are Jazz and Musical Theatre. I thoroughly enjoy teaching and mentoring younger dancers and hope to continue for years to come.

I take every opportunity I can to train with top industry instructors and attend conventions as I believe this makes me a stronger, more well-rounded dancer. I have won countless overall awards at competitions as well as special awards and scholarships but I really just dance to feel free.

Over the last few years, I was fortunate enough to perform with the Children's Chorus in multiple productions by Drayton Entertainment including Wizard of Oz - The Panto, Peter Pan - The Panto, Buddy Holly and A Christmas Carol Panto. I play several instruments, take vocal lessons and drama classes and sing with my school choir. I have been cast in my school's musicals for the past 3 years and hope to be seen as a true triple threat!

I am an extremely dedicated, kind, hard working, resilient and confident person, which will hopefully serve me well as I plan to pursue dance/musical theatre in University followed by a teaching degree. I am so grateful for every opportunity that has come my way and hope that one day I can give back in a larger capacity.

Photos Credits:
@laurajoyphotography @kim-edenphotography









My dream and goal as a model is to create art and using my body as the canvas.

Photographers Credits :: Jim Hinrichs at <https://www.instagram.com/jjpegphotography>







I didn't chase celebrity.

I chased healing, discipline, and purpose—
and the world connected with that.

Today, I am stepping into a new era—one where I use my voice, my platform, and my transformation to inspire and uplift others. I am proud to represent veterans, women, mothers, and athletes everywhere who are rewriting their story.

This feature is not just an accomplishment—
It's proof that your pain can become your power.

— Vanessa Marie Morbeck

Veteran • Athlete • Mother • Survivor • Rising
Military Public Figure

Photographers Credits :: 4Net Media





My dreams are to move forward with my modeling career! Challenges finding the perfect team to help launch things!

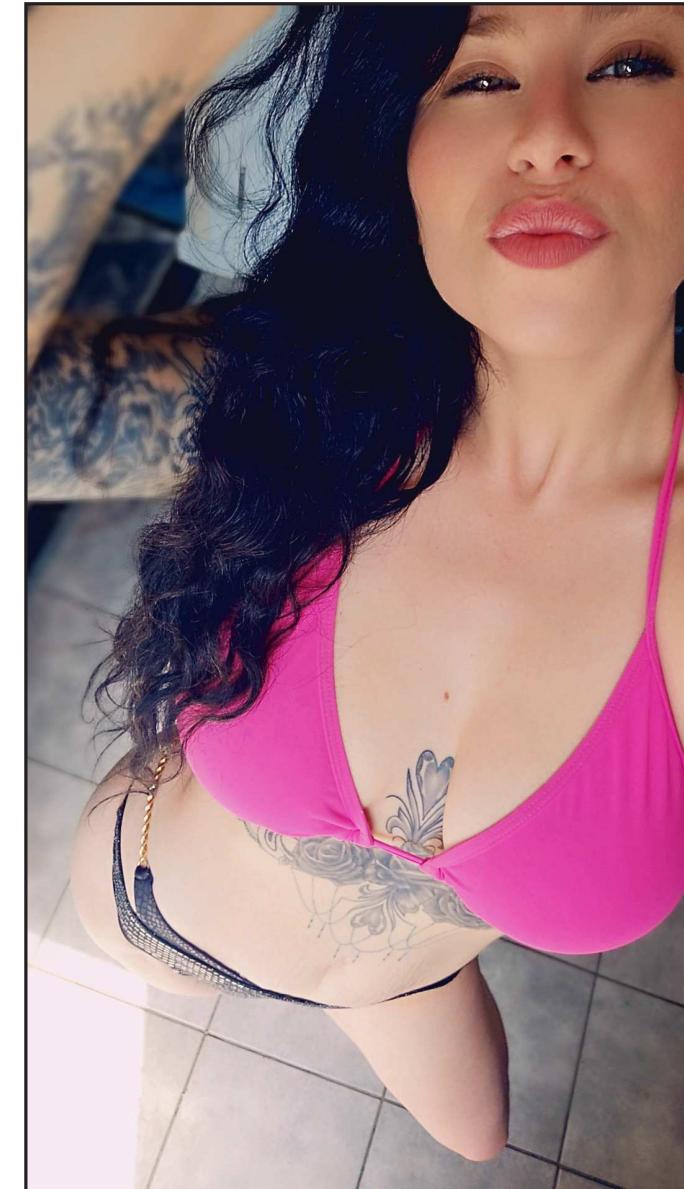
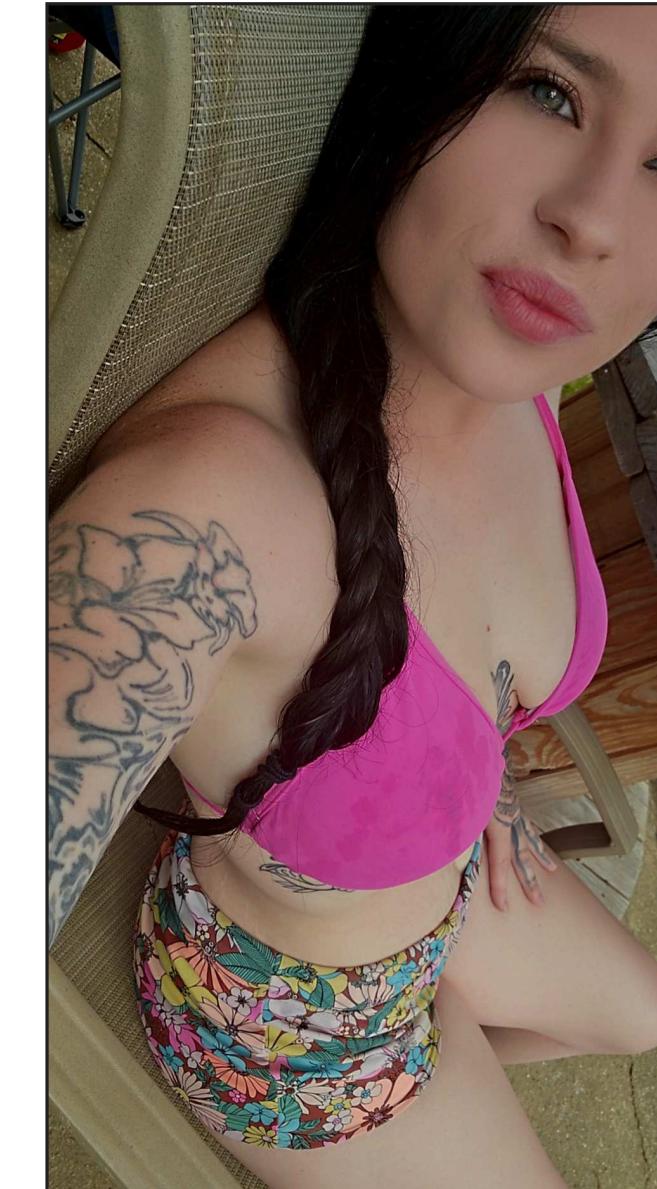
My goals for 2026 is to push out more content get my facebook page up more. Most importantly achieve my goals i had set.

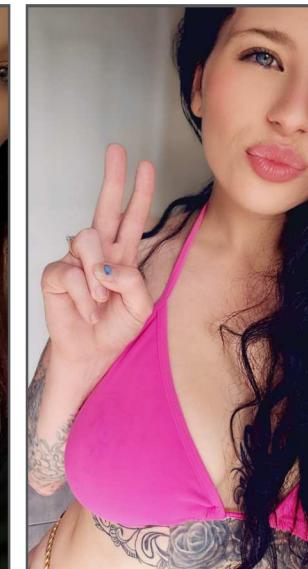
My goals are to model for clients

Be in magazines work on a great career going forward & meet new people along the way

Photographers Credits :: Theprettyhousemanor

Carter





- Cortisol weight gain and stress-related health issues
- Emotional trauma from relationships
- Rebuilding my life while staying committed to the gym

Everything I built, I built while struggling. My success was carved from moments most people never talk about. But I talk about them—publicly—because that's what makes me real, and that's why people follow me.

Why I Believe I'm Becoming a Military-Verified Celebrity

Because my story is bigger than fitness.

Because I speak for those who are still silent.

Because veterans see their own pain in my healing.

Because my platform is becoming a home for transformation, mental health advocacy, and powerful storytelling.

Because every time I rise, thousands rise with me.

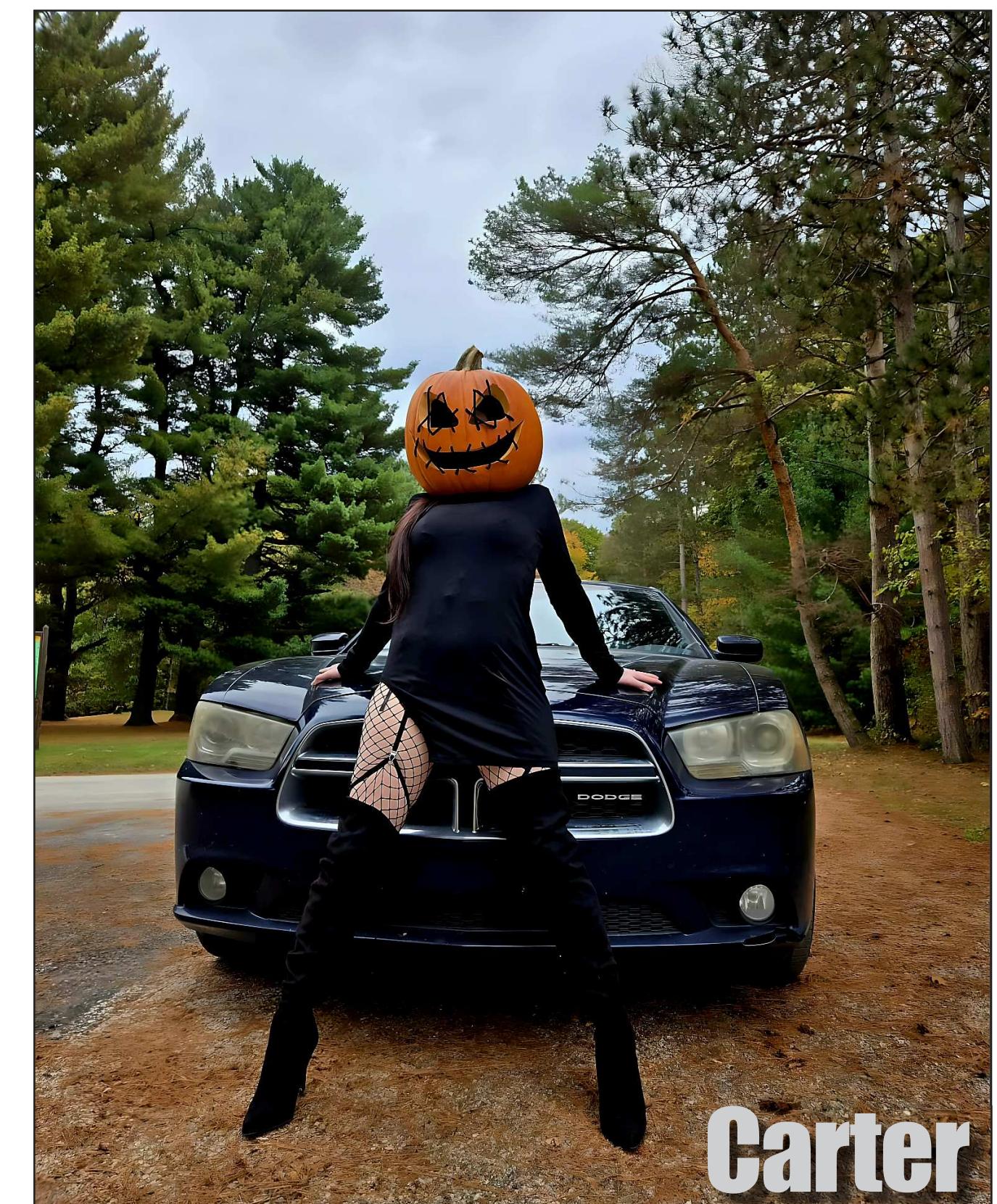


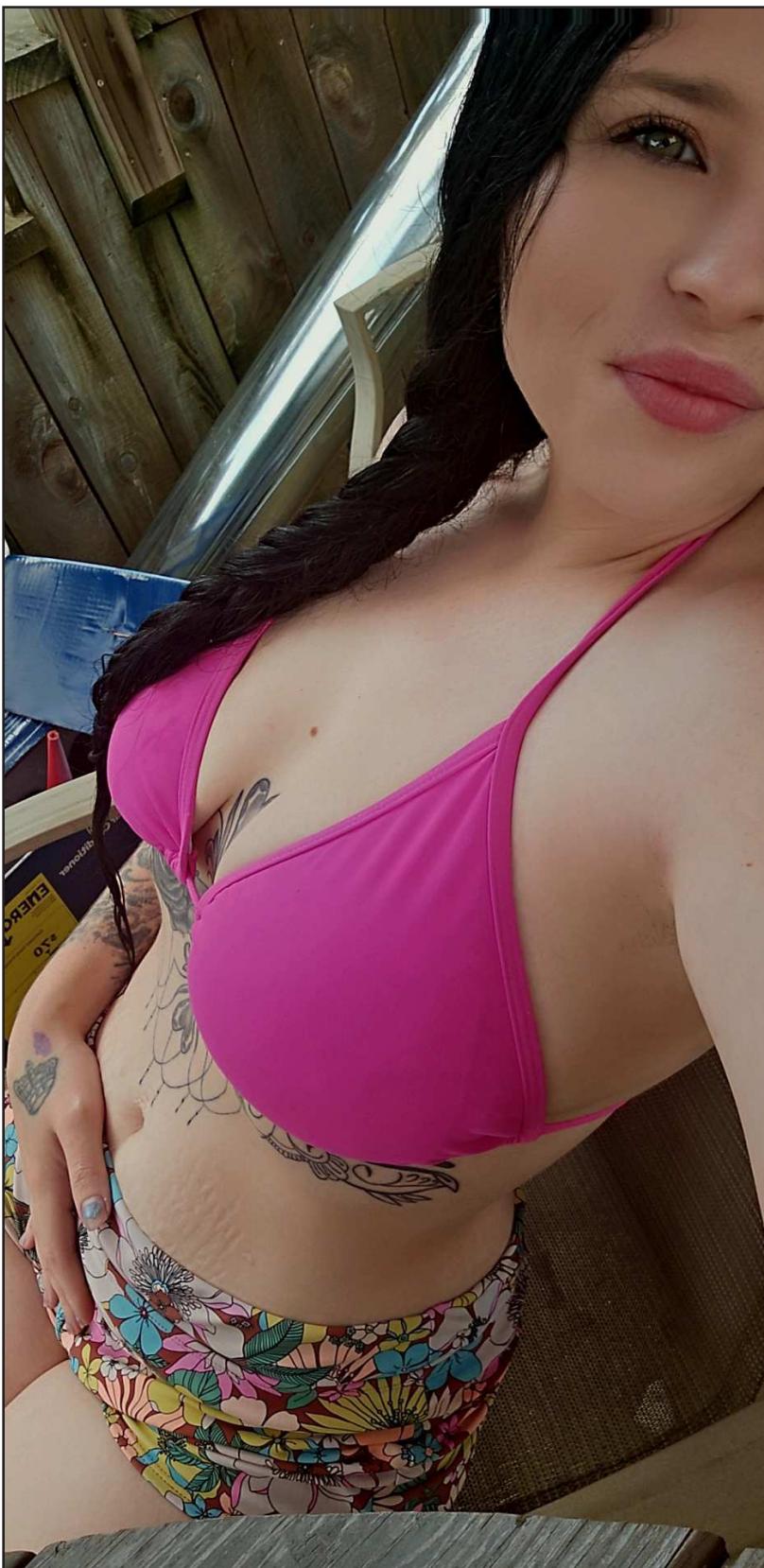
My Goals

- Reach 18–20% body fat at 145 lbs while maintaining my muscle mass
- Continue competitive bodybuilding with a long-term vision
- Become an established figure in the fitness and military communities
- Create programs and resources for veterans and single mothers
- Inspire others to stop waiting for the perfect moment and start from exactly where they are

Challenges I've Overcome**My journey is marked by adversity:**

- Military trauma
- Homelessness
 - Being a single mother with no family support
 - Eviction notices during prep
 - Broken or brittle teeth limiting my diet





- Overcame homelessness, trauma, and financial instability while still competing

- Rising as a military public figure through advocacy, storytelling, and authenticity

- Growing Instagram & TikTok communities dedicated to fitness, healing, and resilience

My Dreams

- To step on the Arnold Amateur stage in 2026

- To continue building my platform into one that changes lives—physically, emotionally, and spiritually

- To use my story as a tool for healing among women and veterans

- To expand my influence into public speaking, television, and advocacy programs



4NET MEDIA GROUP



Today, I've amassed a combined following on Instagram and TikTok, where people connect with my transparency, resilience, and transformation.

My audience follows me because I am real.

Because I don't hide the breakdowns behind the glow-up.

Because my story resonates with every veteran, every mother, and every person who has ever lost themselves and fought to rise again.

This following—and the impact behind it—is exactly why I'm stepping into military-verified celebrity status. Not because I chased fame, but because authenticity, advocacy, and transformation have created a voice people trust. Veterans, active-duty service members, fitness athletes, and women across the country look to me for guidance, motivation, and proof that healing is possible.

Achievements

- U.S. Army Veteran (Human Resources)
- Competitor at Summer Shredding 2025
- 3rd place Qualifier
- 5th place Championship
 - Author of an upcoming book on military trauma, survival, and empowerment
 - Featured guest on a veteran-focused radio show
 - Built 120+ lbs of lean mass, confirmed by DEXA





My Story

My journey didn't begin in a gym—it began in the darkest moments of my life. I survived military trauma, homelessness, financial collapse, and emotional battles that nearly broke me. From 2016 to 2023, I was homeless, rebuilding myself piece by piece while raising my daughter alone.

Fitness became my sanctuary. It was the one place where discipline translated directly into transformation. That discipline led me to step on stage in 2025, where I competed at the Summer

Shredding Championship in Texas—placing 3rd in my qualifier and 5th in the championship. Standing under those stage lights showed me that my purpose is bigger than my pain: I am here to represent veterans, survivors, and single mothers who refuse to give up.

My Growing Public Platform

I've built a strong, rapidly growing community by sharing the real, unfiltered journey of a woman fighting her way back to the top.



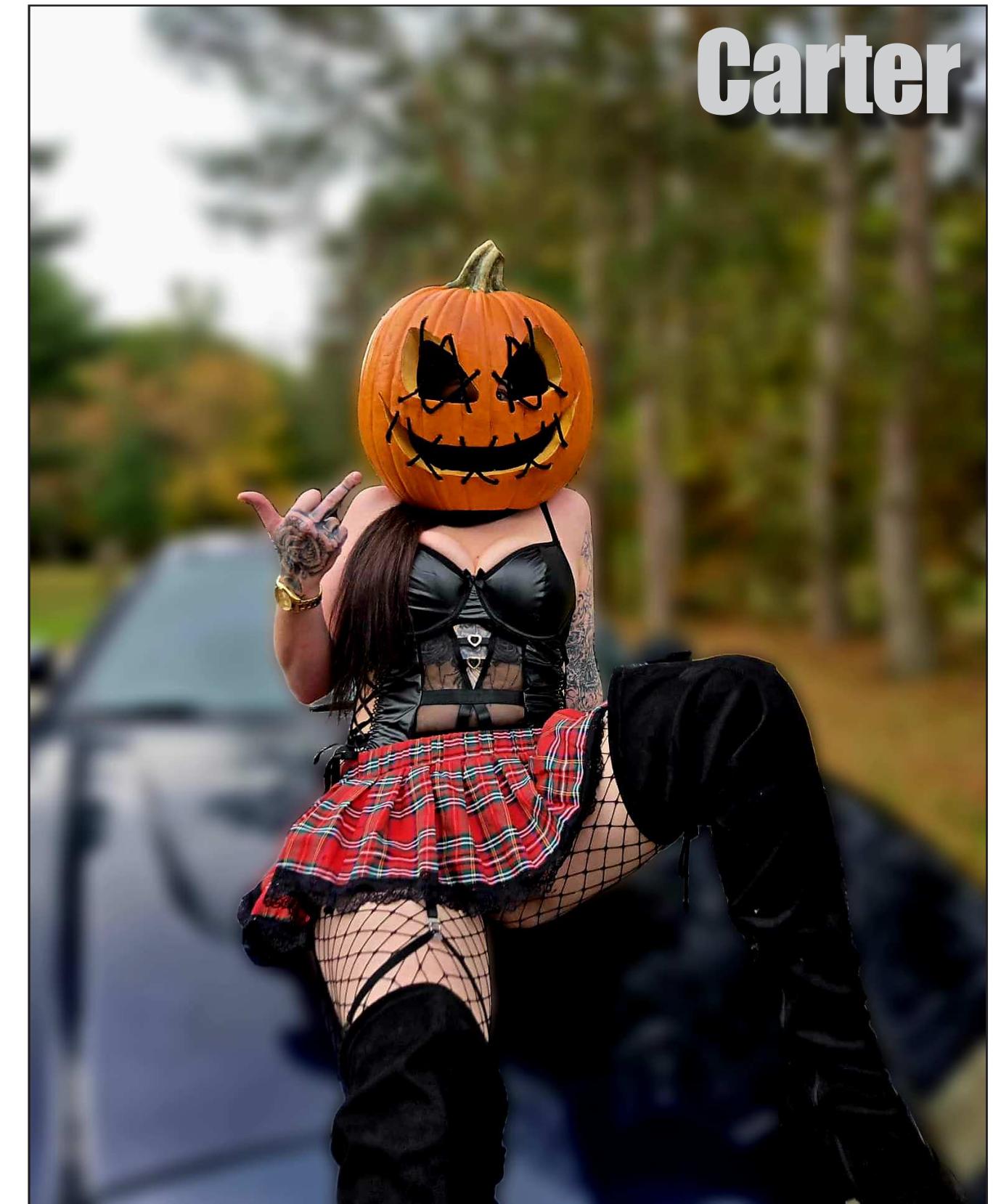


Vanessa Morbeck

Dreams, Goals, Achievements, Challenges, and Rising Into Military-Verified Celebrity Status — The Journey of Vanessa Morbeck

My name is Vanessa Marie Morbeck, and my fitness journey is not just about aesthetics—it is

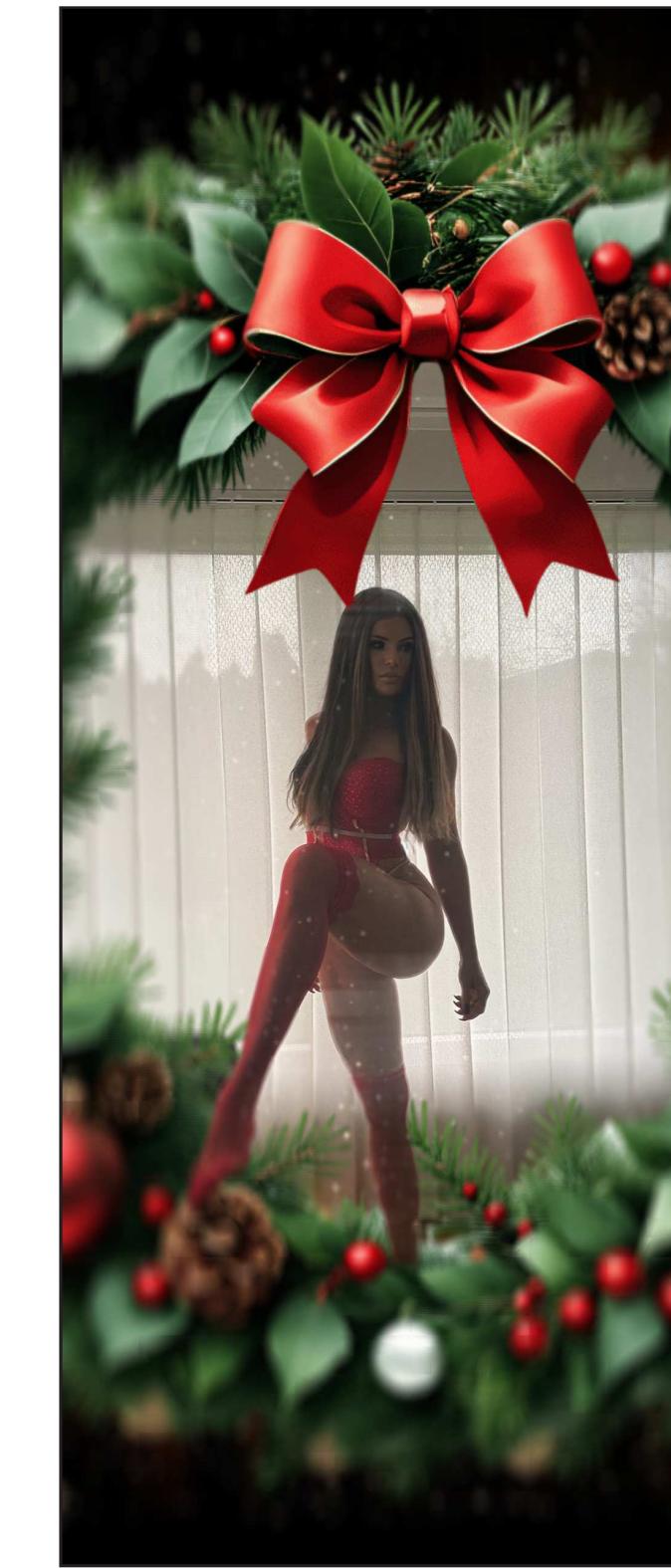
about survival, rebuilding, and transforming pain into a platform that inspires thousands. I am a U.S. Army Veteran, a single mother, an athlete, and a growing voice within the military and fitness communities.



Carter







Former pharmacy manager heading towards modeling



Photographers Credits :: Christoffer Borg





Stephanie Crawford







I love to be in front of the camera inspiring women

Photos Credits: Divalocity





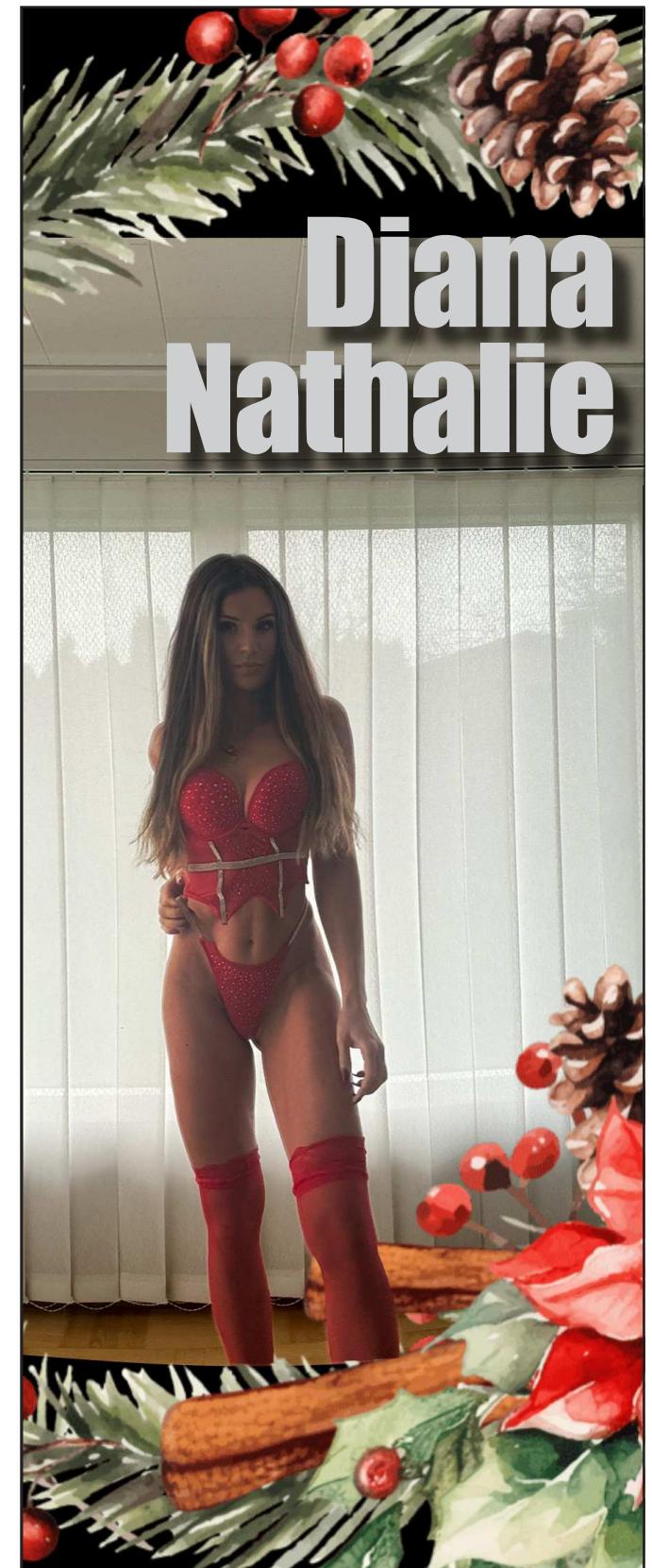
@stephaniecrawfordyawn

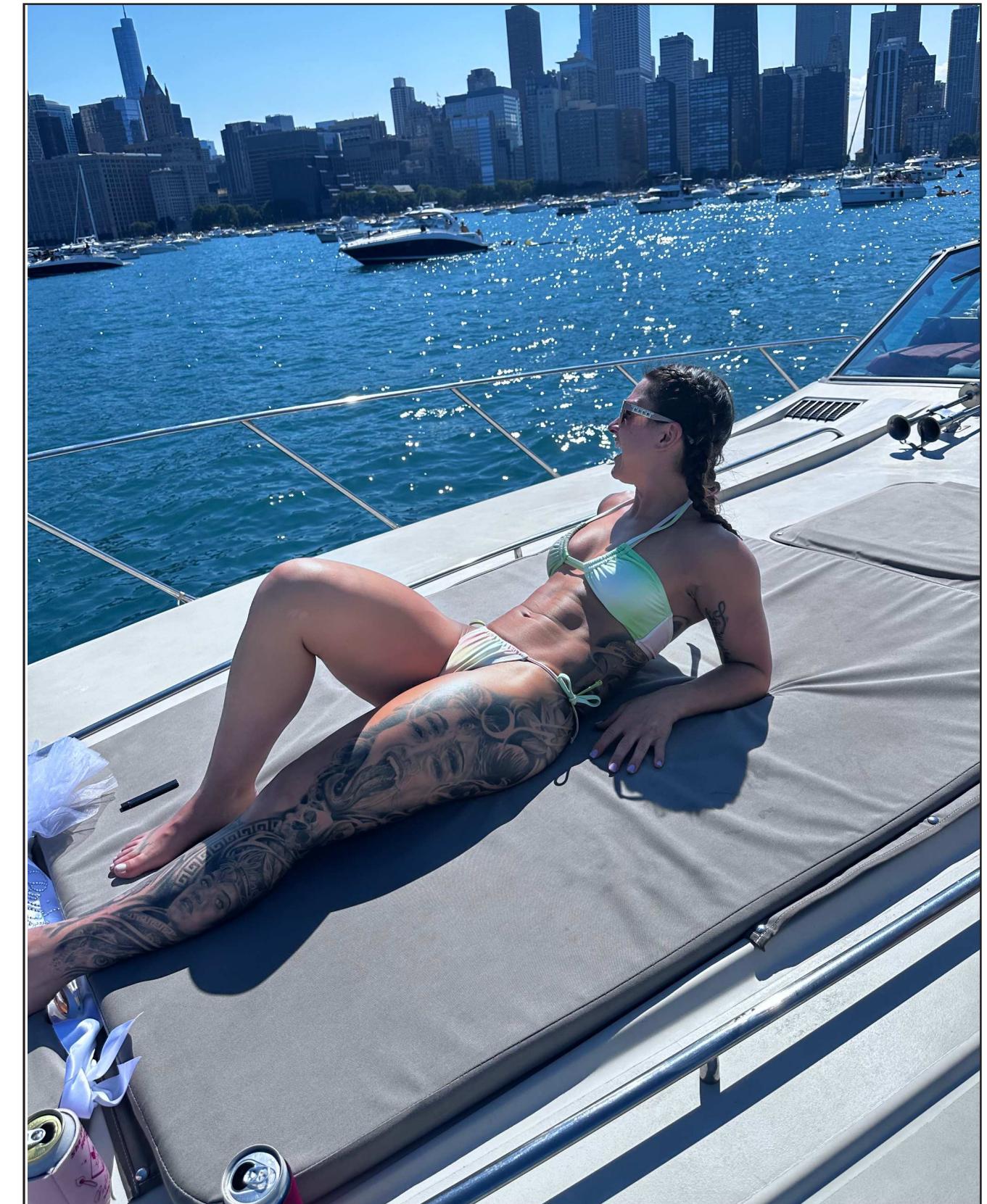




**Renata
Giansante**









Kim Ambrus, Originally from Bklyn NYC. Trinidadian and Dominican decent. I've been modeling since I was 14 yrs old. I have graced the runways of NYFW, Paris Fashion wk, CFW and many others. Modeling is My Passion.

Photographers Credits :: Jason Brown Israel (DOG PICS ONLY) Jamie Hansen has taken the rest of pics. Gregory Jones is the pic were I'm upside down on wrote bkgound



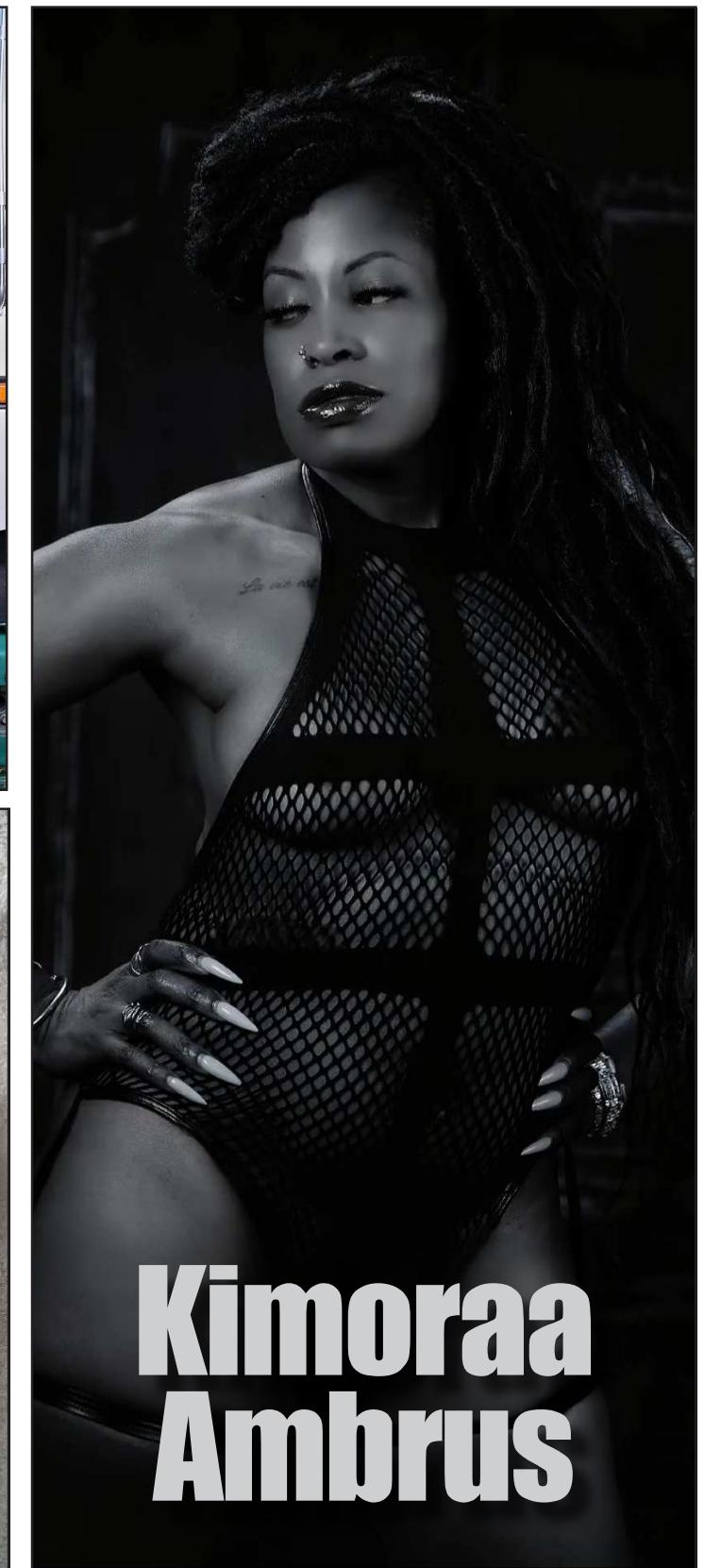




Growing up in South Philadelphia I lost my dad at the age of 13. It was right before my eighth grade graduation, and also right before the movie Rocky Balboa movie came out which he was in. That was one of the coolest experiences I ever got to witness and one of the last memories I got to make with him. He was always about living your life to the fullest and making memories. Money didn't matter to him you had the best time doing things that cost nothing and having memories that you could never forget. When I turned 18 I got my first tattoo for him, well then that turned into an addiction i never seen coming. I started bartending as soon as I was of age and had two jobs from then on, spending my money on tattoos and making memories I wouldn't forget. I also dropped out of college twice, got my cosmetology license, and now I am a proud member of Sheet Metal Union local 19. Then I met my artist Jackie Jennings and haven't looked back. Every tattoo just kept getting bigger and better. I started working out like an animal not only for my job and to prove I'm a lot stronger than I look for a girl my size, but also because I got this awesome art and I want to show it off every second I can. Growing up my mom always wanted me to model, but I was so short and really had no interest until I started seeing tattoo models. That made me want more tattoos, be in my best shape, and eventually have enough to enter into a magazine because who cares about your height when it's about the tattoos!









Kimoraa Ambrus

